

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
103 South Main Street, Waterbury, Vermont 05671

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Sheila Leno

DATE: December 31, 2010

RE: Children's Services Programs: Types of Service 1985-2010

This week's brief report is the second in a series that marks the 25th anniversary of the publication of the first Department of Mental Health Annual Statistical report by examining changes in the system of community care during fiscal 1985-2010. This report focuses on changes in the types of service provided by Children's Mental Health programs during the study period. Specifically, this report provides information regarding changes in the proportion of service recipients who received each of three major types of service (individual and group therapy, case management, and medication monitoring) at five year intervals. As such, this report may be considered to provide information on changes in practice patterns during the study period.

Data reported here are based on analysis of standard client and service data submitted to the Vermont Department of Mental Health for each year during the study period.

As you will see, the proportion of all children and adolescents served by Children's Services programs who received individual or group therapy services decreased substantially during the study period from 69% in 1985 and 79% in 1990 to 38% in 2005 and 40% in 2010.

During this same period, the proportion of all children and adolescents served by Children's Services programs who received case management services increased from 21% 1985 and 27% in 1990 to 62% in 2005 and 63% in 2010.

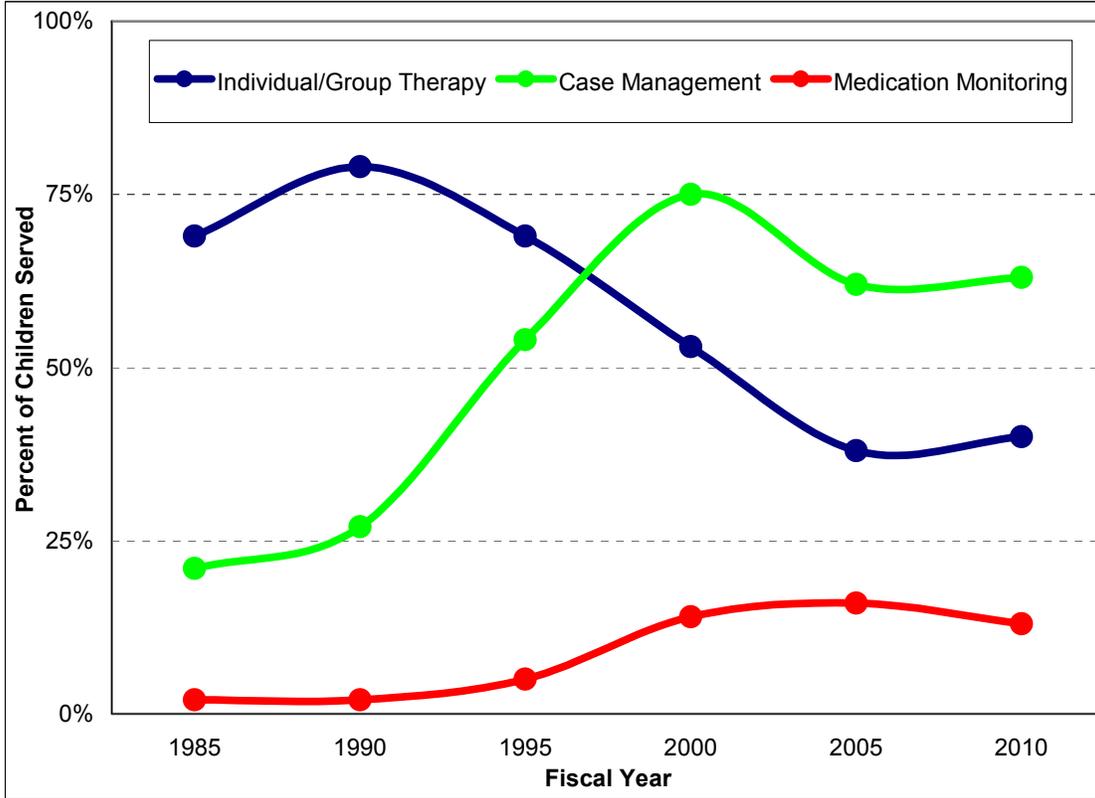
Medication monitoring, the type of service provided to the smallest proportion of children and adolescent throughout the study period, increased substantially from 2% in 1985 and 1990 to 16% in 2005, and 13% in 2010.

We look forward to your questions, comments, interpretation of these findings, and requests for further analyses. As always, we can be reached at pip@ahs.state.vt.us or 802-241-4049.

Children's Services Programs

Types of Service

FY1985 - FY2010



Type of Service	Percent of Children Served					
	Fiscal Year					
	1985	1990	1995	2000	2005	2010
Individual/Group Therapy	69%	79%	69%	53%	38%	40%
Case Management	21%	27%	54%	75%	62%	63%
Medication Monitoring	2%	2%	5%	14%	16%	13%

Based on analysis of Monthly Service Report (MSR) data submitted to the Vermont Department of Mental Health by the designated agencies during FY1985 - FY2010. Includes all services provided by Children's Services programs.

Analysis conducted by the Vermont Mental Health Performance Indicator Project