

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Health, Division of Mental Health
108 Cherry Street, Burlington, Vermont 05401

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Joan Mongeon

DATE: December 23, 2005

RE: Age of CMHC Clients by Program FY1989 – FY2004

The attached table and graphs provide an overview of the age distribution of individuals served by CMHC programs at five-year intervals during FY1989 through FY2004. This analysis was originally requested by Alice Maynard of the DMH Child, Adolescent, and Family Unit at the request of the Act 264 Advisory Board.

The findings reported here are based on analysis of monthly and quarterly service reports provided to DMH by designated community agencies. Because designated agencies did not provide complete substance abuse caseload data prior to 1991, substance abuse caseload data for 1989 is excluded from this report.

As you will see, the total caseload more than doubled during this time period, with the greatest growth among children (ages 0 - 12) and adolescents (ages 13 -19) where the caseload more than tripled. Among adolescents, the rate of growth was greatest in substance abuse programs where the number of adolescents served increased by more than four times during the study period. Among young adults (ages 20 - 34) the caseload decreased in Adult Outpatient Programs (AOP) and Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness. The Substance Abuse caseload for young adults, however, increased by almost 25% during the study period.

The caseload of individuals in the 35 - 49 age group increased in AOP (+24%), CRT (+47%), and Substance Abuse programs (+62%) during the study period. The caseload of individuals in the 50 - 64 age group increased in CRT programs by 64% and nearly doubled in AOP and Substance Abuse programs during the study period. The caseload of individuals in the 65+ age group more than doubled in AOP programs but decreased in CRT (-14%) and remained about the same in Substance Abuse programs.

We look forward to your questions, comment, and request for further analysis to pip@vdh.state.vt.us or 802.863.7249.

**Age of CMHC Clients By Program
FY 1989 - FY 2004**

<u>Program</u>		<u>Age Group</u>					
<u>Fiscal Year</u>	<u>Total</u>	<u>0-12</u>	<u>13-19</u>	<u>20-34</u>	<u>35-49</u>	<u>50-64</u>	<u>65-100</u>
<u>Children's Services</u>							
2004	10,021	5,080	4,757	158	19	5	2
1999	7,391	3,264	3,930	129	53	11	4
1994	5,289	2,447	2,435	239	149	15	4
1989	3,749	1,523	1,661	261	274	24	6
<u>Adult MH Outpatient</u>							
2004	7,114	45	289	2,259	2,378	1,205	938
1999	7,311	12	361	2,711	2,628	900	699
1994	7,489	12	399	3,385	2,542	704	447
1989	6,099	19	287	2,824	1,918	614	437
<u>Community Rehabilitation</u>							
2004	3,204	2	36	633	1,286	922	325
1999	3,071	2	35	646	1,289	776	323
1994	3,082	1	32	804	1,184	684	377
1989	2,646	2	38	793	875	561	377
<u>Substance Abuse</u>							
2004	5,099	5	1,094	2,032	1,537	391	40
1999	4,515	6	869	1,790	1,527	283	40
1994	3,096	21	243	1,646	949	194	43
1989							
<u>Total</u>							
2004	25,438	5,132	6,176	5,082	5,220	2,523	1,305
1999	22,288	3,284	5,195	5,276	5,497	1,970	1,066
1994	18,956	2,481	3,109	6,074	4,824	1,597	871
1989	12,494	1,544	1,986	3,878	3,067	1,199	820

Analysis is based on Quarterly Service Reports (QSR) and Monthly Service Reports (MSR) provided to DMH by community service providers, and is based on primary program assignments of clients aged 0-100.

Age of CMHC Clients By Program FY 1989 - FY 2004

