

Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health
26 Terrace Street, Montpelier, VT 05609

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: Emma Harrigan and Cindy Chornyak

DATE: April 12, 2013

RE: Age of Individuals Served by CMH Programs: FY2012

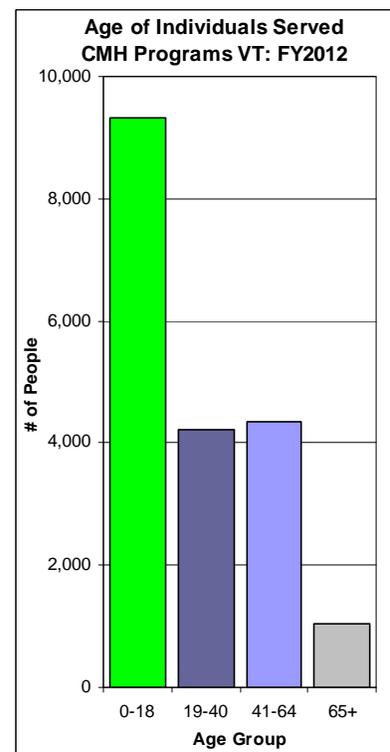
This week's brief report provides detailed information regarding the age of individuals served by community mental health (CMH) programs at Department of Mental Health (DMH) designated agencies (DAs) during FY2012. This analysis was conducted in response to request from Susan Wehry, Commissioner of the Vermont Department of Aging and Independent Living (DAIL).

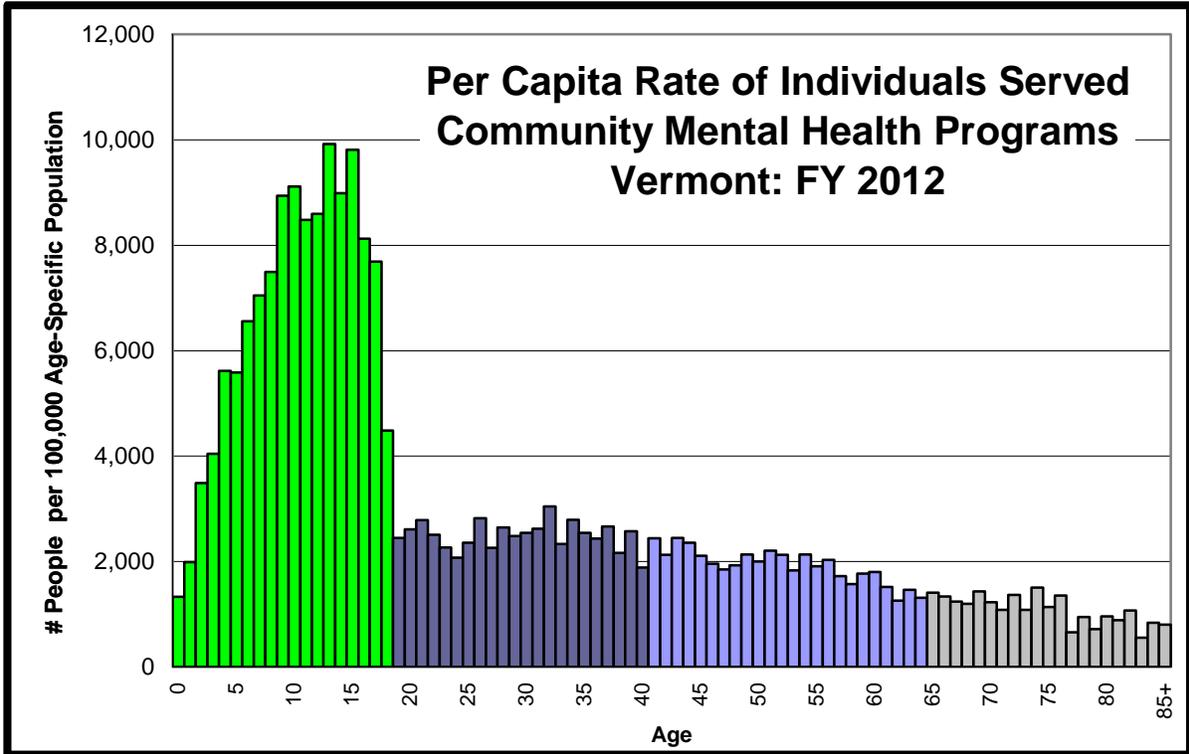
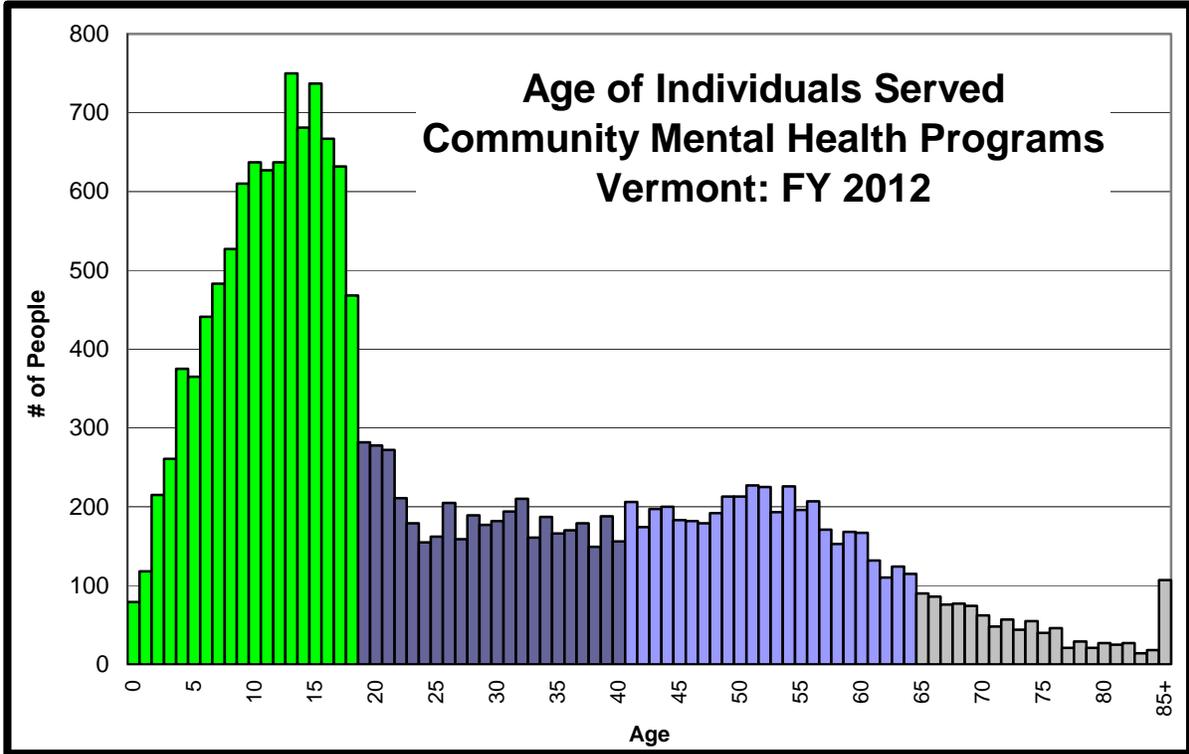
Findings reported here are based on analysis of Monthly Service Report data regarding age of individuals served that were submitted to DMH by DAs for individuals served by Children's Services, Adult Mental Health Outpatient (AOP), and Community Rehabilitation and Treatment (CRT) programs for adults with serious mental illness. Per capita rates of utilization were obtained using the most recent population estimates available from the Department of Health for 2011.

As you will see, youth participation in CMH programs was substantially greater than participation by adults. In FY2012, 9,310 youth were served from ages 0-18, with participation greatest amongst youth ages 13 through 16, averaging 709 youth served per age group. There is a noticeable decline in services to individuals after age 18. Overall, 9,608 adults were served during FY2012, with participation highest amongst 19-21 year-olds, averaging 277 adults served per age group. Services for adults decline steadily after age 54.

Individuals served per 100,000 age-specific populations follows a similar trend. Per capita utilization of services is high amongst youth, peaking at almost 10,000 youth served per 100,000 statewide youth at age 13 and age 15. Adult utilization per capita declines gradually after the early 30's declining from almost 3,000 adults per 100,000 statewide at age 32 to less than 1,000 adults per 100,000 statewide at after age 82.

As always, we look forward to your questions, comments, and suggestions for further analysis at pip@state.vt.us.





Analysis is based on Monthly Service Report (MSR) data submitted to DMH by designated community agencies for FY 2012 for clients served by the Adult Outpatient (AOP) Program, Community Rehabilitation and Treatment (CRT) Program, and the Children's Service Program. Individuals age 85 and older are represented as 85+. Estimates for general population figures were obtained from the Vermont Department of Health for 2011.