

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Health, Department of Mental Health
108 Cherry Street, Burlington, Vermont 05402

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Walter Ochs

DATE: August 29, 2008

RE: Elder Care Programs FY2008

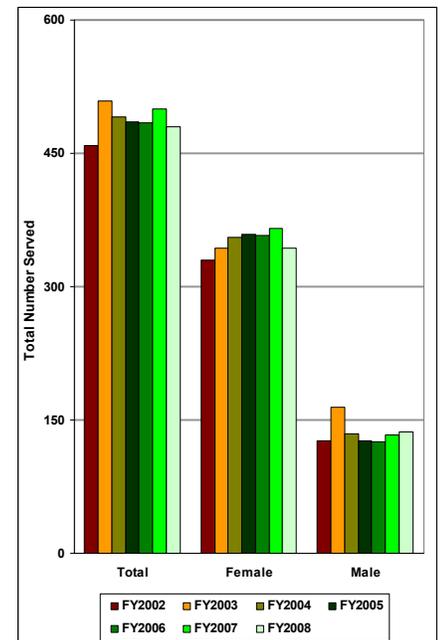
The attached tables and graphs provide an overview of Vermont's Community Mental Health Elder Care Programs for FY2008. The analysis is based on data from the Monthly Service Reports (MSR) submitted to the Department of Mental Health by designated agencies, and includes adults age 60 years and older served by Elder Care Programs. Reports for FY2006 and FY2007 can be found on the web at: <http://healthvermont.gov/mh/docs/pips/2005/pip101405.pdf> and <http://healthvermont.gov/mh/docs/pips/2007/documents/Pip101907.pdf>.

Since 2002, the number of people served by Elder Care Programs has been relatively consistent, ranging from a low of 459 in FY2002 to a high of 509 in FY2003. In FY2008 a total of 480 Elder Care clients were served. Many more women than men were served in every year with women accounting for two thirds to three quarters of the total Elder Care population.

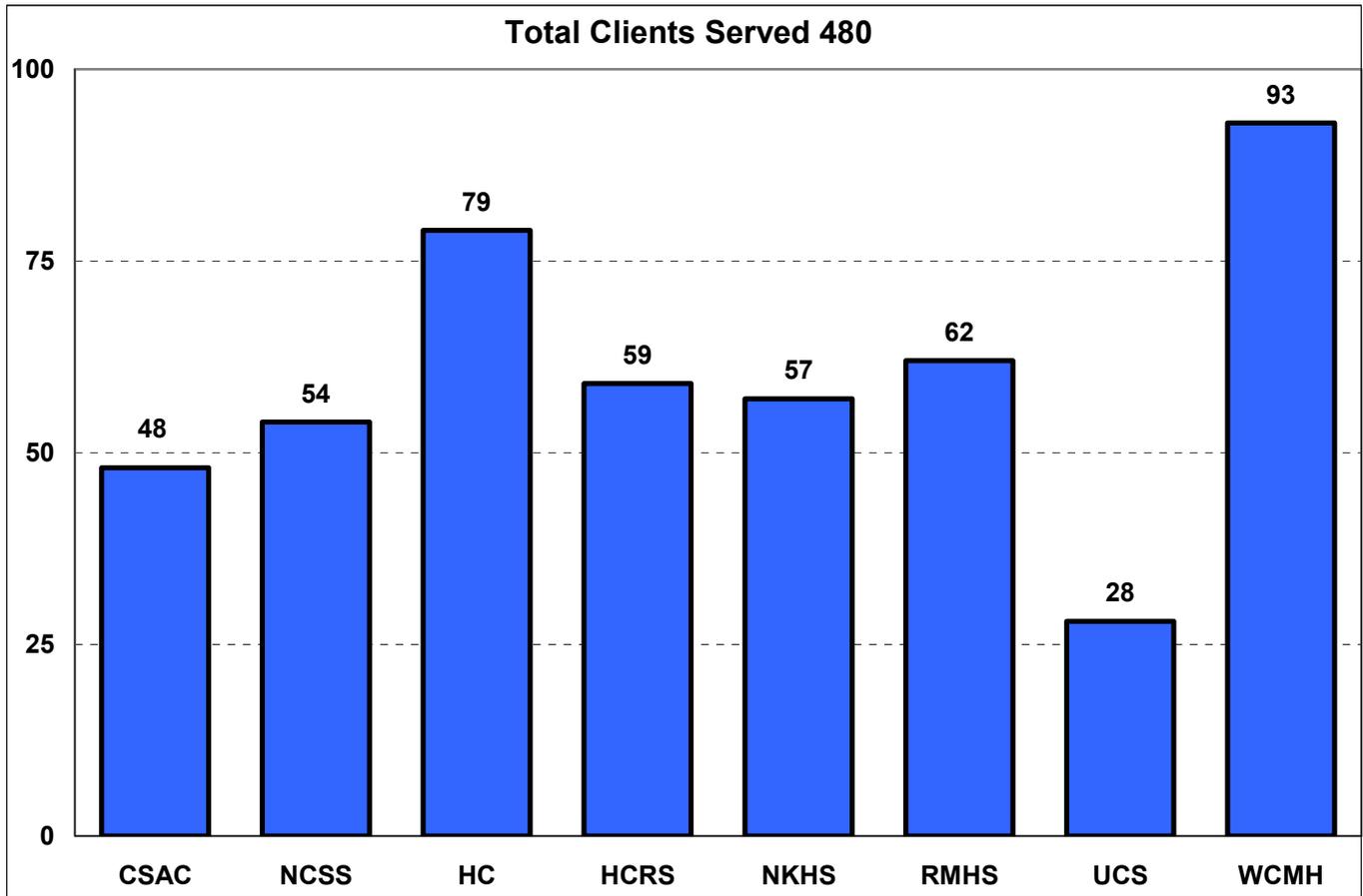
As you will see, the highest proportion of clients served during FY2008 were aged 80 and over (38%), followed by those in their 70's (33%). The smallest number served were in their 60's (29%). Medicare was the most common source of insurance for Elder Care clients (84%), followed by Medicaid (53%). The most common diagnoses reported for Elder Care clients were Depressive Disorders (56%), and the most common problem areas reported were depression and problems in daily living (78% and 63%, respectively).

There was substantial variation in the location of Elder Care services provided by designated agencies. In FY2008, Bennington (UCS) and Addison (CSAC) Counties reported the largest proportion of services in "Office" settings (74% and 66%, respectively) while the Southeast region (HCRS) reported the smallest proportion (1%) in an "Office" setting. For services provided "In-home", Washington County (WCMH) reported the largest proportion (89%) while Rutland County (RMHS) reported the smallest proportion (6%) of Elder Care services "In-home." For services provided in a "Community" setting, RMHS reported the largest proportion (82%), while CSAC, WCMH and UCS reported the smallest proportion (5%, 1% and 0%, respectively).

As always, we look forward to your comments, questions, and suggestions for further analysis of services being provided in community mental health center Elder Care Programs. You can reach us at pip@vdh.state.vt.us or 802-863-7249.



Vermont Community Mental Health Center Elder Care Programs - FY2008

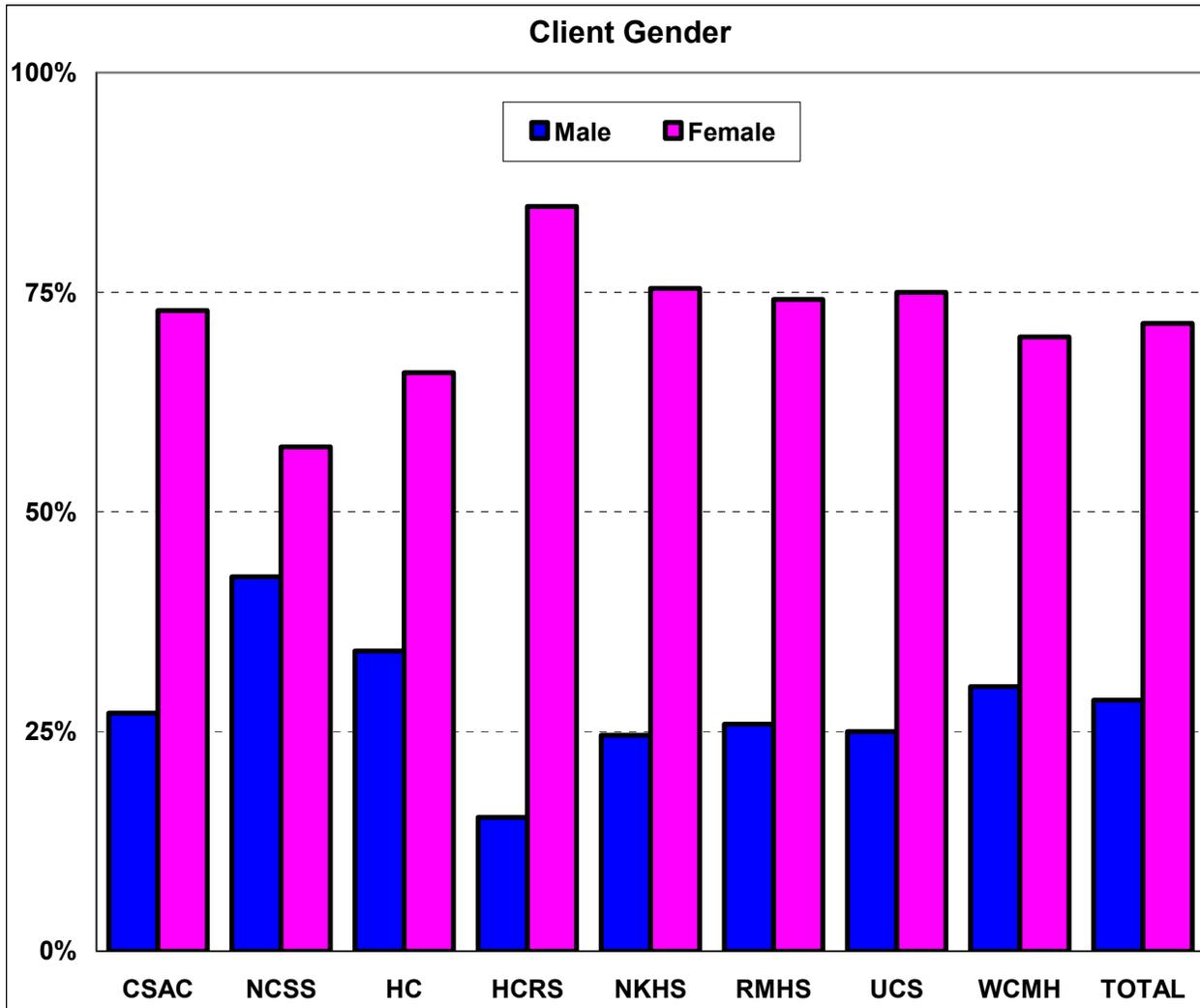


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Analysis is based on extracts from Monthly Service Reports (MSR) submitted to DMH by the community mental health centers. The extract from the MSR database included all records with an Elder Care cost center, units greater than 0, and served during July 1, 2007 to June 30, 2008. Analysis includes all adults age 60 and older.

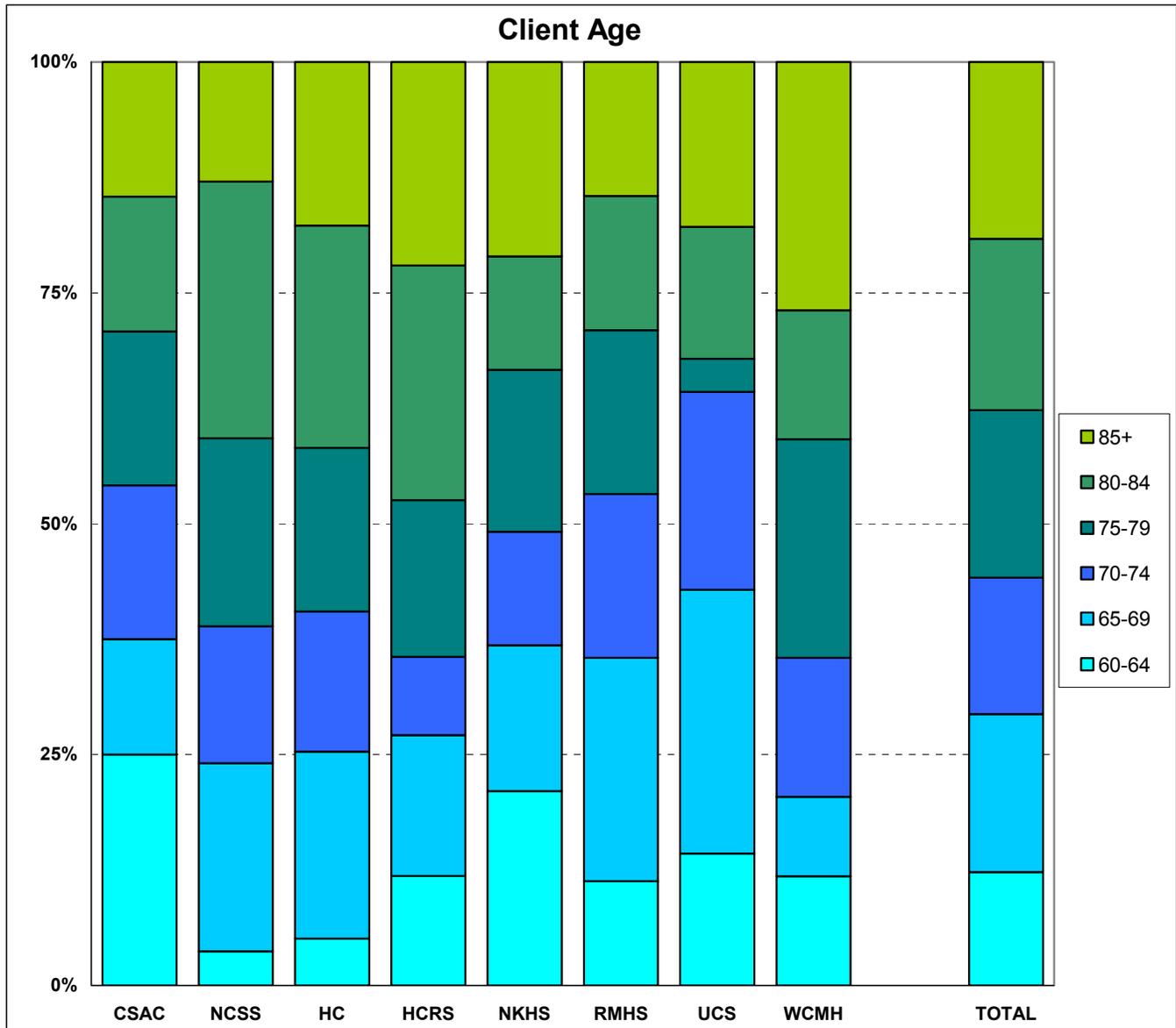
Vermont Community Mental Health Center Elder Care Programs - FY2008



CMHC	Clients Served	Male		Female	
		Number	Percent	Number	Percent
CSAC	48	13	27%	35	73%
NCSS	54	23	43%	31	57%
HC	79	27	34%	52	66%
HCRS	59	9	15%	50	85%
NKHS	57	14	25%	43	75%
RMHS	62	16	26%	46	74%
UCS	28	7	25%	21	75%
WCMH	93	28	30%	65	70%
TOTAL	480	137	29%	343	71%

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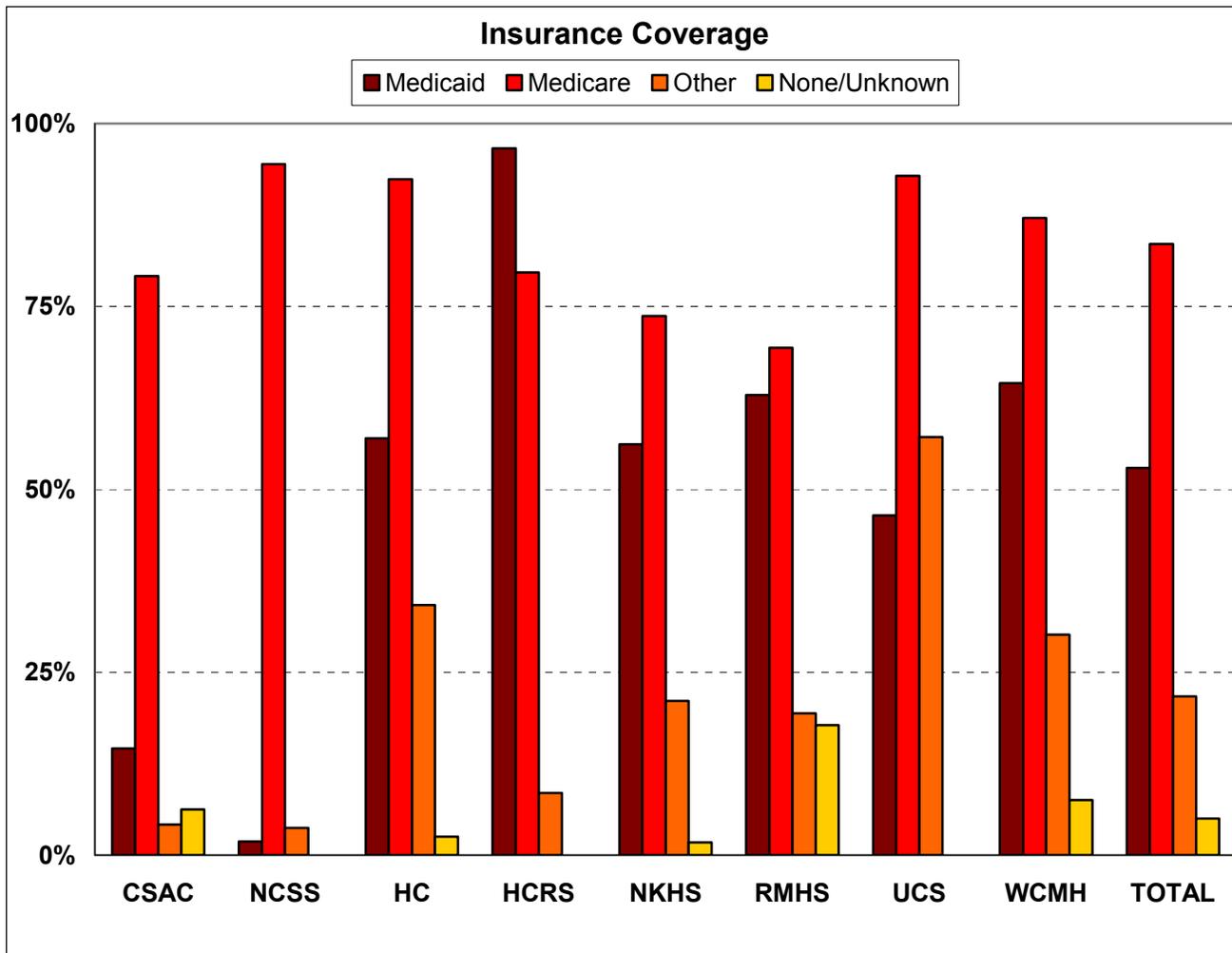
Vermont Community Mental Health Center Elder Care Programs - FY2008



CMHC	Clients Served	60-64		65-69		70-74		75-79		80-84		85+	
		#	%	#	%	#	%	#	%	#	%	#	%
CSAC	48	12	25%	6	13%	8	17%	8	17%	7	15%	7	15%
NCSS	54	2	4%	11	20%	8	15%	11	20%	15	28%	7	13%
HC	79	4	5%	16	20%	12	15%	14	18%	19	24%	14	18%
HCRS	59	7	12%	9	15%	5	8%	10	17%	15	25%	13	22%
NKHS	57	12	21%	9	16%	7	12%	10	18%	7	12%	12	21%
RMHS	62	7	11%	15	24%	11	18%	11	18%	9	15%	9	15%
UCS	28	4	14%	8	29%	6	21%	1	4%	4	14%	5	18%
WCMH	93	11	12%	8	9%	14	15%	22	24%	13	14%	25	27%
TOTAL	480	59	12%	82	17%	71	15%	87	18%	89	19%	92	19%

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Vermont Community Mental Health Center Elder Care Programs - FY2008

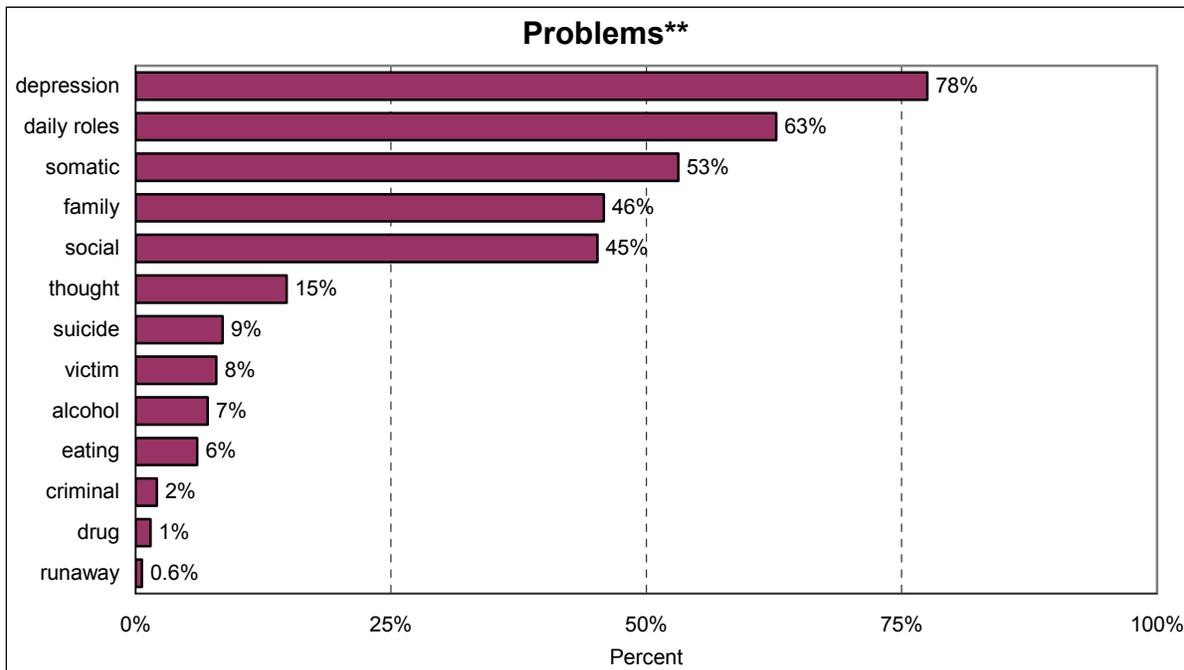
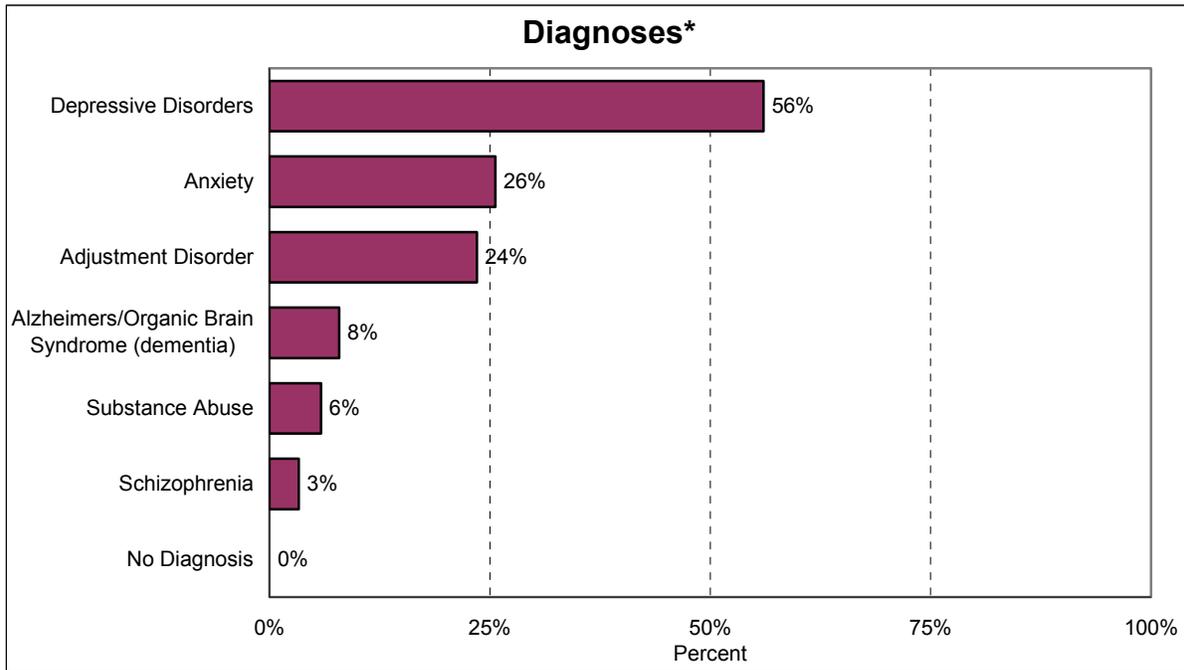


CMHC	Clients Served	Medicaid		Medicare		Other		None/Unknown	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
CSAC	48	7	15%	38	79%	2	4%	3	6%
NCSS	54	1	2%	51	94%	2	4%	0	0%
HC	79	45	57%	73	92%	27	34%	2	3%
HCRS	59	57	97%	47	80%	5	8%	0	0%
NKHS	57	32	56%	42	74%	12	21%	1	2%
RMHS	62	39	63%	43	69%	12	19%	11	18%
UCS	28	13	46%	26	93%	16	57%	0	0%
WCMH	93	60	65%	81	87%	28	30%	7	8%
TOTAL	480	254	53%	401	84%	104	22%	24	5%

Insurance categories are not mutually exclusive and clients may be counted in more than one category.

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Vermont Community Mental Health Center Elder Care Programs - FY2008



*Primary and secondary diagnoses are included. Diagnoses are not mutually exclusive.

**Problems are based on the problems checklist. Problems are not mutually exclusive.

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Units of Service

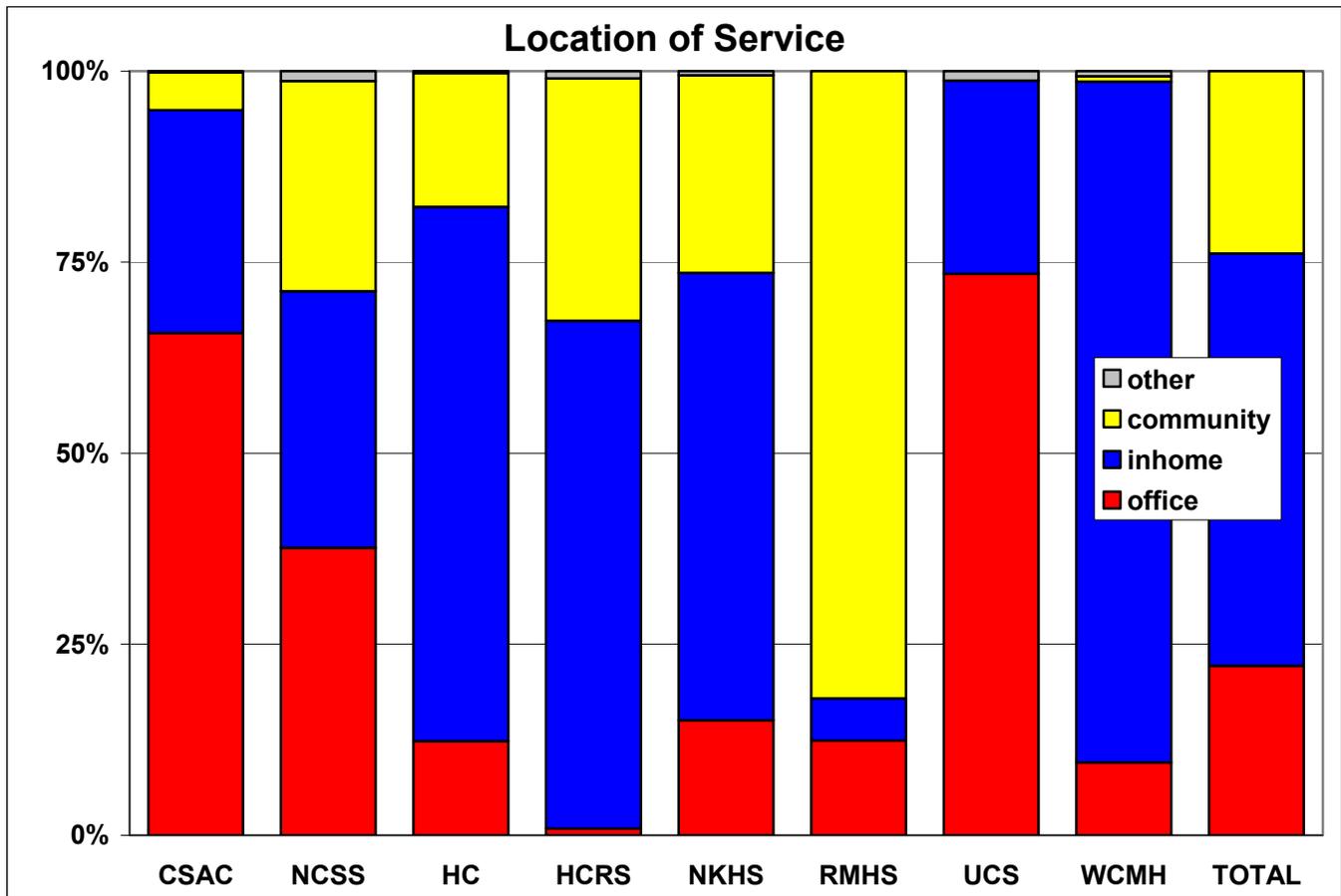
CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units	Clients	Units
CSAC	48	530	4	13	30	211	8	14	25	292	0	0
NCSS	54	1,138	9	8	23	818	23	34	35	279	0	0
HC	79	993	0	0	56	614	17	25	31	355	0	0
HCRS	59	1,654	0	0	49	1,450	16	32	13	172	0	0
NKHS	57	1,171	0	0	56	1,103	20	56	2	12	0	0
RMHS	62	937	13	31	62	835	7	10	0	0	14	61
UCS	28	437	0	0	0	0	12	26	25	411	0	0
WCMH	93	2,165	8	16	47	222	0	0	91	1,922	2	4
State	480	9,022	34	68	323	5,252	103	196	222	3,442	16	65

Service Events

CMHC	Total Client Services		Planning & Co-ord.		Community Supports		Clinical Assessment		Indiv./Family Therapy		MedChecks Therapy	
	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs	Clients	Svcs
CSAC	48	565	4	13	30	242	8	12	25	298	0	0
NCSS	54	1,172	9	12	23	858	23	23	35	279	0	0
HC	79	968	0	0	56	604	17	17	31	347	0	0
HCRS	59	1,002	0	0	49	820	16	16	13	166	0	0
NKHS	57	1,043	0	0	56	1,000	20	30	2	13	0	0
RMHS	62	974	13	57	62	849	7	7	0	0	14	61
UCS	28	378	0	0	0	0	12	26	25	352	0	0
WCMH	93	1,718	8	12	47	247	0	0	91	1,455	2	4
State	480	7,820	34	94	323	4,620	103	131	222	2,910	16	65

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Clinic	Office		In-home		Community		Other	
	#	%	#	%	#	%	#	%
CSAC	387	66%	172	29%	29	5%	1	0%
NCSS	441	38%	394	34%	323	28%	15	1%
HC	155	12%	882	70%	221	18%	3	0%
HCRS	9	1%	696	66%	332	32%	10	1%
NKHS	161	15%	628	59%	277	26%	6	1%
RMHS	121	12%	54	6%	803	82%	0	0%
UCS	416	74%	143	26%	0	0%	0	0%
WCMH	165	9%	1,546	89%	12	1%	22	1%
TOTAL	1,855	22%	4,515	54%	1,997	24%	57	1%

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