

Vermont Mental Health Performance Indicator Project
Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, VT 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: Emma Harrigan and Sheila Leno

DATE: August 23, 2013

RE: FY2012 Behavioral Interventionist Programs

This week's brief report provides information regarding the numbers of individuals served by Department of Mental Health Designated Agency Child, Youth and Family Mental Health Behavioral Interventionist (BI) programs for children and youth with serious emotional disturbance (SED). This report is a small summary of a report produced by Laurel Omland, Children's Mental Health Operations Chief at the Department of Mental Health.

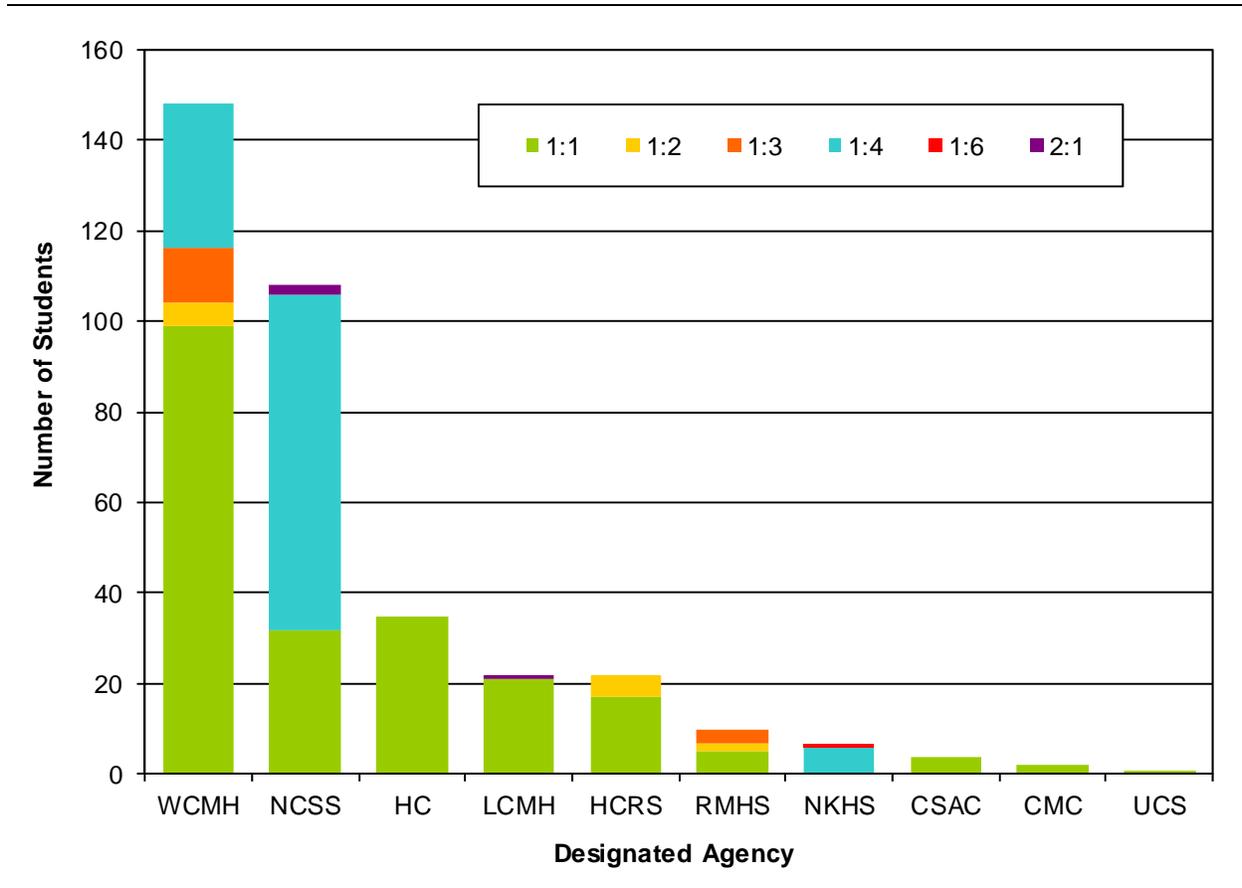
This report is based on analysis of BI program rosters and Monthly Service Report (MSR) data submitted to the Department of Mental Health by its Designated Agencies during the study period.

In FY2012, 359 youth were served through BI Programs. Washington (WCMH) and Northwest (NCSS) served the largest percentage of youth (41% and 30%, respectively). A majority of youth (60%) receive one-to-one staff-to-student level interventions followed by one-to-four staff-to-student level of interventions (31%). A majority (76%) of BI youth are male. Males comprise 91% of youth served between the ages of 4 and 7, and gradually decrease to 65% of youth served age 16 and older. With the assistance of Laurel Omland, axis I DSM IV-TR diagnoses of youth served by BI programs were grouped into major diagnostic categories. As you can see, the most common primary diagnosis of BI students was ADHD (28%), followed by anxiety disorders (20%), adjustment disorders(16%), and disruptive disorders(15%).

Most youth (68%) continue in the BI program at the end of the fiscal year. For those that do not continue in the BI program, 50% of these youth transition to less intensive services, such as regular/alternative classroom settings or graduation from school, 20% transition to more intensive services (such as alternative schools, residential placements) or drop out of school, and 30% transition to outcomes that are neither positive or negative.

We look forward to your questions and comments about these findings, and your suggestions for further examinations of the data. As always, we can be reached at pip@state.vt.us.

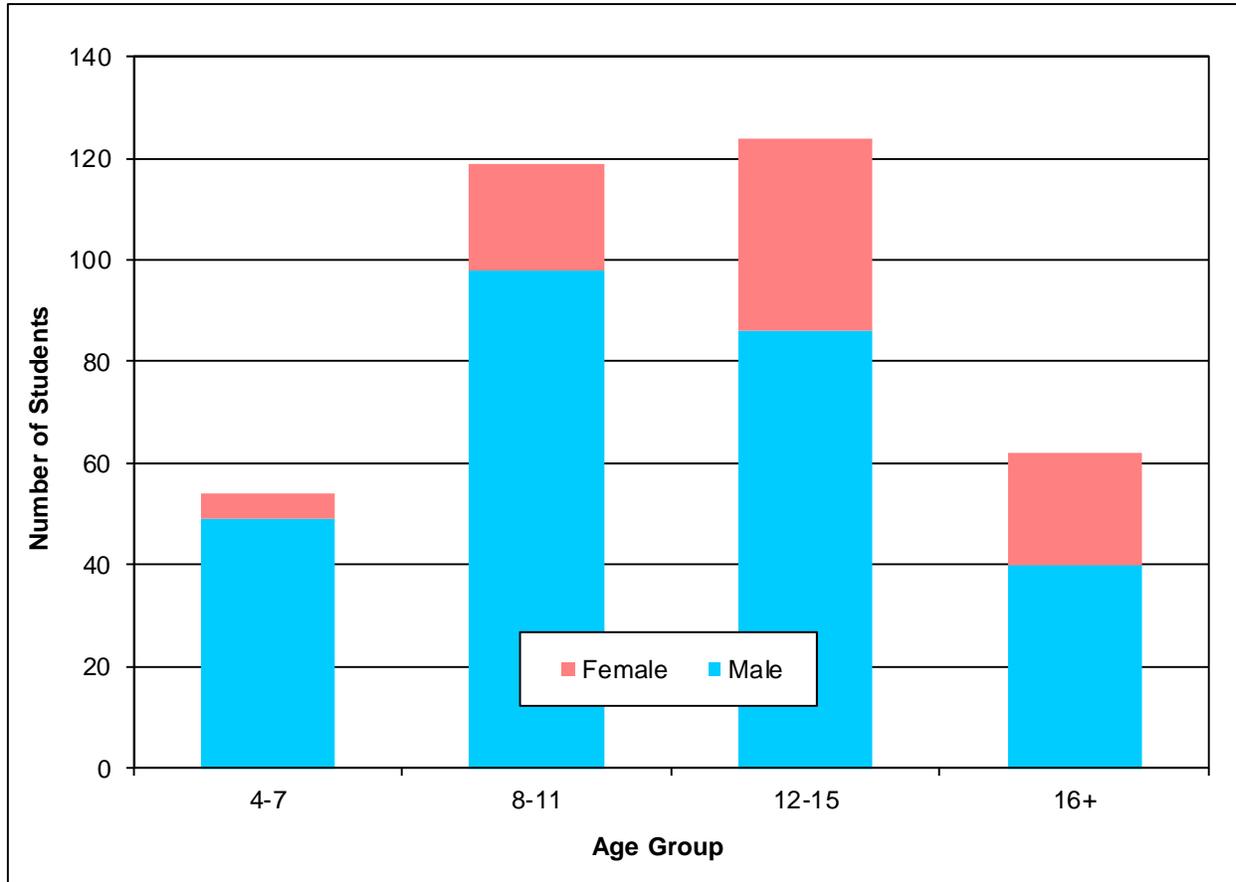
Success Beyond Six Behavioral Intervention Programs Level of Intervention by Designated Agency FY 2012



BI Level of Intervention (Staff:Student)	Designated Agency										Total
	WCMH	NCSS	HC	LCMH	HCRS	RMHS	NKHS	CSAC	CMC	UCS	
1:1	99	32	35	21	17	5	0	4	2	1	216
1:2	5	0	0	0	5	2	0	0	0	0	12
1:3	12	0	0	0	0	3	0	0	0	0	15
1:4	32	74	0	0	0	0	6	0	0	0	112
1:6	0	0	0	0	0	0	1	0	0	0	1
2:1	0	2	0	1	0	0	0	0	0	0	3
Total	148	108	35	22	22	10	7	4	2	1	359

Analysis based on data submitted to the Children's Unit of the Vermont Department of Mental Health for Behavioral Intervention programs funded by the Success Beyond Six Grant during FY2012.

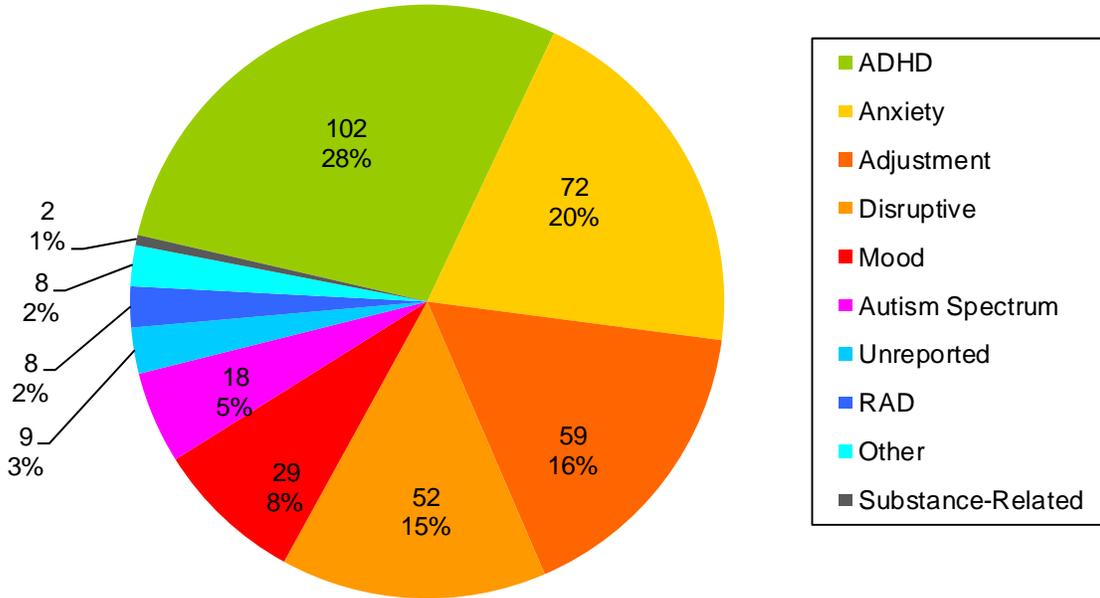
Success Beyond Six Behavioral Intervention Programs Age and Gender of Students FY 2012



Age Group	Gender				Total
	Male		Female		
	#	%	#	%	
4-7	49	91%	5	9%	54
8-11	98	82%	21	18%	119
12-15	86	69%	38	31%	124
16+	40	65%	22	35%	62
Total	273	76%	86	24%	359

Analysis based on data submitted to the Children's Unit of the Vermont Department of Mental Health for Behavioral Intervention programs funded by the Success Beyond Six Grant during FY2012.

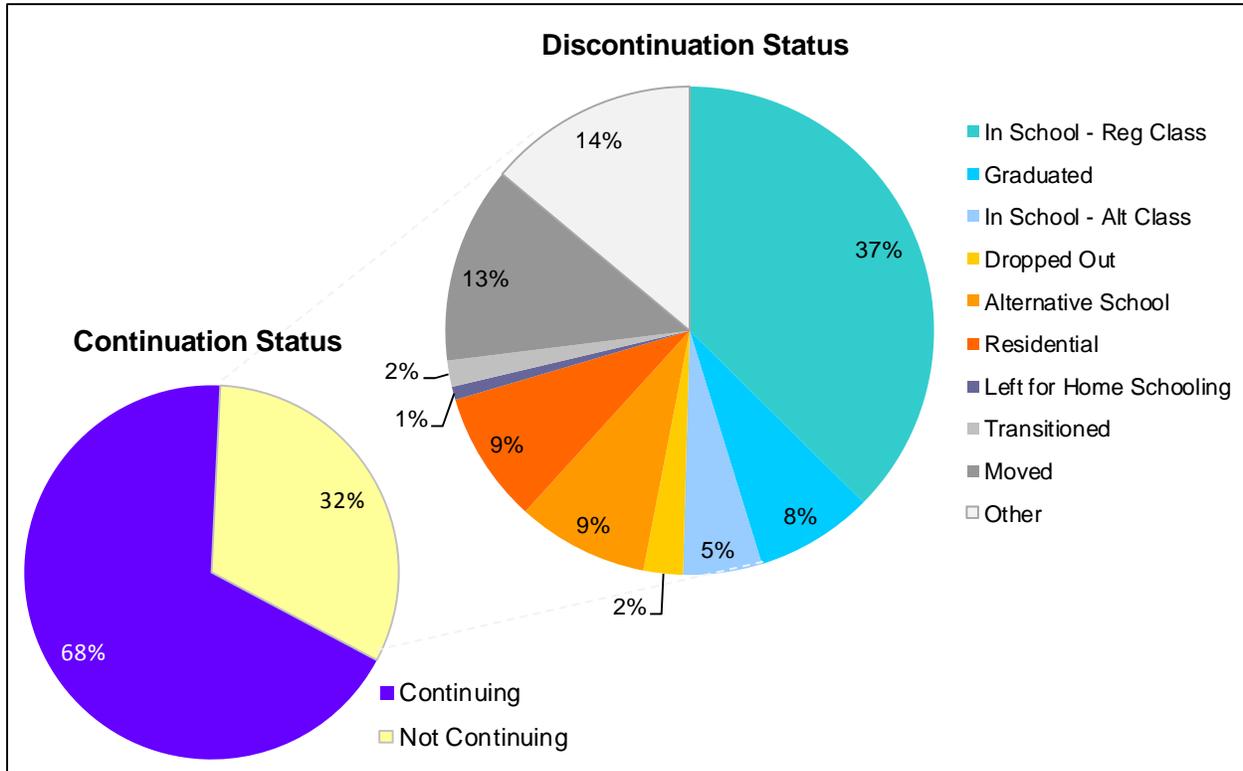
Success Beyond Six Behavioral Intervention Programs Classification of Diagnosis FY 2012



Axis I Primary Diagnosis		Broader Classification of Disorder Axis I Primary Diagnosis	
Diagnosis	#	Classification	#
ADHD	102	ADHD	102
PTSD	53		
Anxiety	7	Anxiety	72
GAD	7		
Separation Anxiety	3		
OCD	1		
Social Phobia	1		
Adjustment Disorder	59	Adjustment	59
ODD	35		
Disruptive Behavior	16	Disruptive	52
Intermittent Explosive	1		
Depression	15		
Mood Disorder	13	Mood	29
Bipolar Disorder	1		
PDD	18	Autism Spectrum Disorder	18
Unreported	9	Unreported	9
RAD	8	RAD	8
V-Code	4		
Tourette's	2	Other	8
Disorder of Childhood NOS	1		
Schizophrenia	1		
Substance Dependence	1	Substance-Related	2
Alcohol Dependence	1		

Analysis based on data submitted to the Children's Unit of the Vermont Department of Mental Health for Behavioral Intervention programs funded by the Success Beyond Six Grant and diagnosis reported in the Monthly Service Report (MSR) for FY2012.

Success Beyond Six Behavioral Intervention Programs Status at End of Fiscal Year FY 2012



BI Program Students		
Continuation Status	#	%
Continuing	244	68%
Not Continuing	115	32%
Total	359	

Improvement	#	Discontinued
In School - Reg Class	43	37%
Graduated	9	8%
In School - Alt Class	6	5%
Not Improvement		
Dropped Out	3	3%
Alternative School	10	9%
Residential	10	9%
Unknown		
Left for Home Schooling	1	1%
Transitioned	2	2%
Moved	15	13%
Other	16	14%
Total	115	

Analysis based on data submitted to the Children's Unit of the Vermont Department of Mental Health for Behavioral Intervention programs funded by the Success Beyond Six Grant during FY2012.