

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, VT 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Cindy Chornyak

DATE: February 8, 2013

RE: Substance Use Diagnoses Reported by Designated Agencies
During FY2012

This week's brief report provides information regarding the numbers of individuals served by Vermont Department of Mental Health (DMH) Designated Agency (DA) Children's Services (Child), Adult Outpatient (AOP), Community Rehabilitation and Treatment (CRT), and Substance Abuse (SA) programs who were reported as using each of 5 substances during FY2012. This analysis was conducted in relation to a request for information from Ena Backus, Policy Analyst at the Green Mountain Care Board.

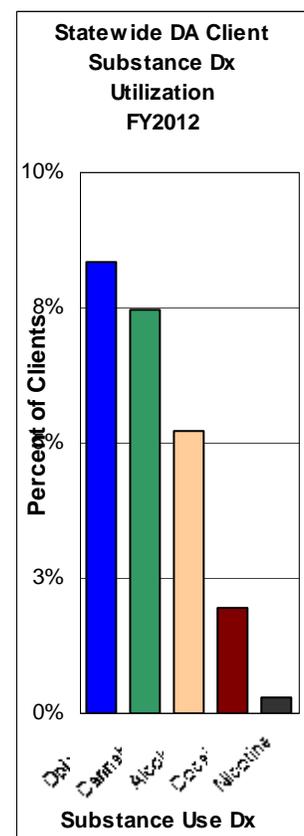
The findings reported here, which focus on five broad substance abuse diagnostic categories (Alcohol, Cannabis, Cocaine, Opioids, and Nicotine) based on analysis of diagnostic data reported to DMH by its DAs as part of the state's routine monthly Service Report (MSR) reporting system.

As you will see, a total of 24,019 individuals were served by the programs under examination during FY2012. Of these, 5,594 (23%) were identified with at least one of the substances under examination, 2,006 (8%) were identified as Opiate users, 1,797 (7%) were identified as Cannabis users, 1,254 (5%) were identified as Alcohol users, 466 (2%) were identified as Cocaine users, and 71 (0.3%) were identified as Nicotine users.

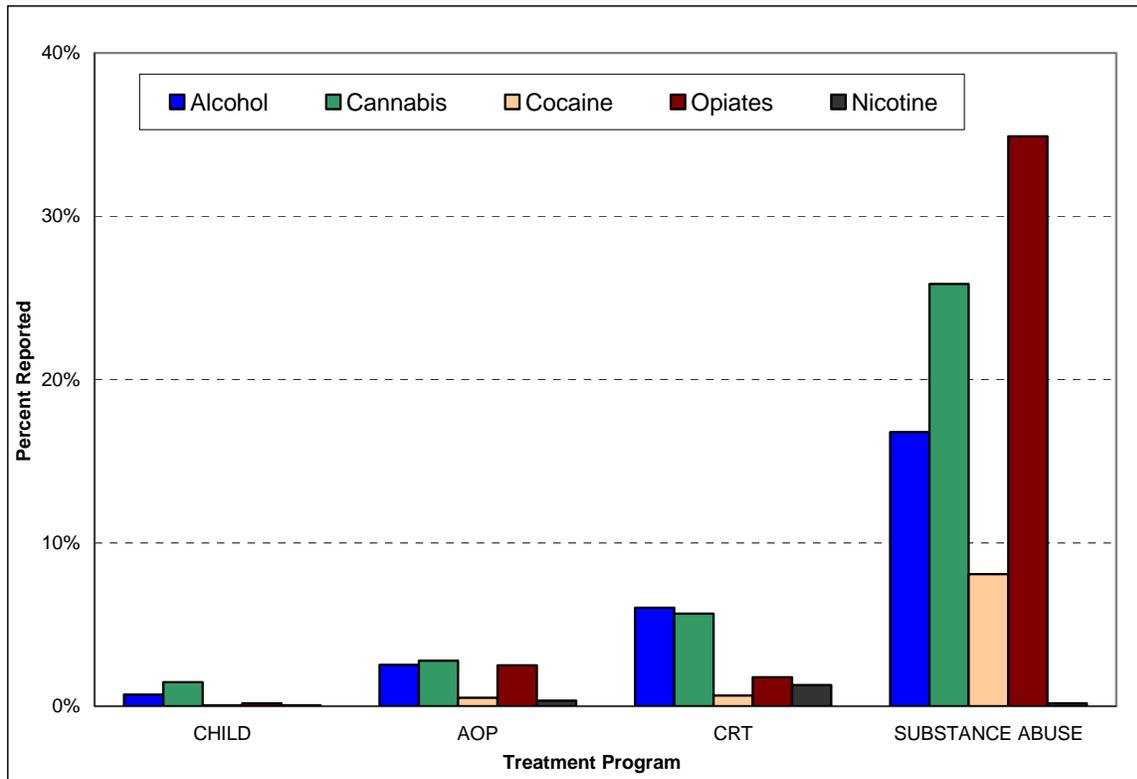
There were substantial differences among programs in the numbers of people identified with substance use. Children's services reported the smallest number of substance users (3%), followed by AOP (9%), CRT (15%) and Substance Abuse programs (86%).

There was also substantial variation in the substances reported by different programs. Within SA programs, Opiates were the most commonly reported (35% of all SA service recipients) followed by Cannabis (26%), Alcohol (17%), Cocaine (8%) and Nicotine (less than 1%), Within CRT programs, Alcohol and Cannabis were each reported for 6%, Opiates were reported for 2% and Cocaine and Nicotine were reported for 1% each. Within AOP Alcohol, Cannabis, and Opiates were reported for 3% each; and Cocaine and Nicotine each reported for 1% or less of all clients served during FY2012. Finally, within Children's services programs, all five substances were reported for one percent or less of service recipients (Please note that children's services recipients include both children and related adults).

We look forward to your questions, comments, and suggestions for further analyses. As always, we can be reached at pip@state.vt.us or 802-828-1703.



Clients with Substance Abuse Diagnoses by Designated Agencies by Program and Substance FY2012



DIAGNOSIS	Combined		Children's		AOP		CRT		Substance Abuse	
	#	% all Clients	#	% all Clients	#	% all Clients	#	% all Clients	#	% all Clients
Alcohol	1,254	5.2%	70	0.7%	161	2.5%	167	6.0%	856	16.8%
Cannabis	1,797	7.5%	144	1.5%	177	2.8%	157	5.7%	1,319	25.9%
Cocaine	466	1.9%	3	0.0%	33	0.5%	18	0.7%	412	8.1%
Opiates	2,006	8.4%	18	0.2%	159	2.5%	49	1.8%	1,780	34.9%
Nicotine	71	0.3%	5	0.1%	21	0.3%	36	1.3%	9	0.2%
Total w/ SA Dx	5,594	23.3%	240	2.5%	551	8.7%	427	15.4%	4,376	85.8%
All Clients	24,019		9,783		6,366		2,769		5,101	

Findings based on analysis of the Monthly Service Reports (MSR) submitted by designated community agencies to the Vermont Department of Mental Health for clients during FY 2012. Diagnosis codes used include 303.9 (alcohol dependence), 304.0 (opioid dependence), 304.2 (cocaine dependence), 304.3 (cannabis dependence), 305.0 (alcohol abuse), 305.1 (nicotine dependence), 305.2 (cannabis abuse), 305.5 (opioid abuse), and 305.6 (cocaine abuse).