

## Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health  
26 Terrace Street, Montpelier, VT 05602

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

FROM: John Pandiani and Cindy Chornyak

DATE: January 4, 2013

RE: Length of Service to CRT Clients at end of FY2012

This first Performance Indicator Project Report of 2013 provides information regarding the length of service of the 2,494 individuals who were enrolled in Community and Rehabilitation and Treatment (CRT) programs for adults with serious and persistent mental illness at the end of state fiscal year 2012.

*This week's report coincides with the on-line publication of the FY2012 Department of Mental Health (DMH) Statistical Report, which provides detailed information regarding DMH Designated Agency (DA) client demographic and clinical characteristics, and types and volume of services received during FY 2012. Copies of the full report are available on-line ([http://mentalhealth.vermont.gov/sites/dmh/files/data/annualstat/2012/DMH-2012\\_Statistical\\_Report.pdf](http://mentalhealth.vermont.gov/sites/dmh/files/data/annualstat/2012/DMH-2012_Statistical_Report.pdf)). Sections of the report that focus specifically on CRT clients and services are available on line ([http://mentalhealth.vermont.gov/sites/dmh/files/data/annualstat/2012/DMH-2012\\_Statistical\\_Report\\_CRT.pdf](http://mentalhealth.vermont.gov/sites/dmh/files/data/annualstat/2012/DMH-2012_Statistical_Report_CRT.pdf)).*

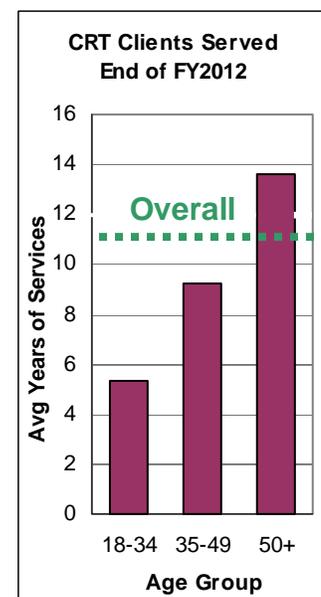
The lengths of service reported here were calculated by comparing the year, month, and day of each CRT client's most recent CRT admission to the year, month, and day of the last day of FY2012.

As you will see, the length of service of CRT clients enrolled at the end of FY2012 averaged 11 years since their most recent admission to that CRT program, with the number of years varying from lows of less than one year to a high of more than 46 years.

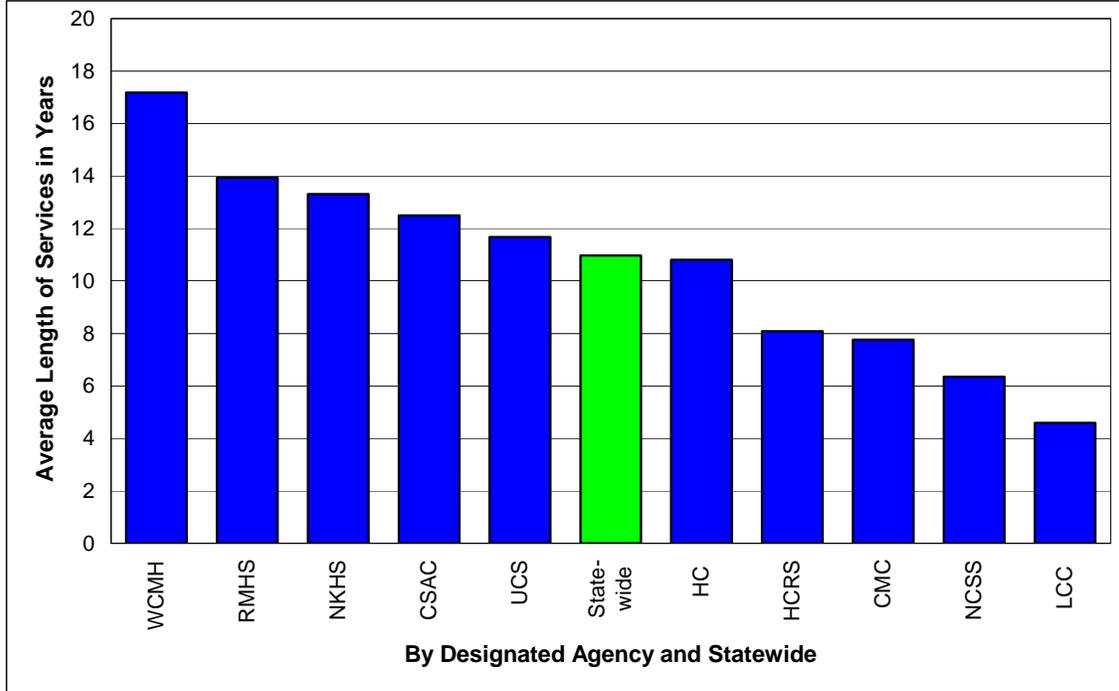
Average length of service varied substantially among age groups, with CRT clients less than 35 years of age averaging 5.3 years, CRT clients aged 35-49 averaging 9.3 years, and CRT clients aged 50 or older averaging 13.6 years.

There were also substantial differences among designated agencies in the average length of service of current CRT service recipients, with average lengths of service varying from highs of 17 years at Washington, 14 years at Rutland, 13 years at Northeast, and 12 years in Addison; to lows of 6 years at Northwest and 5 years at Lamoille.

We look forward to your questions, comments, and suggestions for further analyses. As always, we can be reached at [pip@state.vt.us](mailto:pip@state.vt.us) or 802-828-1703.



**Community Rehabilitation and Treatment Program Clients  
Length of Service in Years  
At The End of FY2012**



| <u>Clinic</u> | <u>Region</u> | <u>#</u> | <u>Years Since Admission</u> |                |                |
|---------------|---------------|----------|------------------------------|----------------|----------------|
|               |               |          | <u>Minimum</u>               | <u>Maximum</u> | <u>Average</u> |
| WCMH          | Washington    | 283      | 0.13                         | 39.9           | 17.2           |
| RMHS          | Rutland       | 232      | 0.10                         | 46.5           | 13.9           |
| NKHS          | Northeast     | 239      | 0.16                         | 43.0           | 13.3           |
| CSAC          | Addison       | 163      | 0.16                         | 39.5           | 12.5           |
| UCS           | Bennington    | 145      | 0.53                         | 32.5           | 11.7           |
|               | Statewide     | 2,494    | 0.03                         | 46.5           | 11.0           |
| HC            | Chittenden    | 591      | 0.03                         | 38.9           | 10.8           |
| HCRS          | Southeast     | 365      | 0.03                         | 32.5           | 8.1            |
| CMC           | Orange        | 152      | 0.33                         | 31.7           | 7.8            |
| NCSS          | Northwest     | 203      | 0.23                         | 35.5           | 6.4            |
| LCC           | Lamoille      | 121      | 0.05                         | 28.5           | 4.6            |

Analysis is based on Monthly Service Report (MSR) data submitted to DMH by designated community agencies for FY 2012 served by the Community Rehabilitation Treatment (CRT) Program. Information on clients' length of stay is based on admission dates reported by community provider agencies. These dates represent the most recent admission for the clients, not the date of their first admission. For this reason, these figures may substantially understate the total length of time clients had been in treatment. Community provider agencies vary in their standard operating procedures with regard to discharging and readmitting clients. Some agencies routinely discharge clients after specified periods of inactivity. Other programs rarely discharge long-term clients with severe and persistent disorders.