

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
103 South Main Street, Waterbury, Vermont 05671

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Barbara Carroll

DATE: February 12, 2010

RE: Medicaid Coverage in Adult Mental Health Outpatient Programs

This week's report is the second in a series that examines historical and program level variation in the number and proportion of Vermont community mental health services recipients who are covered by Medicaid.¹ This report focuses on Adult Mental Health Outpatient Programs (AOP) that serve individuals 18 years of age and older who do not have prolonged serious disabilities but who are experiencing emotional behavioral or adjustment problems severe enough to warrant professional attention. Information regarding service recipients with Medicaid coverage is provided for each of ten designated agencies for fiscal years 1989, 1999, and 2009.

This report is based on analysis of Monthly Service Report data submitted to the Department of Mental Health by the designated agencies. All individuals reported by AOP programs are included in this analysis. AOP clients who have Medicaid coverage may have other insurance coverage as well.

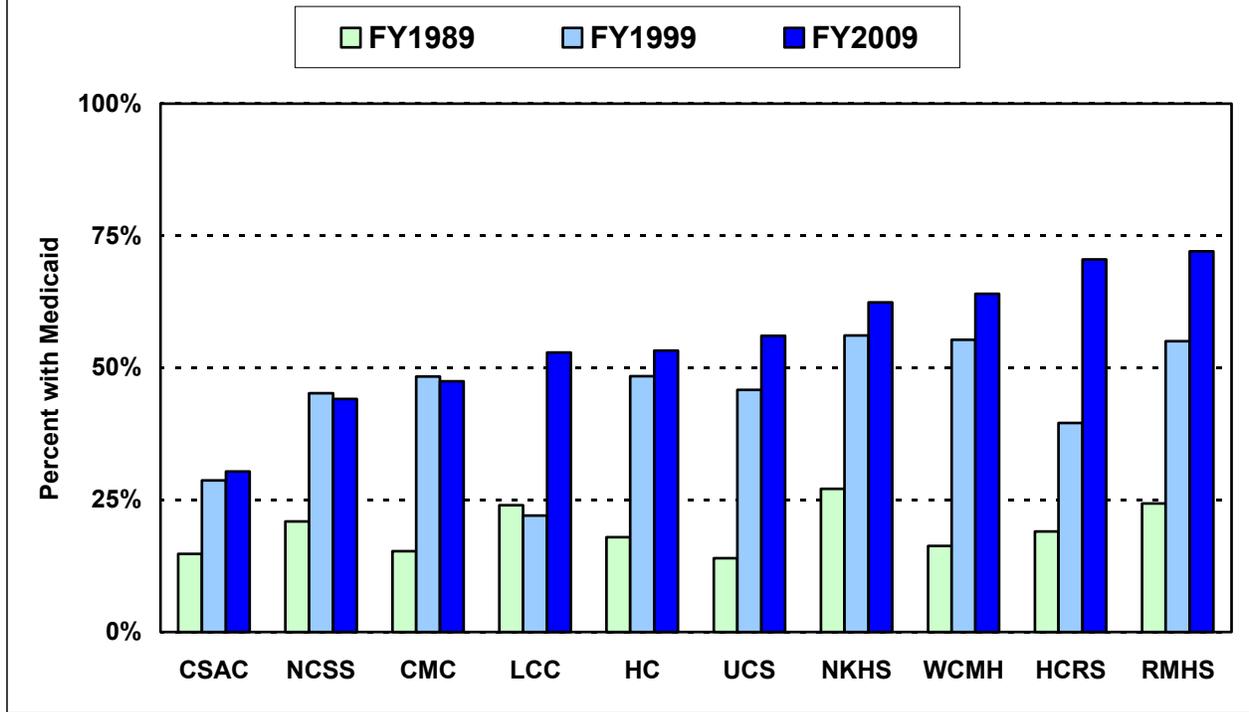
As you will see, there are substantial differences among AOP programs in the proportion of service recipients covered by Medicaid in FY2009. Statewide, 55% of service recipients were covered by Medicaid. Medicaid coverage at the designated agencies, however, varied from more than 70% at Health Care and Rehabilitation Services of Southeastern Vermont (HCRS) and Rutland Mental Health Services (RMHS), to less than 50% at the Counseling Service of Addison County (CSAC), Northwestern Counseling and Support Services (NCSS), and the Clara Martin Center (CMC).

There were also substantial changes over time in the proportion of AOP service recipients covered by Medicaid. Statewide, the proportion with Medicaid coverage increased from 19% in FY1989 to 46% in FY1999, and to 55% in FY2009. This represents an overall percentage increase of 184%. Among the agencies, the increase in Medicaid coverage was greatest at HCRS, United Counseling Services (UCS), and Washington County Mental Health (WCMH), where the proportion with Medicaid coverage increased by more than 270% between 1989 and 2009. The increase in Medicaid coverage between 1989 and 2009 was least (106%) at CSAC.

We look forward to your questions, comments, and requests for further analysis. As always, we can be reached at pip@vdh.state.vt.us or 802-241-4049.

¹ For report on Medicaid Coverage in Children's Mental Health Programs, see http://mentalhealth.vermont.gov/sites/dmh/files/pip/DMH-PIP_Jan_1_2010.pdf

Medicaid Coverage in Adult MH Outpatient Programs



<u>Agency</u>	<u>FY1989</u>		<u>FY1999</u>		<u>FY2009</u>	
	Total Number	% with Medicaid	Total Number	% with Medicaid	Total Number	% with Medicaid
CSAC	541	15%	739	29%	460	30%
NCSS	689	21%	679	45%	1,104	44%
CMC	510	15%	273	48%	556	47%
LCC	225	24%	281	22%	242	53%
HC	457	18%	1,047	48%	522	53%
UCS	479	14%	681	46%	840	56%
NKHS	689	27%	752	56%	1,000	62%
WCMH	710	16%	808	55%	801	64%
HCRS	1,267	19%	1,134	40%	662	71%
RMHS	657	24%	923	55%	261	72%
Statewide	6,224	19%	7,317	46%	6,448	55%

Based on analysis of Monthly Service Report (MSR) data submitted to the Vermont Department of Mental Health (DMH) by the designated agencies for FY1989, FY1999 and FY2009. All individuals reported by AOP programs are included in this analysis. AOP clients who have Medicaid coverage may have other insurance coverage as well.

Analysis conducted by the Vermont Mental Health Performance Indicator Project.