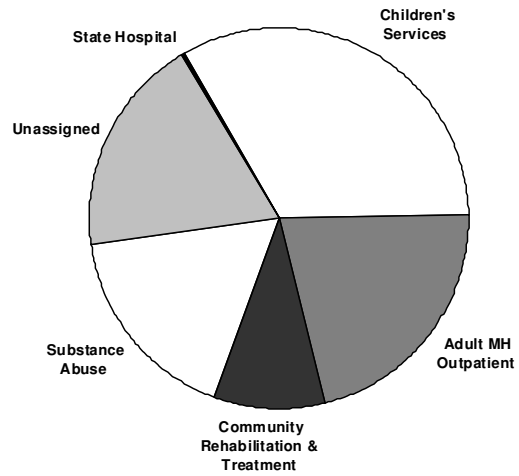


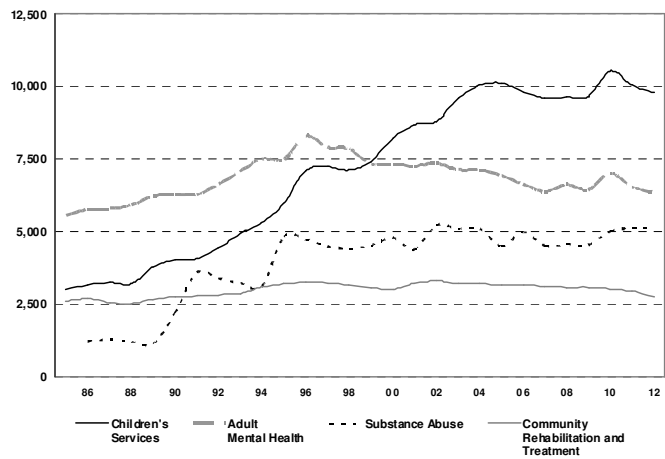
**FY 2012  
Statistical  
Report**

**VERMONT AGENCY OF HUMAN SERVICES  
DEPARTMENT OF MENTAL HEALTH**

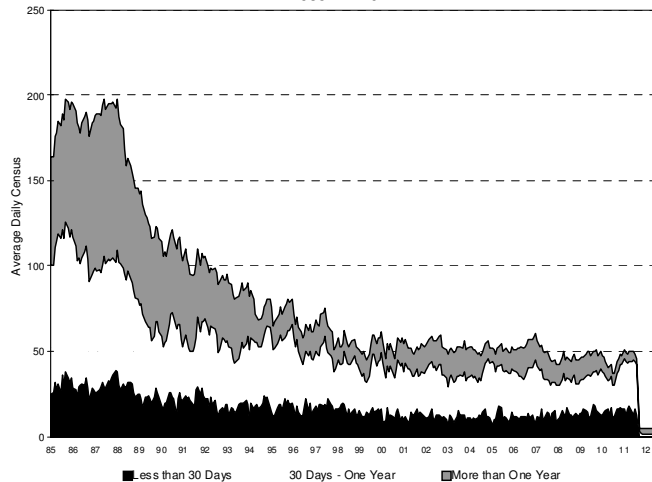
**CLIENTS SERVED  
by Primary Program Assignment  
FY2012**



**COMMUNITY PROGRAMS  
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FY1985 - FY2012**



**VERMONT STATE HOSPITAL  
Average Daily Census by Length of Stay  
FY1985 - FY2012**





VERMONT AGENCY OF HUMAN SERVICES

DEPARTMENT OF MENTAL HEALTH

26 Terrace Street  
Montpelier, Vermont 05609

Mary Moulton  
Acting Commissioner

FISCAL YEAR 2012

STATISTICAL REPORT

December 2012

Prepared by:

John A. Pandiani, PhD  
Chief of Mental Health Research and Statistics

Emma Harrigan, MS  
Sheila Leno, MS  
Cindy Chornyak, MS  
Research and Statistics Analysts



## INTRODUCTION

The Vermont Department of Mental Health (DMH) Statistical Report presents a systematic, quantitative overview of the clients and services of the Department's service delivery system for FY2012. This report is intended to function as a reference document for administrators, policymakers, and other interested parties. Annual statistical reports have been published since 1985. Together, these reports provide a detailed history of the development of systems of community care for people in need of mental health services and the decline in the amount of publicly funded institutional care.

The report consists of four major statistical sections followed by detailed notes that provide the definitions, methodological specifications, and caveats that are necessary to interpret the statistical results. The first section provides a comparative overview of the major programs. The next two sections provide more detailed descriptions of community service programs and the Vermont State Hospital. The fourth section provides a historical overview of the caseloads of the major community service programs.

The community service data presented in this report were provided by the state's Designated Agencies, and the Vermont State Hospital (VSH) inpatient data came directly from the VSH Treatment Episode Dataset.

All of the data in this report should be considered in light of the detailed notes presented in Part 5. Part 5 provides definitions of terms used in this report as well as cautions that should be observed when interpreting the data. When the data are considered in light of the accompanying notes, they should provide a complete and accurate overview of the clients and activities of designated provider agencies.

Part 1 presents an overview of Vermont's service delivery system. The tables provide data on the number and characteristics (both demographic and clinical) of clients served and a summary of services provided. The major community programs include Children's Services, Adult Mental Health Outpatient, Community Rehabilitation and Treatment, Substance Abuse, and Emergency Services. This report also includes inpatient services provided by the Vermont State Hospital.

On intake at a designated agency, a client is usually assigned to one program (primary program assignment) although individual clients may receive services from more than one program (program of service). Client demographic and clinical characteristics are presented by primary program assignment. Service data are presented by program of service and record the number of service events.

Part 2 presents a more detailed description of community clients and services in five subsections, one for each community program of service. For each of these programs of service, comparative client data are presented and patterns of service delivery are detailed at the provider level.

Part 3 describes individuals who were in the Vermont State Hospital at any time during FY2012. This section complements the overall description of VSH clients and services presented in Part 1 by focusing on patients' legal status, the discharge rates of recently

admitted patients, and the length of stay for continuing patients. Information on each of these characteristics is presented by clients' catchment area, age, gender, diagnosis and type of admission.

Part 4 presents a historical overview of caseloads of the major programs from FY1986 through FY2012, including Children's Services, Adult Mental Health Outpatient, Community Rehabilitation and Treatment, and Substance Abuse.

Copies of this report and the reports for FY1999 forward are available online at <http://mentalhealth.vermont.gov/report/annualstatistical> .

Requests for additional information or analyses may be directed to:

John A. Pandiani, PhD  
Department of Mental Health  
26 Terrace Street  
Montpelier, Vermont 05609  
[John.Pandiani@state.vt.us](mailto:John.Pandiani@state.vt.us)  
(802) 828-1703

## ACKNOWLEDGMENTS

This report is the result of the cooperative efforts of individuals in every part of Vermont's mental health service delivery systems. The Department of Mental Health is indebted to all who contributed to the development and maintenance of the data systems that made this report possible.

The Directors of Vermont's designated agencies and institutions have been responsible for the development and maintenance of their respective Management Information Systems. Their support for the accurate accrual of comparable data has been and continues to be essential. The Department of Mental Health thanks the following administrators for their cooperation and support.

Robert Thorn (CSAC - Addison)	Linda Chambers (CMC - Orange )
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Todd Centybear (HC - Chittenden)	Judith Hayward (HCRS - Southeast)
Savi Van Sluytman (LCC - Lamoille)	Paul Dupre (WCMH - Washington)
Eric Grims (NKHS - Northeast)	Chuck Myers (NFI - Northeastern Family Institute)
Ted Mable (NCSS - Northwest)	

The Management Information System Database Managers at community service provider agencies and institutions worked closely with Department of Mental Health staff throughout the year to ensure the accuracy of and to identify the shortcomings of the data. Even more important, their continuing efforts to ensure accurate and uniform coding of service and client data, to streamline paper flow, and to make their Management Information Systems a useful management tool were essential to the completeness and accuracy of this report. During FY2012, the MIS Database Managers included:

Emily Van De Weert (CSAC)	Deb Hawley (CMC)
Eric Williams (UCS)	Steve Blongy (RMHS)
Russell Stratton (HC)	Warren Sergeant (HCRS)
Troy Metcalf (LCC)	Shawn Manwaring (WCMH)
Timothy Gould (NKHS)	Kathy Pettengill (NFI)
Ken Gingras (NCSS)	

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# Part 1: Overview

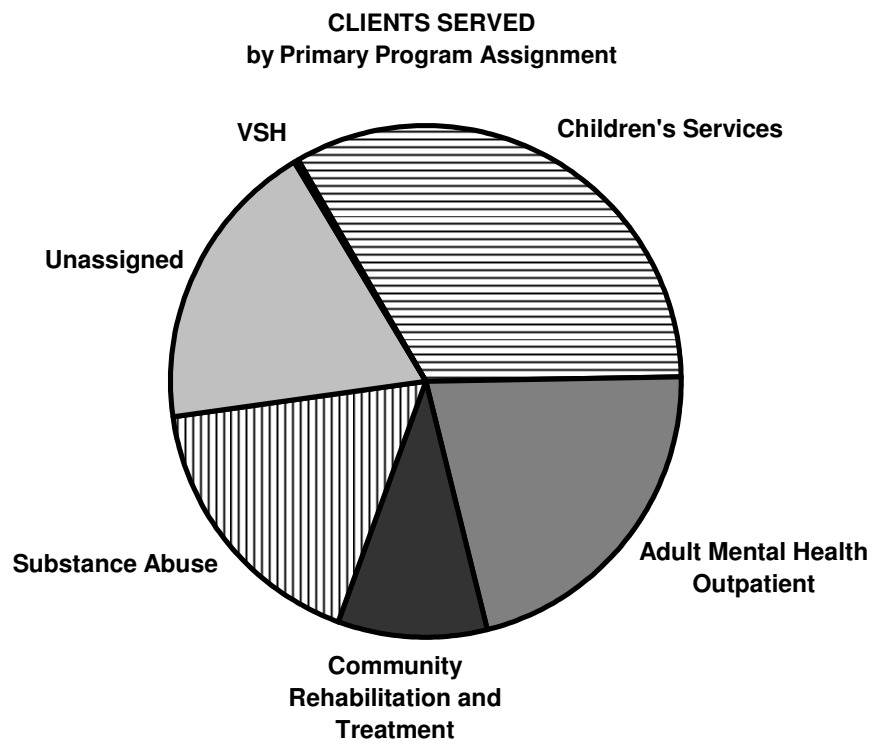




TABLE 1-1  
Vermont Agency of Human Services  
Department of Mental Health

**NUMBER OF CLIENTS SERVED**  
by Clients' Primary Program Assignment and Community Service Provider  
Fiscal Year 2012

<u>Community Service</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
CSAC (Addison)	847	755	187	195	76	6
NCSS (Northwest)	1,049	646	234	45	711	3
HC (Chittenden)	1,639	489	655	2,397	1,539	27
LCC (Lamoille)	329	55	140	0	140	3
HCRS (Southeast)	1,672	749	400	526	717	21
NKHS (Northeast)	952	1,025	254	545	399	3
CMC (Orange)	615	642	169	390	388	2
RMHS (Rutland)	1,030	247	274	602	580	6
UCS (Bennington)	456	809	156	401	288	6
WCMH (Washington)	897	949	300	0	647	8
Northeastern Family Institute	297	0	0	0	0	-
Unknown	-	-	-	-	-	2
<u>Total</u>	9,783	6,366	2,769	5,101	5,485	87

See notes 1, 2 and 3.

TABLE 1-2  
Vermont Agency of Human Services  
Department of Mental Health

**CLIENTS SERVED PER 1,000 AGE-SPECIFIC POPULATION**  
by Clients' Primary Program Assignment  
Fiscal Year 2012

<u>Community Service</u>	<u>Children's Services<sup>a</sup></u>	<u>Adult MH Outpatient<sup>b</sup></u>	<u>Community Rehabilitation<sup>b</sup></u>	<u>Substance Abuse<sup>b</sup></u>	<u>Unassigned<sup>c</sup></u>	<u>State Hospital<sup>b</sup></u>
CSAC (Addison)	114.6	26.2	6.5	6.8	2.1	0.2
NCSS (Northwest)	79.3	15.6	5.6	1.1	13.0	0.1
HC (Chittenden)	52.3	3.9	5.2	19.1	9.8	0.2
LCC (Lamoille)	48.5	2.9	7.4	0.0	5.4	0.2
HCRS (Southeast)	90.3	10.1	5.4	7.1	7.7	0.3
NKHS (Northeast)	75.3	20.1	5.0	10.7	6.3	0.1
CMC (Orange)	93.5	25.0	6.6	15.2	12.0	0.1
RMHS (Rutland)	86.7	5.0	5.5	12.1	9.4	0.1
UCS (Bennington)	60.0	27.4	5.3	13.6	7.8	0.2
WCMH (Washington)	67.4	18.4	5.8	0.0	10.0	0.2
Unknown						0.0
<u>Total</u>	75.7	12.8	5.6	10.3	8.8	0.2

<sup>a</sup> Rate based on child population (age 0-17)

<sup>b</sup> Rate based on adult population (age 18+)

<sup>c</sup> Rate based on total population

See note 1, and particularly notes 2 and 3.



TABLE 1-3  
 Vermont Agency of Human Services  
 Department of Mental Health

**AGE OF CLIENTS SERVED**  
 by Clients' Primary Program Assignment  
 Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
<u>Age</u>						
0-12	55%	0%	0%	0%	6%	0%
13-19	41%	2%	1%	12%	18%	3%
20-34	3%	33%	17%	50%	33%	37%
35-49	0%	30%	29%	25%	23%	31%
50-64	0%	23%	42%	12%	14%	24%
65+	0%	11%	11%	1%	5%	5%
Total	100%	100%	100%	100%	100%	100%
<u>Age Data Reported</u>						
Clients	9,779	6,363	2,769	5,101	5,452	87
Percent within Program	100%	100%	100%	100%	99%	100%
<u>No Age Data</u>						
Clients	4	3	0	0	34	0
Percent within Program	0%	0%	0%	0%	1%	0%
<u>Grand Total</u>	9,783	6,366	2,769	5,101	5,486	87

See notes 1, 3 and 4.

TABLE 1-4  
 Vermont Agency of Human Services  
 Department of Mental Health

**GENDER OF CLIENTS SERVED**  
 by Clients' Primary Program Assignment  
 Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
<u>Gender</u>						
Male	57%	38%	48%	64%	52%	68%
Female	43%	62%	52%	36%	48%	32%
Total	100%	100%	100%	100%	100%	100%
<u>Gender Data Reported</u>						
Clients	9,782	6,363	2,765	5,100	5,470	87
Percent within Program	100%	100%	100%	100%	100%	100%
<u>No Gender Data</u>						
Clients	1	3	4	1	16	0
Percent within Program	0%	0%	0%	0%	0%	0%
<u>Grand Total</u>	9,783	6,366	2,769	5,101	5,486	87

See notes 1 and 3.

TABLE 1-5  
Vermont Agency of Human Services  
Department of Mental Health

**ANNUAL FAMILY INCOME OF CLIENTS SERVED**  
by Clients' Primary Program Assignment  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
<u>Income</u>						
\$ 1 - 9,999	21%	36%	66%	40%	28%	-
\$10,000 - 19,999	27%	30%	24%	29%	24%	-
\$20,000 - 29,999	18%	13%	5%	14%	14%	-
\$30,000 +	35%	20%	5%	17%	33%	-
Total	100%	100%	100%	100%	100%	-
<u>Income Data Reported</u>						
Clients	2,928	2,519	919	2,380	586	-
Percent within Program	30%	40%	33%	47%	11%	-
<u>No Income Data</u>						
Clients	6,855	3,847	1,850	2,721	4,900	87
Percent within Program	70%	60%	67%	53%	89%	100%
<u>Grand Total</u>	9,783	6,366	2,769	5,101	5,486	87

See notes 1, 3 and 5.

TABLE 1-6  
Vermont Agency of Human Services  
Department of Mental Health

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**  
by Clients' Primary Program Assignment  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
<u>Responsibility For Fee</u>						
Medicaid	80%	56%	74%	59%	44%	59%
Medicare	0%	26%	54%	6%	12%	47%
Other Insurance	15%	25%	12%	20%	22%	0%
State Agency	3%	3%	17%	27%	3%	-
Non-Insured/Unknown	10%	12%	3%	10%	31%	28%
Total	9,783	6,366	2,769	5,101	5,486	87

See notes 1, 3 and especially 6.

TABLE 1-7  
Vermont Agency of Human Services  
Department of Mental Health

**DIAGNOSIS OF CLIENTS SERVED**  
by Clients' Primary Program Assignment  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
<u>Diagnosis</u>						
Organic Brain Syndrome	0%	2%	1%	10%	4%	9%
Schizophrenia & Other Psychoses	4%	4%	49%	0%	7%	71%
Affective Disorders	17%	56%	41%	11%	43%	33%
Anxiety Disorders	25%	39%	24%	10%	21%	16%
Personality Disorders	0%	8%	19%	2%	4%	16%
Adjustment Disorders	33%	18%	1%	3%	22%	1%
Social Problems	15%	3%	1%	1%	2%	3%
Substance Abuse	3%	15%	29%	89%	22%	56%
Children's Disorders	32%	4%	2%	2%	6%	3%
Other Psychological Disorders	2%	2%	1%	1%	1%	1%
Mental Retardation	2%	1%	2%	0%	1%	0%
<u>Diagnostic Data Reported</u>						
Clients	9,080	6,010	2,711	5,047	4,233	87
Percent within Program	93%	94%	98%	99%	77%	100%
<u>No Diagnostic Data</u>						
Clients	703	356	58	54	1,253	0
Percent within Program	7%	6%	2%	1%	23%	0%
<u>Grand Total</u>	9,783	6,366	2,769	5,101	5,486	87

See notes 1, 3 and 7. Includes all primary and secondary DSM IV diagnoses.

TABLE 1-8  
Vermont Agency of Human Services  
Department of Mental Health

**PROBLEMS OF CLIENTS SERVED**  
by Clients' Primary Program Assignment  
Fiscal Year 2012

<u>Problem Area</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
Mood Disorders	42%	70%	47%	28%	36%	-
Thought Disorders	5%	10%	29%	4%	8%	-
Eating Disorders	5%	8%	9%	4%	4%	-
Medical Somatic	15%	30%	24%	14%	10%	-
Alcohol Abuse	4%	13%	16%	30%	11%	-
Drug Abuse	5%	12%	12%	32%	11%	-
Suicidal Tendencies	11%	13%	17%	5%	19%	-
Problems in Daily Living	61%	55%	41%	22%	31%	-
Social/Interpersonal	58%	41%	38%	18%	22%	-
Marital/Family	59%	46%	30%	22%	23%	-
Runaway	7%	1%	3%	1%	1%	-
Criminal	5%	11%	9%	24%	5%	-
Victim	17%	21%	13%	12%	6%	-
<u>Problem Data Reported</u>						
Clients	8,196	5,402	1,729	2,565	2,497	-
Percent within Program	84%	85%	62%	50%	46%	-
<u>No Problem Data</u>						
Clients	1,587	964	1,040	2,536	2,989	87
Percent within Program	16%	15%	38%	50%	54%	100%
<u>Grand Total</u>	9,783	6,366	2,769	5,101	5,486	87

See notes 1, 3 and 8.

TABLE 1-9  
 Vermont Agency of Human Services  
 Department of Mental Health

**LENGTH OF STAY OF CLIENTS SERVED**  
 by Clients' Primary Program Assignment  
 Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
<u>Year of Admission</u>						
Current Fiscal	40%	46%	7%	61%	73%	43%
Previous Fiscal	23%	20%	9%	22%	14%	52%
3 - 5 Years Earlier	26%	17%	17%	13%	7%	1%
6 - 10 Years Earlier	9%	9%	23%	4%	3%	2%
11+ Years Earlier	1%	7%	43%	1%	2%	2%
<u>Length of Stay Data Reported</u>						
Clients	9,718	6,327	2,767	5,015	5,184	87
Percent within Program	99%	99%	100%	98%	94%	100%
<u>No Length of Stay Data</u>						
Clients	65	39	2	86	302	0
Percent within Program	1%	1%	0%	2%	6%	0%
<u>Grand Total</u>	9,783	6,366	2,769	5,101	5,486	87

See notes 1, 3 and 9.

TABLE 1-10  
Vermont Agency of Human Services  
Department of Mental Health

**CLINICAL INTERVENTIONS**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Clinical Interventions</u>						
Clients	6,455	7,079	2,728	4,893	142	-
Percent within Program	57%	91%	88%	87%	2%	-
<u>Number of Clinical Interventions</u>						
Services	68,599	61,286	54,464	34,300	912	-
Percent within Program	13%	80%	13%	58%	5%	-
<u>Clinical Interventions per Client</u>						
Average	11	9	20	7	6	-

See notes 1, 3 and 10.



TABLE 1-10a  
 Vermont Agency of Human Services  
 Department of Mental Health

**INDIVIDUAL, FAMILY AND GROUP THERAPY**  
 by Program of Service  
 Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Therapy</u>						
Clients	4,238	4,545	1,225	3,203	108	-
Percent within Program	38%	58%	39%	57%	2%	-
<u>Number of Therapy Sessions</u>						
Services	58,401	44,990	26,440	28,248	182	-
Percent within Program	11%	59%	7%	48%	1%	-
<u>Therapy Sessions per Client</u>						
Average	14	10	22	9	2	-

See notes 1, 3 and 10.

TABLE 1-10b  
Vermont Agency of Human Services  
Department of Mental Health

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Medication Services</u>						
Clients	1,419	2,571	2,521	572	29	-
Percent within Program	13%	33%	81%	10%	0%	-
<u>Number of Medication Services</u>						
Services	5,526	11,864	27,351	2,212	709	-
Percent within Program	1%	16%	7%	4%	4%	-
<u>Medication Services per Client</u>						
Average	4	5	11	4	24	-

See notes 1, 3 and 10.

TABLE 1-10c  
Vermont Agency of Human Services  
Department of Mental Health

**CLINICAL ASSESSMENT SERVICES**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Clinical Assessment</u>						
Clients	3,774	3,678	604	3,357	11	-
Percent within Program	34%	47%	19%	60%	0%	-
<u>Number of Clinical Assessments</u>						
Services	4,672	4,432	673	3,840	21	-
Percent within Program	1%	6%	0%	7%	0%	-
<u>Clinical Assessments per Client</u>						
Average	1	1	1	1	2	-

See notes 1, 3 and 10.

TABLE 1-11  
Vermont Agency of Human Services  
Department of Mental Health

**DAY SERVICES**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Day Services</u>						
Clients	0	35	555	386	0	-
Percent within Program	-	0%	18%	7%	-	-
<u>Number of Day Services</u>						
Services	0	331	30,454	6,541	0	-
Percent within Program	-	0%	8%	11%	-	-
<u>Day Services per Client</u>						
Average	-	9	55	17	-	-

See notes 1, 3 and 11.

TABLE 1-12  
Vermont Agency of Human Services  
Department of Mental Health

**SERVICE PLANNING AND COORDINATION**

by Program of Service

Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Service Planning and Coordination Services</u>						
Clients	6,561	895	2,622	1,495	328	-
Percent within Program	58%	11%	84%	27%	6%	-
<u>Service Planning and Coordination Services</u>						
Services	117,488	3,231	63,634	7,883	2,428	-
Percent within Program	22%	4%	16%	13%	14%	-
<u>Service Planning and Coordination Services per Client</u>						
Average	18	4	24	5	7	-

See notes 1, 3 and 12.

TABLE 1-13  
Vermont Agency of Human Services  
Department of Mental Health

**COMMUNITY SUPPORTS**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Community Supports</u>						
Clients	8,151	2,107	2,778	316	229	-
Percent within Program	72%	27%	89%	6%	4%	-
<u>Number of Community Supports</u>						
Services	339,242	11,099	230,019	773	1,661	-
Percent within Program	62%	15%	57%	1%	10%	-
<u>Community Supports per Client</u>						
Average	42	5	83	2	7	-

See notes 1, 3 and 13.

TABLE 1-14  
Vermont Agency of Human Services  
Department of Mental Health

**EMPLOYMENT SERVICES**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Employment Services</u>						
Clients	200	3	983	0	0	-
Percent within Program	2%	0%	32%	-	-	-
<u>Number of Employment Services</u>						
Services	2,537	7	19,872	0	0	-
Percent within Program	0%	0%	5%	-	-	-
<u>Employment Services per Client</u>						
Average	13	-	20	-	-	-

See notes 1, 3 and 14.

TABLE 1-15a  
Vermont Agency of Human Services  
Department of Mental Health

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
Number of Nonresidential Services	543,705	76,166	405,632	59,004	16,908	-
<u>Clients Receiving Emergency/Crisis Services</u>						
Clients	1,996	149	749	1,153	5,485	-
Percent within Program	18%	2%	24%	20%	93%	-
<u>Number of Emergency/Crisis Services</u>						
Services	8,356	212	5,540	9,507	11,907	-
Percent within Program	2%	0%	1%	16%	70%	-
<u>Emergency/Crisis Services per Client</u>						
Average	4	1	7	8	2	-

See notes 1, 3 and 15.



TABLE 1-15b  
Vermont Agency of Human Services  
Department of Mental Health

**EMERGENCY/CRISIS BEDS**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
<u>Clients Receiving Crisis Emergency Beds</u>						
Clients	252	1	382	0	261	-
Percent within Program	2%	0%	12%	-	4%	-
<u>Days of Crisis Emergency Bed Services</u>						
Number	2,467	1	5,272	0	1,819	-
<u>Emergency Bed Services Days per Client</u>						
Average	10	1	14	-	7	-

See notes 1, 3 and 15.

TABLE 1-16  
Vermont Agency of Human Services  
Department of Mental Health

**HOUSING AND HOME SUPPORTS**  
by Program of Service  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency</u>	<u>State Hospital</u>
<u>Total</u>						
Clients Served	11,261	7,806	3,107	5,641	5,876	87
<u>Clients Receiving Housing Services</u>						
Number	386	22	282	232	50	87
Percent within Program	3%	0%	9%	4%	1%	100%
<u>Days of Housing Services</u>						
Number	46,255	2,992	51,856	1,161	5,307	4,430
<u>Housing Service Days per Client</u>						
Average	120	136	184	5	106	51

See notes 1, 3 and 16.

TABLE 1-17  
Vermont Agency of Human Services  
Department of Mental Health

**CONDITION OF CLIENTS ON TERMINATION OF SERVICES**  
by Clients' Primary Program Assignment  
Fiscal Year 2012

	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
<u>Condition on Termination</u>						
Improved	57%	48%	35%	51%	18%	-
Unchanged	33%	42%	49%	42%	69%	-
Worse	10%	9%	16%	7%	13%	-
Total	100%	100%	100%	100%	100%	-
<u>Condition on Termination Data Reported</u>						
Number	1,982	1,168	185	1,366	1,130	-
Percent of Discharged Clients	82%	71%	79%	80%	76%	-
<u>No Condition on Termination Data</u>						
Number	432	481	49	346	356	-
Percent of Discharged Clients	18%	29%	21%	20%	24%	-
<u>Total Discharges</u>						
Number	2,414	1,649	234	1,712	1,486	-
Discharge Rate (% of all Clients)	25%	26%	8%	34%	27%	-

See notes 1, 3 and especially 18.



## Part 2: Community Programs

**COMMUNITY PROGRAMS  
Total Caseload by Agency  
FY2012**

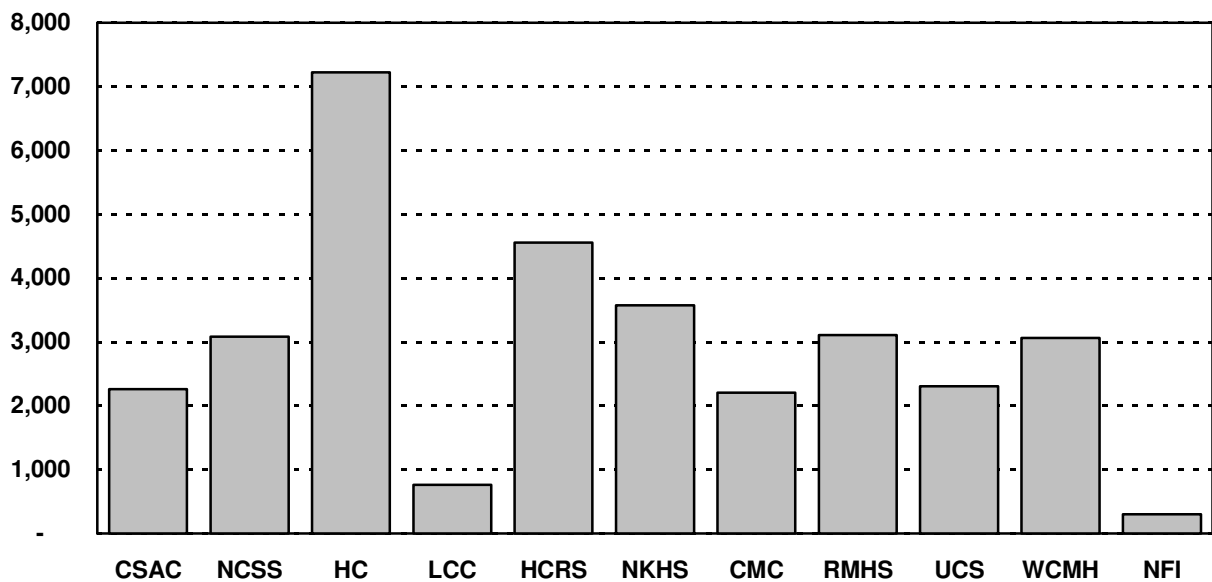




TABLE 2-1  
Vermont Agency of Human Services  
Department of Mental Health

**PROGRAM OF SERVICE OF CLIENTS**  
Who Were Served Each Month by  
Community Service Providers  
Fiscal Year 2012

<u>Month</u>	<u>Program of Service</u>					<u>Total</u>
	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Emergency Services</u>	
July	4,602	2,693	2,491	1,750	736	12,272
August	4,626	2,706	2,520	1,696	707	12,255
September	5,773	2,790	2,478	1,722	805	13,568
October	5,883	2,778	2,452	1,680	714	13,507
November	6,028	2,656	2,445	1,716	664	13,509
December	5,970	2,644	2,426	1,785	682	13,507
January	6,153	2,790	2,462	1,847	677	13,929
February	6,193	2,886	2,469	1,826	711	14,085
March	6,289	2,870	2,460	1,836	632	14,087
April	6,403	2,954	2,503	1,936	683	14,479
May	6,576	3,103	2,493	1,941	708	14,821
June	6,254	3,014	2,497	1,986	737	14,488
Monthly Average	5,896	2,824	2,475	1,810	705	13,709

Clients served by more than one program of service during the fiscal year have been counted toward the number of clients served by each program, but only once toward the overall total.

See notes 1 and 3.

TABLE 2-2  
Vermont Agency of Human Services  
Department of Mental Health

**PRIMARY PROGRAM ASSIGNMENT OF CLIENTS**  
Who Were Served Each Month by  
Community Service Providers  
Fiscal Year 2012

Primary Program Assignment						
<u>Month</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>Total</u>
July	4,325	2,575	2,462	1,637	813	11,812
August	4,372	2,568	2,487	1,606	758	11,791
September	5,462	2,649	2,453	1,651	880	13,095
October	5,511	2,599	2,379	1,619	871	12,979
November	5,595	2,474	2,403	1,639	919	13,030
December	5,552	2,494	2,391	1,685	928	13,050
January	5,719	2,616	2,435	1,764	899	13,433
February	5,753	2,673	2,445	1,754	999	13,624
March	5,829	2,611	2,435	1,745	991	13,611
April	5,914	2,688	2,387	1,809	1,164	13,962
May	6,058	2,791	2,357	1,827	1,241	14,274
June	5,750	2,727	2,400	1,887	1,253	14,017
Monthly Average	5,487	2,622	2,420	1,719	976	13,223

See notes 1 and 3.



TABLE 2-3  
Vermont Agency of Human Services  
Department of Mental Health

**AGE AND GENDER OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Clients Served	Age							Gender	
		0 - 6	7 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	29,504	7%	13%	20%	25%	18%	14%	5%	52%	48%
<u>Community Service Providers</u>										
CSAC (Addison)	2,060	8%	15%	21%	21%	15%	14%	6%	48%	52%
NCSS (Northwest)	2,685	14%	14%	22%	18%	15%	12%	5%	49%	51%
HC (Chittenden)	6,719	5%	12%	21%	30%	18%	12%	3%	58%	42%
LCC (Lamoille)	664	8%	22%	21%	18%	17%	12%	3%	55%	45%
HCRS (Southeast)	4,064	7%	15%	21%	22%	17%	13%	5%	53%	47%
NKHS (Northeast)	3,175	5%	13%	17%	24%	20%	16%	5%	53%	47%
CMC (Orange)	2,204	5%	10%	19%	29%	21%	14%	3%	53%	47%
RMHS (Rutland)	2,733	9%	14%	18%	25%	17%	13%	5%	54%	46%
UCS (Bennington)	2,110	2%	7%	16%	29%	21%	19%	7%	46%	54%
WCMH (Washington)	2,793	7%	11%	15%	24%	19%	17%	7%	49%	51%
Northeastern Family Institute	297	1%	16%	83%	0%	0%	0%	0%	35%	65%

See notes 2, 3 and 4.

TABLE 2-4  
Vermont Agency of Human Services  
Department of Mental Health

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Responsibility for Fee				
		Medicaid	Medicare	Other Insurance	State Agency	Unknown/ Uninsured
OVERALL	29,504	64%	14%	19%	8%	14%
<u>Community Service Providers</u>						
CSAC (Addison)	2,060	45%	13%	21%	1%	21%
NCSS (Northwest)	2,685	57%	14%	15%	0%	15%
HC (Chittenden)	6,719	63%	10%	20%	9%	11%
LCC (Lamoille)	664	83%	14%	10%	5%	9%
HCRS (Southeast)	4,064	68%	16%	19%	8%	14%
NKHS (Northeast)	3,175	74%	17%	18%	0%	11%
CMC (Orange)	2,204	51%	8%	16%	4%	29%
RMHS (Rutland)	2,733	79%	17%	26%	12%	4%
UCS (Bennington)	2,110	59%	20%	22%	23%	11%
WCMH (Washington)	2,793	63%	19%	15%	18%	18%
Northeastern Family Institute	297	63%	0%	22%	11%	7%

See notes 2, 3 and especially 6.

TABLE 2-5  
Vermont Agency of Human Services  
Department of Mental Health

**DIAGNOSIS OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Organic Brain Syndrome</i>	<i>Schizophrenia and other Psychoses</i>	<i>Affective Disorder</i>	<i>Anxiety Disorder</i>	<i>Personality Disorder</i>	<i>Adjustment Disorder</i>	<i>Social Problem</i>	<i>Substance Abuse</i>	<i>Child Non-Psychotic</i>	<i>Other DSM Disorder</i>	<i>MR/DD</i>	<u>Reported N</u>
OVERALL	29,504	8%	3%	8%	31%	25%	5%	19%	6%	27%	13%	1%	1%	27,080
<u>Community Service Providers</u>														
CSAC (Addison)	2,060	3%	1%	7%	34%	21%	2%	23%	8%	15%	11%	1%	1%	1,996
NCSS (Northwest)	2,685	19%	2%	7%	32%	21%	5%	35%	4%	14%	13%	1%	1%	2,183
HC (Chittenden)	6,719	1%	8%	9%	22%	20%	4%	19%	5%	41%	11%	1%	1%	6,630
LCC (Lamoille)	664	10%	2%	15%	36%	29%	4%	18%	0%	7%	19%	1%	2%	600
HCRS (Southeast)	4,064	16%	2%	8%	29%	21%	2%	15%	13%	21%	15%	2%	1%	3,419
NKHS (Northeast)	3,175	0%	3%	8%	39%	26%	8%	16%	5%	24%	16%	2%	2%	3,165
CMC (Orange)	2,204	23%	0%	6%	23%	28%	5%	22%	4%	31%	12%	3%	1%	1,694
RMHS (Rutland)	2,733	3%	2%	9%	30%	24%	7%	10%	6%	37%	12%	1%	1%	2,653
UCS (Bennington)	2,110	7%	3%	6%	45%	40%	12%	18%	3%	32%	12%	3%	1%	1,958
WCMH (Washington)	2,793	11%	2%	13%	38%	29%	2%	26%	8%	12%	13%	2%	3%	2,494
Northeastern Family Institute	297	3%	0%	4%	47%	48%	2%	11%	3%	6%	32%	2%	5%	288

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2-6  
Vermont Agency of Human Services  
Department of Mental Health

**LENGTH OF STAY OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	No <u>Data</u>	Year of Admission					Reported <u>N</u>
			Current Fiscal <u>Year</u>	Previous Fiscal <u>Year</u>	3 - 5 Years <u>Earlier</u>	6 - 10 Years <u>Earlier</u>	11+ Years <u>Earlier</u>	
OVERALL	29,504	2%	48%	19%	18%	9%	7%	29,010
<u>Community Service Providers</u>								
CSAC (Addison)	2,060	1%	37%	22%	22%	11%	9%	2,046
NCSS (Northwest)	2,685	1%	41%	21%	16%	14%	8%	2,651
HC (Chittenden)	6,719	0%	46%	21%	19%	9%	5%	6,696
LCC (Lamoille)	664	2%	59%	21%	12%	3%	5%	653
HCRS (Southeast)	4,064	0%	52%	16%	17%	9%	6%	4,062
NKHS (Northeast)	3,175	1%	42%	21%	21%	8%	8%	3,151
CMC (Orange)	2,204	14%	49%	20%	18%	7%	6%	1,898
RMHS (Rutland)	2,733	2%	61%	15%	12%	5%	7%	2,692
UCS (Bennington)	2,110	1%	49%	18%	19%	8%	7%	2,095
WCMH (Washington)	2,793	1%	49%	19%	16%	7%	10%	2,769
Northeastern Family Institute	297	0%	58%	17%	20%	5%	0%	297

See notes 2, 3 and 9.

## 2A: Children's Services Programs

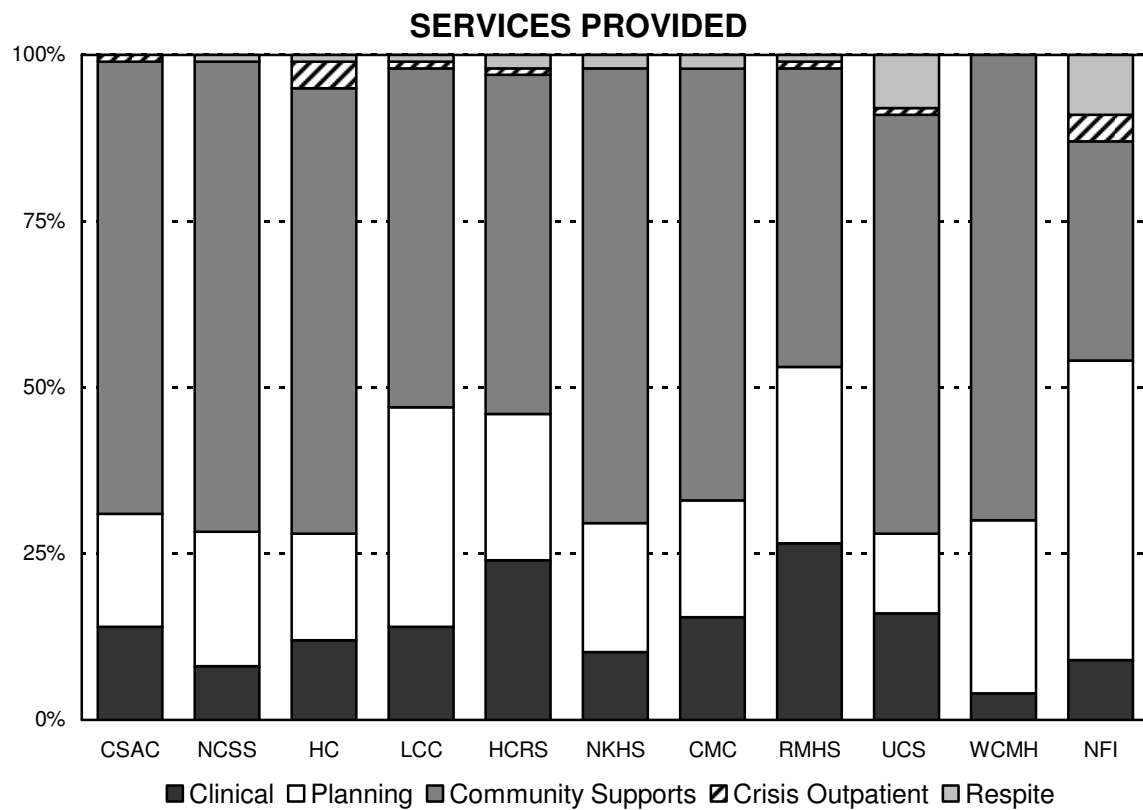




TABLE 2A-1  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**AGE AND GENDER OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Clients Served	Age							Gender	
		0 - 6	7 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	9,783	19%	36%	41%	3%	0%	0%	0%	57%	43%
<u>Community Service Providers</u>										
CSAC (Addison)	847	19%	36%	42%	3%	0%	0%	0%	55%	45%
NCSS (Northwest)	1,049	35%	28%	32%	5%	0%	0%	0%	56%	44%
HC (Chittenden)	1,639	16%	42%	38%	3%	1%	1%	0%	59%	41%
LCC (Lamoille)	329	17%	44%	37%	2%	0%	0%	0%	63%	37%
HCRS (Southeast)	1,672	17%	37%	44%	2%	0%	0%	0%	57%	43%
NKHS (Northeast)	952	16%	42%	39%	2%	0%	0%	0%	61%	39%
CMC (Orange)	615	15%	33%	46%	5%	0%	0%	0%	53%	47%
RMHS (Rutland)	1,030	23%	37%	36%	3%	0%	0%	0%	61%	39%
UCS (Bennington)	456	9%	32%	53%	5%	0%	0%	0%	53%	47%
WCMH (Washington)	897	21%	33%	41%	5%	0%	0%	0%	57%	43%
Northeastern Family Institute	297	1%	16%	83%	0%	0%	0%	0%	35%	65%

See notes 2, 3 and 4.

TABLE 2A-2  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Responsibility for Fee				
		Medicaid	Medicare	Other Insurance	State Agency	Unknown/ Uninsured
OVERALL	9,783	77%	0%	15%	3%	13%
<u>Community Service Providers</u>						
CSAC (Addison)	847	63%	0%	17%	0%	20%
NCSS (Northwest)	1,049	69%	0%	9%	0%	21%
HC (Chittenden)	1,639	87%	1%	16%	5%	4%
LCC (Lamoille)	329	88%	0%	11%	10%	6%
HCRS (Southeast)	1,672	81%	0%	14%	1%	12%
NKHS (Northeast)	952	89%	0%	17%	0%	6%
CMC (Orange)	615	35%	0%	9%	0%	58%
RMHS (Rutland)	1,030	90%	1%	19%	0%	1%
UCS (Bennington)	456	84%	0%	13%	1%	5%
WCMH (Washington)	897	76%	1%	17%	18%	10%
Northeastern Family Institute	297	63%	0%	22%	11%	7%

See notes 2, 3 and especially 6.



TABLE 2A-3  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Organic Brain Syndrome</i>	<i>Schizophrenia and other Psychoses</i>	<i>Affective Disorder</i>	<i>Anxiety Disorder</i>	<i>Personality Disorder</i>	<i>Adjustment Disorder</i>	<i>Social Problem</i>	<i>Substance Abuse</i>	<i>Child Non-Psychotic</i>	<i>Other DSM Disorder</i>	<i>MR/DD</i>	<u>Reported N</u>
OVERALL	9,783	7%	0%	4%	17%	25%	0%	33%	15%	3%	32%	2%	2%	9,080
<u>Community Service Providers</u>														
CSAC (Addison)	847	4%	0%	4%	11%	16%	0%	36%	18%	3%	23%	1%	1%	809
NCSS (Northwest)	1,049	31%	0%	2%	10%	14%	0%	49%	9%	3%	28%	1%	1%	723
HC (Chittenden)	1,639	0%	1%	7%	15%	29%	1%	40%	14%	2%	33%	1%	3%	1,634
LCC (Lamoille)	329	16%	0%	8%	20%	28%	0%	29%	0%	1%	37%	2%	3%	278
HCRS (Southeast)	1,672	9%	0%	4%	17%	24%	0%	21%	26%	1%	31%	2%	2%	1,520
NKHS (Northeast)	952	1%	0%	3%	16%	26%	0%	36%	13%	2%	38%	2%	5%	946
CMC (Orange)	615	10%	0%	3%	10%	28%	1%	35%	11%	4%	33%	1%	2%	554
RMHS (Rutland)	1,030	1%	0%	4%	20%	30%	0%	19%	16%	6%	31%	2%	2%	1,017
UCS (Bennington)	456	2%	0%	3%	25%	33%	1%	36%	2%	4%	35%	2%	2%	446
WCMH (Washington)	897	4%	1%	4%	14%	17%	0%	45%	17%	1%	33%	2%	2%	865
Northeastern Family Institute	297	3%	0%	4%	47%	48%	2%	11%	3%	6%	32%	2%	5%	288

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2A-4  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**LENGTH OF STAY OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	9,783	1%	40%	23%	26%	9%	1%	9,718
<u>Community Service Providers</u>								
CSAC (Addison)	847	1%	31%	25%	30%	11%	2%	840
NCSS (Northwest)	1,049	2%	43%	25%	23%	7%	2%	1,026
HC (Chittenden)	1,639	0%	28%	22%	33%	15%	2%	1,639
LCC (Lamoille)	329	2%	54%	26%	18%	1%	0%	322
HCRS (Southeast)	1,672	0%	40%	20%	27%	11%	1%	1,671
NKHS (Northeast)	952	1%	39%	22%	28%	9%	1%	945
CMC (Orange)	615	0%	47%	23%	22%	6%	2%	613
RMHS (Rutland)	1,030	0%	46%	24%	22%	7%	1%	1,025
UCS (Bennington)	456	0%	39%	26%	28%	7%	0%	454
WCMH (Washington)	897	1%	48%	24%	21%	6%	1%	886
Northeastern Family Institute	297	0%	58%	17%	20%	5%	0%	297

See notes 2, 3 and 9.

TABLE 2A-5  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**CLINICAL INTERVENTIONS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Clinical Interventions		Number of Clinical Interventions	Services as Percent of all Children's Non- Residential Services	Clinical Interventions Per Client
		Number	Percent			
OVERALL	11,261	6,455	57%	68,599	13%	11
<u>Community Service Providers</u>						
CSAC (Addison)	881	507	58%	4,126	14%	8
NCSS (Northwest)	1,341	778	58%	4,459	8%	6
HC (Chittenden)	2,477	1,239	50%	16,305	12%	13
LCC (Lamoille)	336	216	64%	2,173	14%	10
HCRS (Southeast)	1,739	1,189	68%	13,058	24%	11
NKHS (Northeast)	1,025	480	47%	3,890	10%	8
CMC (Orange)	725	517	71%	4,836	15%	9
RMHS (Rutland)	1,049	832	79%	12,075	26%	15
UCS (Bennington)	450	229	51%	1,930	16%	8
WCMH (Washington)	941	392	42%	4,176	4%	11
Northeastern Family Institute	297	76	26%	1,571	9%	21

See notes 2, 3 and 10.

TABLE 2A-5a  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**INDIVIDUAL, FAMILY AND GROUP THERAPY**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Therapy		Number of Therapy <u>Sessions</u>	Services as Percent of all Children's Non- <u>Residential Services</u>	Therapy Sessions <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	11,261	4,238	38%	58,401	11%	14
<u>Community Service Providers</u>						
CSAC (Addison)	881	384	44%	3,679	12%	10
NCSS (Northwest)	1,341	360	27%	3,111	6%	9
HC (Chittenden)	2,477	831	34%	15,120	11%	18
LCC (Lamoille)	336	134	40%	2,034	13%	15
HCRS (Southeast)	1,739	796	46%	10,241	19%	13
NKHS (Northeast)	1,025	284	28%	2,969	8%	10
CMC (Orange)	725	391	54%	4,321	14%	11
RMHS (Rutland)	1,049	606	58%	10,565	23%	17
UCS (Bennington)	450	170	38%	1,583	13%	9
WCMH (Washington)	941	216	23%	3,351	3%	16
Northeastern Family Institute	297	66	22%	1,427	8%	22

See notes 2, 3 and 10.

TABLE 2A-5b  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Medication Services		Number of Medication <u>Services</u>	Services as Percent of all Children's Non- <u>Residential Services</u>	Medication Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	11,261	1,419	13%	5,526	1%	4
<u>Community Service Providers</u>						
CSAC (Addison)	881	36	4%	173	1%	5
NCSS (Northwest)	1,341	157	12%	664	1%	4
HC (Chittenden)	2,477	140	6%	403	0%	3
LCC (Lamoille)	336	9	3%	9	0%	1
HCRS (Southeast)	1,739	408	23%	1,781	3%	4
NKHS (Northeast)	1,025	169	16%	558	1%	3
CMC (Orange)	725	56	8%	126	0%	2
RMHS (Rutland)	1,049	212	20%	890	2%	4
UCS (Bennington)	450	50	11%	246	2%	5
WCMH (Washington)	941	147	16%	550	1%	4
Northeastern Family Institute	297	35	12%	126	1%	4

See notes 2, 3 and 10.

TABLE 2A-5c  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**CLINICAL ASSESSMENT SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Clinical Assessment		Number of Clinical Assessments	Services as Percent of all Children's Non- Residential Services	Clinical Assessment Per Client
		Number	Percent			
OVERALL	11,261	3,774	34%	4,672	1%	1
<u>Community Service Providers</u>						
CSAC (Addison)	881	265	30%	274	1%	1
NCSS (Northwest)	1,341	624	47%	684	1%	1
HC (Chittenden)	2,477	726	29%	782	1%	1
LCC (Lamoille)	336	128	38%	130	1%	1
HCRS (Southeast)	1,739	596	34%	1,036	2%	2
NKHS (Northeast)	1,025	264	26%	363	1%	1
CMC (Orange)	725	326	45%	389	1%	1
RMHS (Rutland)	1,049	519	49%	620	1%	1
UCS (Bennington)	450	100	22%	101	1%	1
WCMH (Washington)	941	208	22%	275	0%	1
Northeastern Family Institute	297	18	6%	18	0%	1

See notes 2, 3 and 10.

TABLE 2A-6  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**SERVICE PLANNING AND COORDINATION**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Planning & Coordination Services		Number of Planning & Coordination Services	Services as Percent of all Children's Non- Residential Services	Planning & Coordination Services Per Client
		Number	Percent			
OVERALL	11,261	6,561	58%	117,488	22%	18
<u>Community Service Providers</u>						
CSAC (Addison)	881	430	49%	5,038	17%	12
NCSS (Northwest)	1,341	666	50%	11,099	20%	17
HC (Chittenden)	2,477	1,339	54%	22,284	16%	17
LCC (Lamoille)	336	228	68%	5,201	33%	23
HCRS (Southeast)	1,739	1,059	61%	11,671	22%	11
NKHS (Northeast)	1,025	691	67%	7,453	19%	11
CMC (Orange)	725	482	66%	5,392	17%	11
RMHS (Rutland)	1,049	840	80%	11,941	26%	14
UCS (Bennington)	450	207	46%	1,540	12%	7
WCMH (Washington)	941	512	54%	27,824	26%	54
Northeastern Family Institute	297	107	36%	8,045	45%	75

See notes 2, 3 and 12.

TABLE 2A-7  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**COMMUNITY SUPPORTS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Community Support Services		Number of Community Support Services	Services as Percent of all Children's Non- Residential Services	Community Support Services Per Client
		Number	Percent			
OVERALL	11,261	8,151	72%	339,242	62%	42
<u>Community Service Providers</u>						
CSAC (Addison)	881	557	63%	20,244	68%	36
NCSS (Northwest)	1,341	980	73%	38,088	70%	39
HC (Chittenden)	2,477	1,625	66%	91,179	67%	56
LCC (Lamoille)	336	230	68%	8,162	51%	35
HCRS (Southeast)	1,739	1,331	77%	27,389	51%	21
NKHS (Northeast)	1,025	902	88%	25,604	67%	28
CMC (Orange)	725	659	91%	19,707	63%	30
RMHS (Rutland)	1,049	703	67%	20,371	44%	29
UCS (Bennington)	450	305	68%	7,725	63%	25
WCMH (Washington)	941	772	82%	74,928	70%	97
Northeastern Family Institute	297	87	29%	5,845	33%	67

See notes 2, 3 and 13.



TABLE 2A-8a  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Emergency/Crisis Services		Number of Emergency/Crisis Services	Services as Percent of all Children's Non- Residential Services	Emergency/ Crisis Services Per Client
		Number	Percent			
OVERALL	11,261	1,996	18%	8,356	2%	4
<u>Community Service Providers</u>						
CSAC (Addison)	881	127	14%	268	1%	2
NCSS (Northwest)	1,341	86	6%	241	0%	3
HC (Chittenden)	2,477	893	36%	5,501	4%	6
LCC (Lamoille)	336	85	25%	179	1%	2
HCRS (Southeast)	1,739	297	17%	443	1%	1
NKHS (Northeast)	1,025	18	2%	38	0%	2
CMC (Orange)	725	8	1%	9	0%	1
RMHS (Rutland)	1,049	180	17%	459	1%	3
UCS (Bennington)	450	70	16%	142	1%	2
WCMH (Washington)	941	177	19%	277	0%	2
Northeastern Family Institute	297	55	19%	799	4%	15

See notes 2, 3 and 15.

TABLE 2A-8b  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**EMERGENCY/CRISIS BEDS**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Emergency/Crisis Bed Services		Days of Emergency/Crisis Bed Services	Emergency/Crisis Bed Services Per Client
		Number	Percent		
OVERALL	11,261	252	2%	2,467	10
<u>Community Service Providers</u>					
CSAC (Addison)	881	0	0%	0	
NCSS (Northwest)	1,341	0	0%	0	
HC (Chittenden)	2,477	25	1%	300	12
LCC (Lamoille)	336	19	6%	192	10
HCRS (Southeast)	1,739	0	0%	0	
NKHS (Northeast)	1,025	0	0%	0	
CMC (Orange)	725	0	0%	0	
RMHS (Rutland)	1,049	0	0%	0	
UCS (Bennington)	450	0	0%	0	
WCMH (Washington)	941	17	2%	62	4
Northeastern Family Institute	297	191	64%	1,913	10

See notes 2, 3 and 15.

TABLE 2A-9  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**HOUSING AND HOME SUPPORTS**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Housing & Home Supports		Days of Housing & Home Support Services	Housing & Home Support Services Per Client
		Number	Percent		
OVERALL	11,261	386	3%	46,255	120
<u>Community Service Providers</u>					
CSAC (Addison)	881	1	0%	2	2
NCSS (Northwest)	1,341	0	0%	0	
HC (Chittenden)	2,477	72	3%	9,942	138
LCC (Lamoille)	336	8	2%	858	107
HCRS (Southeast)	1,739	5	0%	422	84
NKHS (Northeast)	1,025	0	0%	0	
CMC (Orange)	725	0	0%	0	
RMHS (Rutland)	1,049	0	0%	0	
UCS (Bennington)	450	0	0%	0	
WCMH (Washington)	941	237	25%	23,877	101
Northeastern Family Institute	297	63	21%	11,154	177

See notes 2, 3 and 16.

TABLE 2A-10  
Vermont Agency of Human Services  
Department of Mental Health  
**CHILDREN'S SERVICES PROGRAMS**

**RESPITE SERVICES**  
Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Respite Services		Number of Respite <u>Services</u>	Services as Percent of all Children's Non- <u>Residential Services</u>	Respite Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	11,261	385	3%	7,483	1%	19
<u>Community Service Providers</u>						
CSAC (Addison)	881	1	0%	10	0%	10
NCSS (Northwest)	1,341	38	3%	480	1%	13
HC (Chittenden)	2,477	35	1%	855	1%	24
LCC (Lamoille)	336	28	8%	238	1%	8
HCRS (Southeast)	1,739	71	4%	1,290	2%	18
NKHS (Northeast)	1,025	51	5%	768	2%	15
CMC (Orange)	725	42	6%	517	2%	12
RMHS (Rutland)	1,049	40	4%	441	1%	11
UCS (Bennington)	450	21	5%	1,015	8%	48
WCMH (Washington)	941	21	2%	324	0%	15
Northeastern Family Institute	297	37	12%	1,545	9%	42

See notes 2, 3 and 17.

## 2B: Adult Mental Health Outpatient Programs

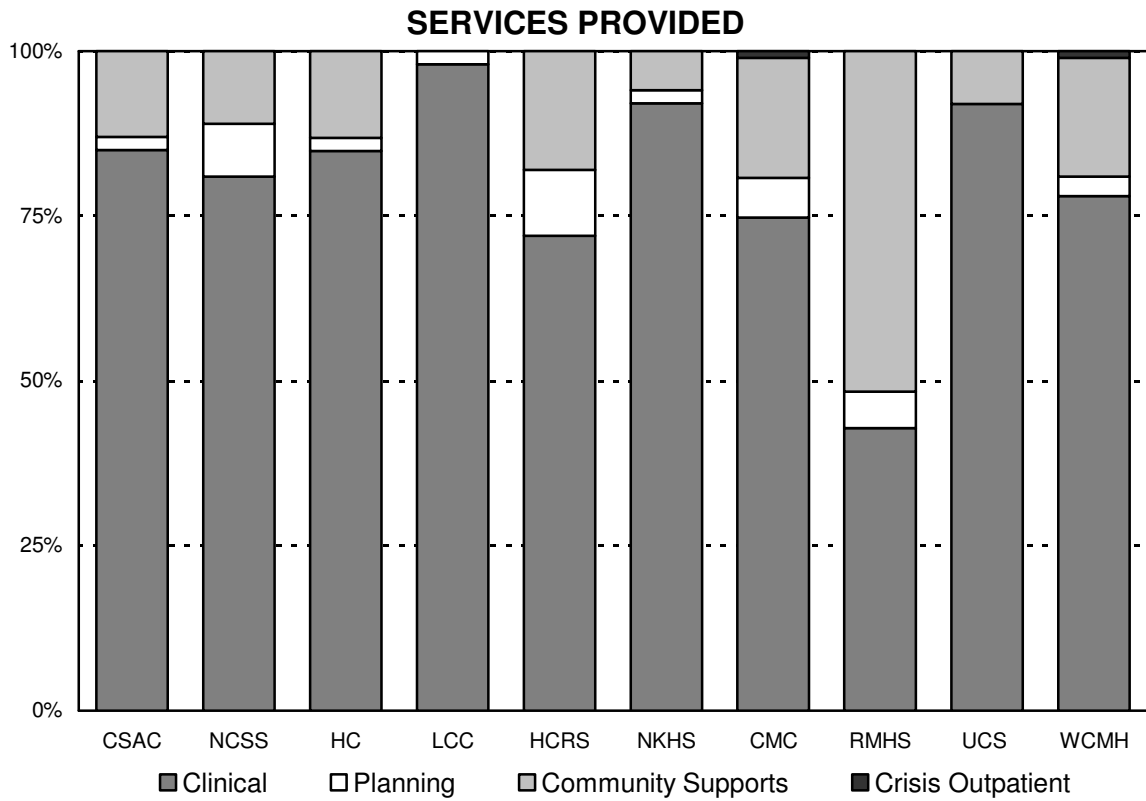




TABLE 2B-1  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**AGE AND GENDER OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Clients Served	Age						Gender	
		0 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	6,366	0%	2%	33%	30%	23%	11%	38%	62%
<u>Community Service Providers</u>									
CSAC (Addison)	755	0%	5%	35%	25%	21%	13%	37%	63%
NCSS (Northwest)	646	0%	5%	34%	28%	20%	12%	40%	60%
HC (Chittenden)	489	0%	1%	37%	27%	20%	15%	45%	55%
LCC (Lamoille)	55	0%	0%	49%	40%	7%	4%	33%	67%
HCRS (Southeast)	749	0%	2%	32%	28%	23%	15%	37%	63%
NKHS (Northeast)	1,025	0%	2%	32%	33%	26%	7%	39%	61%
CMC (Orange)	642	0%	3%	34%	36%	23%	4%	44%	56%
RMHS (Rutland)	247	0%	1%	21%	29%	23%	25%	39%	61%
UCS (Bennington)	809	0%	1%	32%	30%	27%	10%	35%	65%
WCMH (Washington)	949	0%	1%	36%	29%	22%	12%	36%	64%

See notes 2, 3 and 4

TABLE 2B-2  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total <u>Clients Served</u>	Responsibility for Fee				
		<u>Medicaid</u>	<u>Medicare</u>	<u>Other Insurance</u>	<u>State Agency</u>	<u>Unknown/ Uninsured</u>
OVERALL	6,366	56%	26%	25%	3%	12%
<u>Community Service Providers</u>						
CSAC (Addison)	755	30%	20%	32%	0%	18%
NCSS (Northwest)	646	42%	26%	23%	0%	10%
HC (Chittenden)	489	60%	28%	25%	4%	8%
LCC (Lamoille)	55	65%	11%	25%	0%	7%
HCRS (Southeast)	749	59%	29%	32%	1%	10%
NKHS (Northeast)	1,025	67%	31%	18%	0%	9%
CMC (Orange)	642	50%	15%	25%	0%	23%
RMHS (Rutland)	247	72%	37%	31%	7%	7%
UCS (Bennington)	809	60%	28%	29%	7%	8%
WCMH (Washington)	949	65%	26%	17%	7%	14%

See notes 2, 3 and especially 6.



TABLE 2B-3  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Community Service Providers

Fiscal Year 2012

	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Organic Brain Syndrome</i>	<i>Schizophrenia and other Psychoses</i>	<i>Affective Disorder</i>	<i>Anxiety Disorder</i>	<i>Personality Disorder</i>	<i>Adjustment Disorder</i>	<i>Social Problem</i>	<i>Substance Abuse</i>	<i>Child Non-Psychotic</i>	<i>Other DSM Disorder</i>	<i>MR/DD</i>	<u>Reported N</u>
OVERALL	6,366	6%	2%	4%	56%	39%	8%	18%	3%	15%	4%	2%	1%	6,010
<u>Community Service Providers</u>														
CSAC (Addison)	755	2%	2%	3%	57%	31%	2%	20%	2%	7%	4%	2%	1%	737
NCSS (Northwest)	646	6%	2%	5%	52%	29%	6%	29%	1%	15%	3%	1%	1%	605
HC (Chittenden)	489	0%	3%	3%	55%	49%	6%	23%	3%	18%	6%	1%	0%	488
LCC (Lamoille)	55	2%	0%	0%	56%	48%	6%	13%	0%	4%	11%	0%	0%	54
HCRS (Southeast)	749	7%	3%	5%	44%	27%	4%	21%	4%	13%	3%	3%	0%	699
NKHS (Northeast)	1,025	0%	2%	7%	68%	40%	17%	8%	2%	15%	11%	2%	0%	1,022
CMC (Orange)	642	11%	0%	1%	38%	37%	6%	25%	1%	20%	1%	6%	0%	573
RMHS (Rutland)	247	19%	11%	6%	64%	31%	21%	10%	2%	27%	1%	0%	2%	199
UCS (Bennington)	809	1%	2%	4%	60%	49%	14%	16%	5%	16%	4%	4%	1%	804
WCMH (Washington)	949	13%	2%	6%	59%	49%	1%	16%	4%	12%	1%	2%	2%	829

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2B-4  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**LENGTH OF STAY OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	No <u>Data</u>	Year of Admission					Reported <u>N</u>
			Current Fiscal <u>Year</u>	Previous Fiscal <u>Year</u>	3 - 5 Years <u>Earlier</u>	6 - 10 Years <u>Earlier</u>	11+ Years <u>Earlier</u>	
OVERALL	6,366	1%	46%	20%	17%	9%	7%	6,327
<u>Community Service Providers</u>								
CSAC (Addison)	755	1%	45%	22%	17%	8%	9%	749
NCSS (Northwest)	646	1%	41%	23%	11%	14%	11%	640
HC (Chittenden)	489	0%	50%	23%	17%	6%	4%	487
LCC (Lamoille)	55	2%	83%	15%	0%	0%	2%	54
HCRS (Southeast)	749	0%	56%	15%	13%	8%	8%	749
NKHS (Northeast)	1,025	1%	34%	20%	26%	11%	9%	1,019
CMC (Orange)	642	1%	54%	20%	17%	5%	4%	638
RMHS (Rutland)	247	1%	68%	15%	5%	7%	4%	244
UCS (Bennington)	809	0%	40%	19%	22%	12%	7%	808
WCMH (Washington)	949	1%	47%	22%	18%	8%	5%	939

See notes 2, 3 and 9.

TABLE 2B-5  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**CLINICAL INTERVENTIONS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Clinical Interventions		Number of Clinical Interventions	Services as Percent of all Adult Outpatient Non-Residential Services	Clinical Interventions Per Client
		Number	Percent			
OVERALL	7,806	7,079	91%	61,286	80%	9
<u>Community Service Providers</u>						
CSAC (Addison)	843	804	95%	6,814	85%	8
NCSS (Northwest)	974	946	97%	8,069	81%	9
HC (Chittenden)	632	605	96%	5,403	84%	9
LCC (Lamoille)	71	71	100%	606	98%	9
HCRS (Southeast)	978	883	90%	4,911	72%	6
NKHS (Northeast)	1,247	1,232	99%	8,601	93%	7
CMC (Orange)	902	679	75%	7,269	74%	11
RMHS (Rutland)	274	179	65%	1,465	39%	8
UCS (Bennington)	863	844	98%	8,717	92%	10
WCMH (Washington)	1,022	836	82%	9,431	78%	11

See notes 2, 3 and 10.

TABLE 2B-5a  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**INDIVIDUAL, FAMILY AND GROUP THERAPY**

Community Service Providers

Fiscal Year 2012

	Total Clients Served	Clients Receiving Therapy		Number of Therapy Sessions	Services as Percent of all Adult Outpatient Non-Residential Services	Therapy Sessions Per Client
		Number	Percent			
OVERALL	7,806	4,545	58%	44,990	59%	10
<u>Community Service Providers</u>						
CSAC (Addison)	843	570	68%	4,860	60%	9
NCSS (Northwest)	974	728	75%	6,437	64%	9
HC (Chittenden)	632	445	70%	4,705	74%	11
LCC (Lamoille)	71	50	70%	533	86%	11
HCRS (Southeast)	978	407	42%	3,729	55%	9
NKHS (Northeast)	1,247	380	30%	2,748	30%	7
CMC (Orange)	902	549	61%	6,174	63%	11
RMHS (Rutland)	274	87	32%	901	24%	10
UCS (Bennington)	863	674	78%	7,112	75%	11
WCMH (Washington)	1,022	655	64%	7,791	65%	12

See notes 2, 3 and 10.

TABLE 2B-5b  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**  
Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Medication Services		Number of Medication <u>Services</u>	Services as Percent of all Adult Outpatient <u>Non-Residential Services</u>	Medication Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	7,806	2,571	33%	11,864	16%	5
<u>Community Service Providers</u>						
CSAC (Addison)	843	393	47%	1,572	20%	4
NCSS (Northwest)	974	214	22%	940	9%	4
HC (Chittenden)	632	76	12%	367	6%	5
LCC (Lamoille)	71	10	14%	14	2%	1
HCRS (Southeast)	978	118	12%	409	6%	3
NKHS (Northeast)	1,247	964	77%	5,276	57%	5
CMC (Orange)	902	193	21%	610	6%	3
RMHS (Rutland)	274	79	29%	324	9%	4
UCS (Bennington)	863	283	33%	1,223	13%	4
WCMH (Washington)	1,022	241	24%	1,129	9%	5

See notes 2, 3 and 10.

TABLE 2B-5c  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**CLINICAL ASSESSMENT SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Clinical Assessment		Number of Clinical Assessments	Services as Percent of all Adult Outpatient Non-Residential Services	Clinical Assessment Per Client
		Number	Percent			
OVERALL	7,806	3,678	47%	4,432	6%	1
<u>Community Service Providers</u>						
CSAC (Addison)	843	343	41%	382	5%	1
NCSS (Northwest)	974	612	63%	692	7%	1
HC (Chittenden)	632	312	49%	331	5%	1
LCC (Lamoille)	71	56	79%	59	10%	1
HCRS (Southeast)	978	612	63%	773	11%	1
NKHS (Northeast)	1,247	454	36%	577	6%	1
CMC (Orange)	902	405	45%	485	5%	1
RMHS (Rutland)	274	133	49%	240	6%	2
UCS (Bennington)	863	347	40%	382	4%	1
WCMH (Washington)	1,022	404	40%	511	4%	1

See notes 2, 3 and 10.

TABLE 2B-6  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**SERVICE PLANNING AND COORDINATION**

Community Service Providers

Fiscal Year 2012

	Total Clients Served	Clients Receiving Planning & Coordination Services		Number of Planning & Coordination Services	Services as Percent of all Adult Outpatient Non-Residential Services	Planning & Coordination Services Per Client
		Number	Percent			
OVERALL	7,806	895	11%	3,231	4%	4
<u>Community Service Providers</u>						
CSAC (Addison)	843	103	12%	193	2%	2
NCSS (Northwest)	974	130	13%	831	8%	6
HC (Chittenden)	632	88	14%	159	2%	2
LCC (Lamoille)	71	4	6%	10	2%	2
HCRS (Southeast)	978	147	15%	679	10%	5
NKHS (Northeast)	1,247	74	6%	142	2%	2
CMC (Orange)	902	225	25%	621	6%	3
RMHS (Rutland)	274	56	20%	177	5%	3
UCS (Bennington)	863	0	0%	0	0%	
WCMH (Washington)	1,022	68	7%	419	3%	6

See notes 2, 3 and 12.

TABLE 2B-7  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**COMMUNITY SUPPORTS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving <u>Community Support Services</u>		Number of Community <u>Support Services</u>	Services as Percent of all Adult Outpatient <u>Non-Residential Services</u>	Community Support Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	7,806	2,107	27%	11,099	15%	5
<u>Community Service Providers</u>						
CSAC (Addison)	843	130	15%	1,028	13%	8
NCSS (Northwest)	974	126	13%	1,085	11%	9
HC (Chittenden)	632	97	15%	837	13%	9
LCC (Lamoille)	71	2	3%	2	0%	1
HCRS (Southeast)	978	208	21%	1,238	18%	6
NKHS (Northeast)	1,247	152	12%	536	6%	4
CMC (Orange)	902	621	69%	1,771	18%	3
RMHS (Rutland)	274	143	52%	1,770	47%	12
UCS (Bennington)	863	44	5%	709	8%	16
WCMH (Washington)	1,022	584	57%	2,123	18%	4

See notes 2, 3 and 13.



TABLE 2B-8  
Vermont Agency of Human Services  
Department of Mental Health  
**ADULT MENTAL HEALTH OUTPATIENT SERVICES**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Emergency/Crisis Services		Number of Emergency/Crisis Services	Services as Percent of all Adult Outpatient Non-Residential Services	Emergency/ Crisis Services Per Client
		Number	Percent			
OVERALL	7,806	149	2%	212	0%	1
<u>Community Service Providers</u>						
CSAC (Addison)	843	0	0%	0	0%	
NCSS (Northwest)	974	0	0%	0	0%	
HC (Chittenden)	632	0	0%	0	0%	
LCC (Lamoille)	71	0	0%	0	0%	
HCRS (Southeast)	978	0	0%	0	0%	
NKHS (Northeast)	1,247	0	0%	0	0%	
CMC (Orange)	902	95	11%	147	1%	2
RMHS (Rutland)	274	0	0%	0	0%	
UCS (Bennington)	863	0	0%	0	0%	
WCMH (Washington)	1,022	54	5%	65	1%	1

See notes 2, 3 and 15.



# 2C: Community Rehabilitation and Treatment Programs

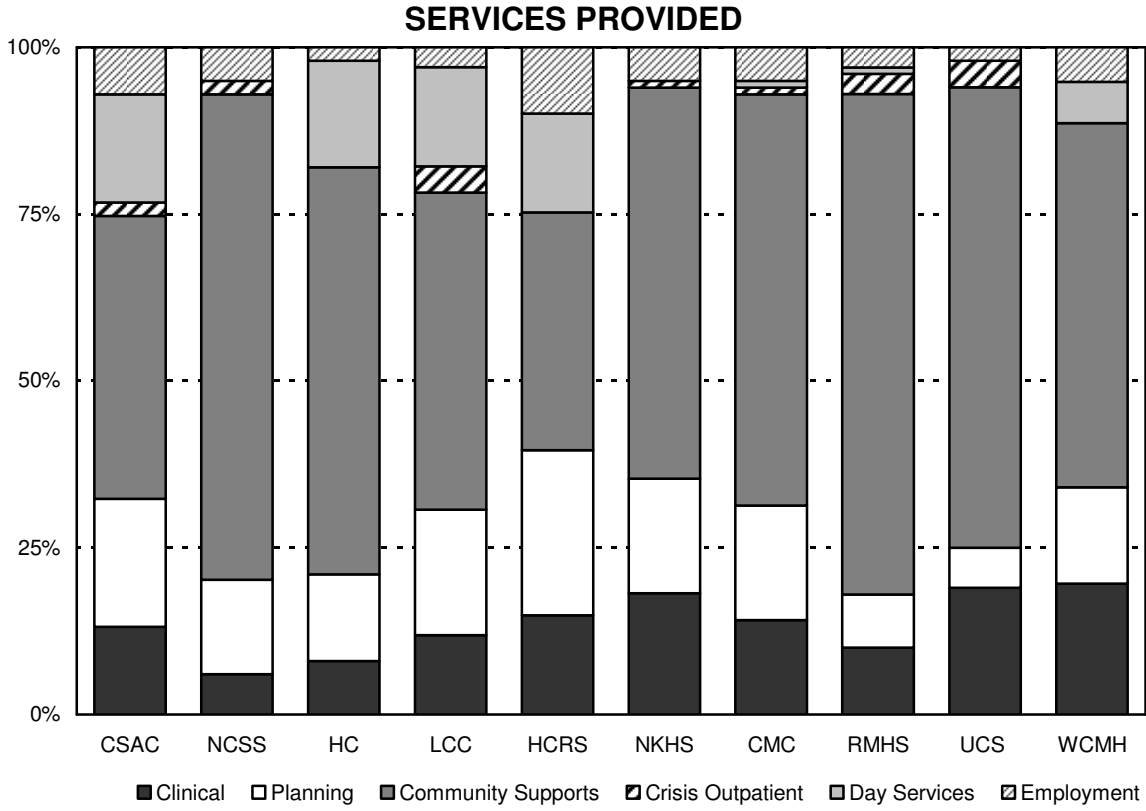




TABLE 2C-1  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**AGE AND GENDER OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Clients Served	Age						Gender	
		0 - 12	13 - 19	20 - 34	35 - 49	50 - 64	65 +	Male	Female
OVERALL	2,769	0%	1%	17%	29%	42%	11%	48%	52%
<u>Community Service Providers</u>									
CSAC (Addison)	187	0%	1%	20%	25%	42%	12%	51%	49%
NCSS (Northwest)	234	0%	0%	17%	30%	44%	8%	46%	54%
HC (Chittenden)	655	0%	1%	19%	35%	36%	9%	56%	44%
LCC (Lamoille)	140	0%	3%	18%	30%	39%	10%	49%	51%
HCRS (Southeast)	400	0%	1%	17%	32%	41%	8%	44%	57%
NKHS (Northeast)	254	0%	1%	18%	23%	43%	15%	51%	49%
CMC (Orange)	169	0%	1%	21%	28%	40%	10%	41%	59%
RMHS (Rutland)	274	0%	0%	15%	27%	43%	15%	43%	57%
UCS (Bennington)	156	0%	0%	9%	29%	48%	13%	41%	59%
WCMH (Washington)	300	0%	0%	12%	23%	47%	18%	47%	53%

See notes 2, 3 and 4.

TABLE 2C-2  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total <u>Clients Served</u>	Responsibility for Fee				
		<u>Medicaid</u>	<u>Medicare</u>	<u>Other Insurance</u>	<u>State Agency</u>	<u>Unknown/ Uninsured</u>
OVERALL	2,769	74%	54%	12%	17%	3%
<u>Community Service Providers</u>						
CSAC (Addison)	187	36%	48%	6%	0%	10%
NCSS (Northwest)	234	43%	48%	7%	0%	3%
HC (Chittenden)	655	97%	40%	9%	0%	1%
LCC (Lamoille)	140	96%	44%	1%	0%	4%
HCRS (Southeast)	400	79%	58%	9%	2%	7%
NKHS (Northeast)	254	82%	59%	26%	0%	3%
CMC (Orange)	169	68%	38%	11%	20%	9%
RMHS (Rutland)	274	97%	76%	28%	5%	0%
UCS (Bennington)	156	2%	73%	8%	95%	3%
WCMH (Washington)	300	70%	72%	12%	85%	0%

See notes 2, 3 and especially 6.

TABLE 2C-3  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	<i>Total Clients Served</i>	<i>No Dx Data</i>	<i>Organic Brain Syndrome</i>	<i>Schizophrenia and other Psychoses</i>	<i>Affective Disorder</i>	<i>Anxiety Disorder</i>	<i>Personality Disorder</i>	<i>Adjustment Disorder</i>	<i>Social Problem</i>	<i>Substance Abuse</i>	<i>Child Non-Psychotic</i>	<i>Other DSM Disorder</i>	<i>MRI/DD</i>	<u>Reported</u> <u>N</u>
OVERALL	2,769	2%	1%	49%	41%	24%	19%	1%	1%	29%	2%	1%	2%	2,711
<u>Community Service Providers</u>														
CSAC (Addison)	187	1%	0%	48%	46%	17%	12%	1%	1%	20%	1%	2%	3%	186
NCSS (Northwest)	234	3%	1%	37%	54%	25%	22%	1%	2%	38%	1%	0%	1%	228
HC (Chittenden)	655	0%	1%	57%	36%	20%	22%	1%	1%	34%	3%	1%	1%	654
LCC (Lamoille)	140	3%	3%	43%	46%	37%	9%	1%	0%	18%	2%	0%	2%	136
HCRS (Southeast)	400	9%	1%	41%	43%	25%	12%	1%	1%	27%	1%	1%	1%	364
NKHS (Northeast)	254	0%	2%	60%	39%	20%	19%	1%	1%	15%	1%	2%	2%	254
CMC (Orange)	169	4%	1%	40%	32%	29%	25%	1%	1%	28%	2%	1%	1%	163
RMHS (Rutland)	274	0%	1%	49%	37%	20%	33%	1%	0%	34%	0%	1%	1%	274
UCS (Bennington)	156	1%	1%	49%	52%	39%	39%	0%	2%	30%	3%	3%	2%	155
WCMH (Washington)	300	1%	1%	52%	38%	24%	5%	1%	1%	31%	2%	3%	7%	297

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 2, 3 and 7.

TABLE 2C-4  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**LENGTH OF STAY OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	No Data	Year of Admission					Reported N
			Current Fiscal Year	Previous Fiscal Year	3 - 5 Years Earlier	6 - 10 Years Earlier	11+ Years Earlier	
OVERALL	2,769	0%	7%	9%	17%	23%	43%	2,767
<u>Community Service Providers</u>								
CSAC (Addison)	187	0%	2%	5%	18%	25%	50%	187
NCSS (Northwest)	234	0%	8%	8%	13%	58%	13%	234
HC (Chittenden)	655	0%	7%	7%	22%	26%	39%	655
LCC (Lamoille)	140	1%	27%	24%	15%	12%	22%	139
HCRS (Southeast)	400	0%	10%	12%	17%	22%	39%	400
NKHS (Northeast)	254	0%	5%	5%	16%	20%	54%	253
CMC (Orange)	169	0%	9%	12%	28%	20%	31%	169
RMHS (Rutland)	274	0%	6%	12%	14%	13%	56%	274
UCS (Bennington)	156	0%	6%	5%	17%	23%	49%	156
WCMH (Washington)	300	0%	2%	5%	8%	12%	73%	300

See notes 2, 3 and 9.



TABLE 2C-5  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**CLINICAL INTERVENTIONS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Clinical Interventions		Number of Clinical Interventions	Services as Percent of all CRT Non-Residential Services	Clinical Interventions Per Client
		Number	Percent			
OVERALL	3,107	2,728	88%	54,464	13%	20
<u>Community Service Providers</u>						
CSAC (Addison)	211	174	82%	3,572	13%	21
NCSS (Northwest)	290	216	74%	2,624	6%	12
HC (Chittenden)	690	591	86%	4,437	8%	8
LCC (Lamoille)	142	116	82%	3,613	12%	31
HCRS (Southeast)	420	386	92%	8,122	15%	21
NKHS (Northeast)	294	271	92%	6,392	18%	24
CMC (Orange)	179	167	93%	4,688	14%	28
RMHS (Rutland)	302	281	93%	3,744	10%	13
UCS (Bennington)	167	153	92%	4,379	19%	29
WCMH (Washington)	412	373	91%	12,893	19%	35

See notes 2, 3 and 10.

TABLE 2C-5a  
 Vermont Agency of Human Services  
 Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**INDIVIDUAL, FAMILY AND GROUP THERAPY**

Community Service Providers  
 Fiscal Year 2012

	Total Clients Served	Clients Receiving Therapy		Number of Therapy Sessions	Services as Percent of all CRT Non-Residential Services	Therapy Sessions Per Client
		Number	Percent			
OVERALL	3,107	1,225	39%	26,440	7%	22
<u>Community Service Providers</u>						
CSAC (Addison)	211	114	54%	2,241	8%	20
NCSS (Northwest)	290	76	26%	1,260	3%	17
HC (Chittenden)	690	55	8%	153	0%	3
LCC (Lamoille)	142	73	51%	1,631	5%	22
HCRS (Southeast)	420	265	63%	4,516	8%	17
NKHS (Northeast)	294	90	31%	1,309	4%	15
CMC (Orange)	179	117	65%	3,328	10%	28
RMHS (Rutland)	302	101	33%	1,821	5%	18
UCS (Bennington)	167	106	63%	3,623	16%	34
WCMH (Washington)	412	228	55%	6,558	10%	29

See notes 2, 3 and 10.

TABLE 2C-5b  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Medication Services		Number of Medication <u>Services</u>	Services as Percent of all CRT <u>Non-Residential Services</u>	Medication Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	3,107	2,521	81%	27,351	7%	11
<u>Community Service Providers</u>						
CSAC (Addison)	211	159	75%	1,321	5%	8
NCSS (Northwest)	290	207	71%	1,243	3%	6
HC (Chittenden)	690	548	79%	4,039	7%	7
LCC (Lamoille)	142	85	60%	1,939	6%	23
HCRS (Southeast)	420	351	84%	3,534	6%	10
NKHS (Northeast)	294	263	89%	5,043	15%	19
CMC (Orange)	179	158	88%	1,329	4%	8
RMHS (Rutland)	302	274	91%	1,913	5%	7
UCS (Bennington)	167	145	87%	748	3%	5
WCMH (Washington)	412	331	80%	6,242	9%	19

See notes 2, 3 and 10.

TABLE 2C-5c  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**CLINICAL ASSESSMENT SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Clinical Assessment		Number of Clinical <u>Assessments</u>	Services as Percent of all CRT <u>Non-Residential Services</u>	Clinical Assessment <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	3,107	604	19%	673	0%	1
<u>Community Service Providers</u>						
CSAC (Addison)	211	10	5%	10	0%	1
NCSS (Northwest)	290	103	36%	121	0%	1
HC (Chittenden)	690	239	35%	245	0%	1
LCC (Lamoille)	142	39	27%	43	0%	1
HCRS (Southeast)	420	66	16%	72	0%	1
NKHS (Northeast)	294	29	10%	40	0%	1
CMC (Orange)	179	30	17%	31	0%	1
RMHS (Rutland)	302	10	3%	10	0%	1
UCS (Bennington)	167	7	4%	8	0%	1
WCMH (Washington)	412	71	17%	93	0%	1

See notes 2, 3 and 10.

TABLE 2C-6  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**DAY SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Day Services		Number of Day Services	Services as Percent of all CRT Non-Residential Services	Day Services Per Client
		Number	Percent			
OVERALL	3,107	555	18%	30,454	8%	55
<u>Community Service Providers</u>						
CSAC (Addison)	211	48	23%	4,492	16%	94
NCSS (Northwest)	290	0	0%	0	0%	
HC (Chittenden)	690	175	25%	9,016	16%	52
LCC (Lamoille)	142	61	43%	4,531	15%	74
HCRS (Southeast)	420	162	39%	8,249	15%	51
NKHS (Northeast)	294	0	0%	0	0%	
CMC (Orange)	179	23	13%	243	1%	11
RMHS (Rutland)	302	16	5%	195	1%	12
UCS (Bennington)	167	0	0%	0	0%	
WCMH (Washington)	412	70	17%	3,728	6%	53

See notes 2, 3 and 11.

TABLE 2C-7  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**SERVICE PLANNING AND COORDINATION**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving		Number of Planning & Coordination <u>Services</u>	Services as Percent of all CRT <u>Non-Residential Services</u>	Planning & Coordination <u>Services Per Client</u>
		<u>Planning &amp; Coordination Services</u>				
		<u>Number</u>	<u>Percent</u>			
OVERALL	3,107	2,622	84%	63,634	16%	24
<u>Community Service Providers</u>						
CSAC (Addison)	211	165	78%	5,360	19%	32
NCSS (Northwest)	290	224	77%	5,878	14%	26
HC (Chittenden)	690	550	80%	7,524	13%	14
LCC (Lamoille)	142	135	95%	5,713	19%	42
HCRS (Southeast)	420	398	95%	13,453	25%	34
NKHS (Northeast)	294	246	84%	5,864	17%	24
CMC (Orange)	179	166	93%	5,722	17%	34
RMHS (Rutland)	302	258	85%	3,131	8%	12
UCS (Bennington)	167	132	79%	1,419	6%	11
WCMH (Washington)	412	348	84%	9,570	14%	27

See notes 2, 3 and 12.

TABLE 2C-8  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**COMMUNITY SUPPORTS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Community Support Services		Number of Community Support Services	Services as Percent of all CRT Non-Residential Services	Community Support Services Per Client
		Number	Percent			
OVERALL	3,107	2,778	89%	230,019	57%	83
<u>Community Service Providers</u>						
CSAC (Addison)	211	181	86%	11,664	42%	64
NCSS (Northwest)	290	254	88%	29,626	72%	117
HC (Chittenden)	690	606	88%	35,270	61%	58
LCC (Lamoille)	142	132	93%	14,523	48%	110
HCRS (Southeast)	420	392	93%	19,575	36%	50
NKHS (Northeast)	294	247	84%	20,330	58%	82
CMC (Orange)	179	166	93%	20,146	61%	121
RMHS (Rutland)	302	280	93%	28,155	75%	101
UCS (Bennington)	167	140	84%	15,494	69%	111
WCMH (Washington)	412	380	92%	35,236	53%	93

See notes 2, 3 and 13.

TABLE 2C-9  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**EMPLOYMENT SERVICES**  
Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving <u>Employment Services</u>		Number of Employment <u>Services</u>	Services as Percent of all CRT <u>Non-Residential Services</u>	Employment Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	3,107	983	32%	19,872	5%	20
<u>Community Service Providers</u>						
CSAC (Addison)	211	57	27%	2,035	7%	36
NCSS (Northwest)	290	99	34%	2,261	5%	23
HC (Chittenden)	690	145	21%	1,219	2%	8
LCC (Lamoille)	142	54	38%	839	3%	16
HCRS (Southeast)	420	170	40%	5,214	10%	31
NKHS (Northeast)	294	73	25%	1,833	5%	25
CMC (Orange)	179	80	45%	1,692	5%	21
RMHS (Rutland)	302	123	41%	1,280	3%	10
UCS (Bennington)	167	61	37%	453	2%	7
WCMH (Washington)	412	121	29%	3,046	5%	25

See notes 2, 3 and 14.



TABLE 2C-10a  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**  
**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving <u>Emergency/Crisis Services</u>		Number of Emergency/Crisis <u>Services</u>	Services as Percent of all CRT <u>Non-Residential Services</u>	Emergency/ Crisis Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	3,107	749	24%	5,540	1%	7
<u>Community Service Providers</u>						
CSAC (Addison)	211	81	38%	632	2%	8
NCSS (Northwest)	290	106	37%	807	2%	8
HC (Chittenden)	690	4	1%	6	0%	1
LCC (Lamoille)	142	83	58%	1,090	4%	13
HCRS (Southeast)	420	69	16%	163	0%	2
NKHS (Northeast)	294	65	22%	240	1%	4
CMC (Orange)	179	44	25%	273	1%	6
RMHS (Rutland)	302	128	42%	1,165	3%	9
UCS (Bennington)	167	67	40%	846	4%	13
WCMH (Washington)	412	102	25%	318	0%	3

See notes 2, 3 and 15.

TABLE 2C-10b  
 Vermont Agency of Human Services  
 Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**EMERGENCY/CRISIS BEDS**  
 Community Service Providers  
 Fiscal Year 2012

	Total Clients Served	Clients Receiving Emergency/Crisis Bed		Days of Emergency/Crisis Bed Services	Emergency/Crisis Bed Services Per Client
		Number	Percent		
OVERALL	3,107	382	12%	5,272	14
<u>Community Service Providers</u>					
CSAC (Addison)	211	0	0%	0	
NCSS (Northwest)	290	88	30%	573	7
HC (Chittenden)	690	77	11%	664	9
LCC (Lamoille)	142	7	5%	25	4
HCRS (Southeast)	420	75	18%	1,013	14
NKHS (Northeast)	294	0	0%	0	
CMC (Orange)	179	8	4%	28	3
RMHS (Rutland)	302	32	11%	729	23
UCS (Bennington)	167	53	32%	1,421	27
WCMH (Washington)	412	42	10%	819	19

See notes 2, 3 and 15.

TABLE 2C-11  
Vermont Agency of Human Services  
Department of Mental Health  
**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**HOUSING AND HOME SUPPORTS**

Community Service Providers

Fiscal Year 2012

	Total Clients Served	Clients Receiving <u>Housing &amp; Home Supports</u>		Days of Housing & Home Support Services	Housing & Home <u>Support Services</u> Per Client
		<u>Number</u>	<u>Percent</u>		
OVERALL	3,107	282	9%	51,856	184
<u>Community Service Providers</u>					
CSAC (Addison)	211	29	14%	4,321	149
NCSS (Northwest)	290	33	11%	3,905	118
HC (Chittenden)	690	86	12%	16,469	191
LCC (Lamoille)	142	33	23%	9,087	275
HCRS (Southeast)	420	34	8%	5,532	163
NKHS (Northeast)	294	1	0%	26	26
CMC (Orange)	179	12	7%	1,316	110
RMHS (Rutland)	302	0	0%	0	
UCS (Bennington)	167	10	6%	2,415	241
WCMH (Washington)	412	44	11%	8,785	200

See notes 2, 3 and 16.



## 2D: Substance Abuse Programs

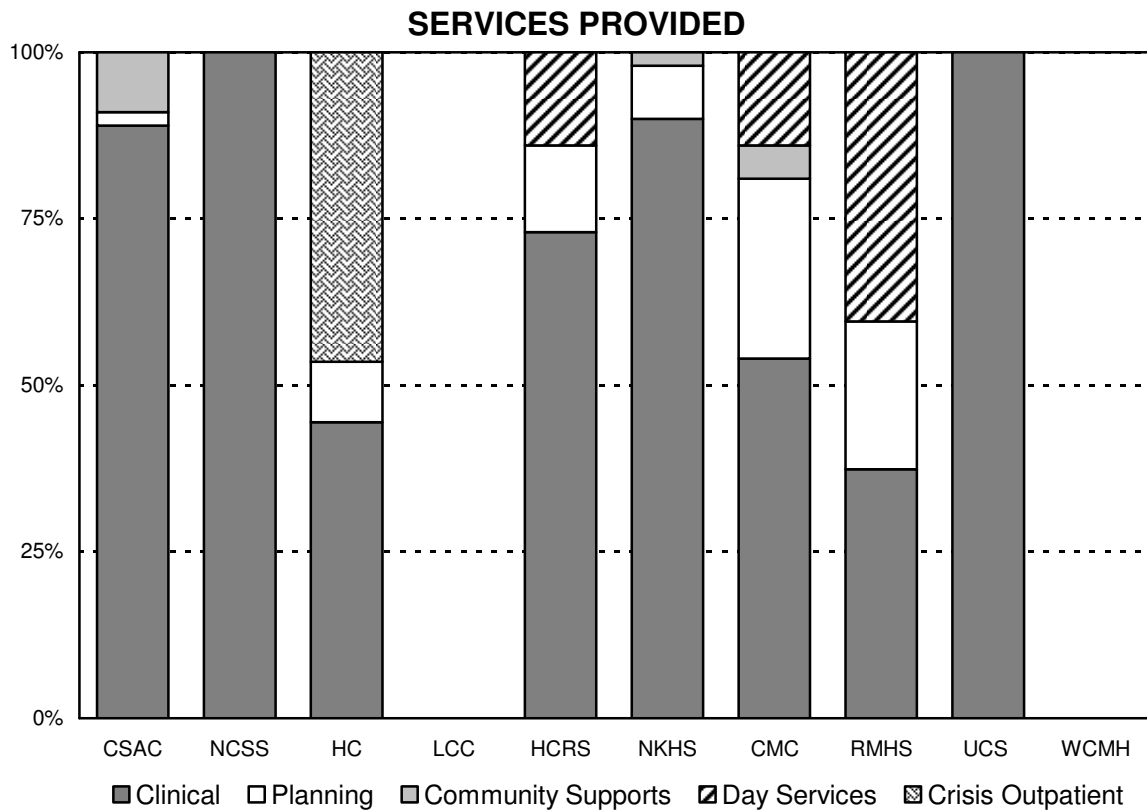




TABLE 2D-1  
 Vermont Agency of Human Services  
 Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**AGE AND GENDER OF CLIENTS SERVED**

Community Service Providers  
 Fiscal Year 2012

	Clients Served	Age						Gender	
		<u>0 - 12</u>	<u>13 - 19</u>	<u>20 - 34</u>	<u>35 - 49</u>	<u>50 - 64</u>	<u>65 +</u>	<u>Male</u>	<u>Female</u>
OVERALL	5,101	0%	12%	50%	25%	12%	1%	64%	36%
<u>Community Service Providers</u>									
CSAC (Addison)	195	0%	16%	43%	28%	11%	2%	61%	39%
NCSS (Northwest)	45	0%	100%	0%	0%	0%	0%	60%	40%
HC (Chittenden)	2,397	0%	13%	51%	24%	11%	1%	64%	36%
LCC (Lamoille)	0								
HCRS (Southeast)	526	0%	10%	46%	29%	14%	1%	65%	35%
NKHS (Northeast)	545	0%	15%	47%	24%	13%	1%	66%	34%
CMC (Orange)	390	0%	11%	49%	26%	14%	0%	68%	32%
RMHS (Rutland)	602	0%	6%	57%	25%	10%	1%	59%	41%
UCS (Bennington)	401	0%	6%	52%	27%	14%	1%	62%	38%
WCMH (Washington)	0								

See notes 2, 3 and 4.

TABLE 2D-2  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**RESPONSIBILITY FOR FEE OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total <u>Clients Served</u>	<u>Responsibility for Fee</u>				
		<u>Medicaid</u>	<u>Medicare</u>	<u>Other Insurance</u>	<u>State Agency</u>	<u>Unknown/Uninsured</u>
OVERALL	5,101	59%	6%	20%	27%	10%
<u>Community Service Providers</u>						
CSAC (Addison)	195	40%	6%	12%	7%	35%
NCSS (Northwest)	45	73%	0%	16%	0%	11%
HC (Chittenden)	2,397	56%	6%	22%	21%	3%
LCC (Lamoille)	0					
HCRS (Southeast)	526	63%	10%	14%	56%	21%
NKHS (Northeast)	545	66%	4%	11%	0%	22%
CMC (Orange)	390	47%	2%	19%	14%	20%
RMHS (Rutland)	602	72%	8%	31%	40%	1%
UCS (Bennington)	401	67%	11%	19%	65%	12%
WCMH (Washington)	0					

See notes 2, 3 and especially 6.



TABLE 2D-3  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**DIAGNOSIS OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total Clients Served	No Dx Data	Organic Brain Syndrome	Schizophrenia and other Psychoses	Affective Disorder	Anxiety Disorder	Personality Disorder	Adjustment Disorder	Social Problem	Substance Abuse	Child Non-Psychotic	Other DSM Disorder	MR/DD	Reported N
OVERALL	5,101	1%	10%	0%	11%	10%	2%	3%	1%	89%	2%	1%	0%	5,047
<u>Community Service Providers</u>														
CSAC (Addison)	195	3%	0%	0%	17%	11%	2%	5%	0%	95%	2%	1%	1%	190
NCSS (Northwest)	45	20%	11%	0%	17%	6%	0%	22%	0%	72%	17%	0%	0%	36
HC (Chittenden)	2,397	1%	18%	0%	9%	8%	1%	3%	1%	84%	2%	0%	0%	2,384
LCC (Lamoille)	0													
HCRS (Southeast)	526	2%	5%	0%	9%	6%	0%	4%	1%	89%	2%	0%	0%	514
NKHS (Northeast)	545	0%	6%	1%	9%	7%	4%	2%	0%	92%	2%	1%	0%	545
CMC (Orange)	390	3%	0%	0%	14%	15%	2%	6%	1%	87%	2%	1%	0%	379
RMHS (Rutland)	602	1%	1%	1%	7%	11%	2%	1%	0%	99%	1%	0%	0%	598
UCS (Bennington)	401	0%	7%	1%	31%	28%	9%	5%	2%	94%	6%	3%	0%	401
WCMH (Washington)	0													

As clients may have as many as four diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.  
See notes 2, 3 and 7.

TABLE 2D-4  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**LENGTH OF STAY OF CLIENTS SERVED**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	No <u>Data</u>	Year of Admission					Reported <u>N</u>
			Current Fiscal <u>Year</u>	Previous Fiscal <u>Year</u>	3 - 5 Years <u>Earlier</u>	6 - 10 Years <u>Earlier</u>	11+ Years <u>Earlier</u>	
OVERALL	5,101	2%	59%	22%	13%	4%	1%	5,015
<u>Community Service Providers</u>								
CSAC (Addison)	195	1%	45%	27%	16%	9%	3%	194
NCSS (Northwest)	45	0%	62%	27%	9%	2%	0%	45
HC (Chittenden)	2,397	1%	55%	23%	16%	5%	0%	2,376
LCC (Lamoille)	0							
HCRS (Southeast)	526	0%	68%	21%	8%	1%	0%	526
NKHS (Northeast)	545	1%	64%	25%	9%	1%	1%	540
CMC (Orange)	390	10%	54%	24%	15%	5%	3%	351
RMHS (Rutland)	602	3%	82%	12%	3%	2%	1%	586
UCS (Bennington)	401	1%	60%	22%	15%	2%	1%	397
WCMH (Washington)	0							

See notes 2, 3 and 9.

TABLE 2D-5  
 Vermont Agency of Human Services  
 Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**CLINICAL INTERVENTIONS**

Community Service Providers  
 Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Clinical Interventions		Number of Clinical <u>Interventions</u>	Services as Percent of all Substance Abuse <u>Non-Residential Services</u>	Clinical Interventions <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,641	4,893	87%	34,300	58%	7
<u>Community Service Providers</u>						
CSAC (Addison)	229	226	99%	1,756	89%	8
NCSS (Northwest)	111	111	100%	711	100%	6
HC (Chittenden)	2,177	1,697	78%	9,067	44%	5
LCC (Lamoille)	0					
HCRS (Southeast)	567	556	98%	3,771	73%	7
NKHS (Northeast)	762	759	100%	6,441	90%	8
CMC (Orange)	697	486	70%	4,097	54%	8
RMHS (Rutland)	647	611	94%	4,306	37%	7
UCS (Bennington)	451	447	99%	4,151	100%	9
WCMH (Washington)	0					

See notes 2, 3 and 10.

TABLE 2D-5a  
 Vermont Agency of Human Services  
 Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**INDIVIDUAL, FAMILY AND GROUP THERAPY**

Community Service Providers  
 Fiscal Year 2012

	Total Clients Served	Clients Receiving Therapy		Number of Therapy Sessions	Services as Percent of all Substance Abuse Non-Residential Services	Therapy Sessions Per Client
		Number	Percent			
OVERALL	5,641	3,203	57%	28,248	48%	9
<u>Community Service Providers</u>						
CSAC (Addison)	229	173	76%	1,577	80%	9
NCSS (Northwest)	111	91	82%	628	88%	7
HC (Chittenden)	2,177	668	31%	6,450	31%	10
LCC (Lamoille)	0					
HCRS (Southeast)	567	412	73%	3,264	63%	8
NKHS (Northeast)	762	648	85%	5,825	81%	9
CMC (Orange)	697	376	54%	3,414	45%	9
RMHS (Rutland)	647	467	72%	3,499	30%	7
UCS (Bennington)	451	368	82%	3,591	86%	10
WCMH (Washington)	0					

See notes 2, 3 and 10.

TABLE 2D-5b  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**MEDICATION AND MEDICAL SUPPORT AND CONSULTATION SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Medication Services		Number of Medication <u>Services</u>	Services as Percent of all Substance Abuse <u>Non-Residential Services</u>	Medication Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,641	572	10%	2,212	4%	4
<u>Community Service Providers</u>						
CSAC (Addison)	229	18	8%	72	4%	4
NCSS (Northwest)	111	0	0%	0	0%	
HC (Chittenden)	2,177	307	14%	1,191	6%	4
LCC (Lamoille)	0					
HCRS (Southeast)	567	7	1%	36	1%	5
NKHS (Northeast)	762	0	0%	0	0%	
CMC (Orange)	697	108	15%	353	5%	3
RMHS (Rutland)	647	67	10%	280	2%	4
UCS (Bennington)	451	65	14%	280	7%	4
WCMH (Washington)	0					

See notes 2, 3 and 10.

TABLE 2D-5c  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**CLINICAL ASSESSMENT SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving Clinical Assessment		Number of Clinical <u>Assessments</u>	Services as Percent of all Substance Abuse <u>Non-Residential Services</u>	Clinical Assessment <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,641	3,357	60%	3,840	7%	1
<u>Community Service Providers</u>						
CSAC (Addison)	229	106	46%	107	5%	1
NCSS (Northwest)	111	82	74%	83	12%	1
HC (Chittenden)	2,177	1,346	62%	1,426	7%	1
LCC (Lamoille)	0					
HCRS (Southeast)	567	394	69%	471	9%	1
NKHS (Northeast)	762	455	60%	616	9%	1
CMC (Orange)	697	290	42%	330	4%	1
RMHS (Rutland)	647	432	67%	527	5%	1
UCS (Bennington)	451	252	56%	280	7%	1
WCMH (Washington)	0					

See notes 2, 3 and 10.

TABLE 2D-6  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**DAY SERVICES**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving <u>Day Services</u>		Number of Day <u>Services</u>	Services as Percent of all Substance Abuse <u>Non-Residential Services</u>	Day Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,641	386	7%	6,541	11%	17
<u>Community Service Providers</u>						
CSAC (Addison)	229	0	0%	0	0%	
NCSS (Northwest)	111	0	0%	0	0%	
HC (Chittenden)	2,177	1	0%	1	0%	1
LCC (Lamoille)	0					
HCRS (Southeast)	567	38	7%	722	14%	19
NKHS (Northeast)	762	0	0%	0	0%	
CMC (Orange)	697	73	10%	1,105	14%	15
RMHS (Rutland)	647	274	42%	4,713	40%	17
UCS (Bennington)	451	0	0%	0	0%	
WCMH (Washington)	0					

See notes 2, 3 and 11.

TABLE 2D-7  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**SERVICE PLANNING AND COORDINATION**

Community Service Providers

Fiscal Year 2012

	Total Clients Served	Clients Receiving		Number of Planning & Coordination Services	Services as Percent of all Substance Abuse Non-Residential Services	Planning & Coordination Services Per Client
		<u>Planning &amp; Coordination Services</u>				
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,641	1,495	27%	7,883	13%	5
<u>Community Service Providers</u>						
CSAC (Addison)	229	16	7%	40	2%	2
NCSS (Northwest)	111	0	0%	0	0%	
HC (Chittenden)	2,177	379	17%	1,948	9%	5
LCC (Lamoille)	0					
HCRS (Southeast)	567	176	31%	658	13%	4
NKHS (Northeast)	762	217	28%	590	8%	3
CMC (Orange)	697	479	69%	2,078	27%	4
RMHS (Rutland)	647	228	35%	2,569	22%	11
UCS (Bennington)	451	0	0%	0	0%	
WCMH (Washington)	0					

See notes 2, 3 and 12.



TABLE 2D-8  
 Vermont Agency of Human Services  
 Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**COMMUNITY SUPPORTS**  
 Community Service Providers  
 Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving <u>Community Support Services</u>		Number of Community Support <u>Services</u>	Services as Percent of all Substance Abuse <u>Non-Residential Services</u>	Community Support Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,641	316	6%	773	1%	2
<u>Community Service Providers</u>						
CSAC (Addison)	229	17	7%	177	9%	10
NCSS (Northwest)	111	0	0%	0	0%	
HC (Chittenden)	2,177	17	1%	18	0%	1
LCC (Lamoille)	0					
HCRS (Southeast)	567	0	0%	0	0%	
NKHS (Northeast)	762	19	2%	139	2%	7
CMC (Orange)	697	231	33%	372	5%	2
RMHS (Rutland)	647	24	4%	55	0%	2
UCS (Bennington)	451	8	2%	12	0%	1
WCMH (Washington)	0					

See notes 2, 3 and 13.

TABLE 2D-9  
Vermont Agency of Human Services  
Department of Mental Health, VDH Division of Alcohol & Drug Abuse  
**SUBSTANCE ABUSE PROGRAMS**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Emergency/Crisis Services		Number of Emergency/Crisis Services	Services as Percent of all CRT Non- Residential Services	Emergency/ Crisis Services Per Client
		Number	Percent			
OVERALL	5,641	1,153	20%	9,507	16%	8
<u>Community Service Providers</u>						
CSAC (Addison)	229	0	0%	0	0%	
NCSS (Northwest)	111	0	0%	0	0%	
HC (Chittenden)	2,177	1,151	53%	9,505	46%	8
LCC (Lamoille)	0					
HCRS (Southeast)	567	0	0%	0	0%	
NKHS (Northeast)	762	0	0%	0	0%	
CMC (Orange)	697	2	0%	2	0%	1
RMHS (Rutland)	647	0	0%	0	0%	
UCS (Bennington)	451	0	0%	0	0%	
WCMH (Washington)	0					

See notes 2, 3 and 15.

## 2E: Emergency Service Programs

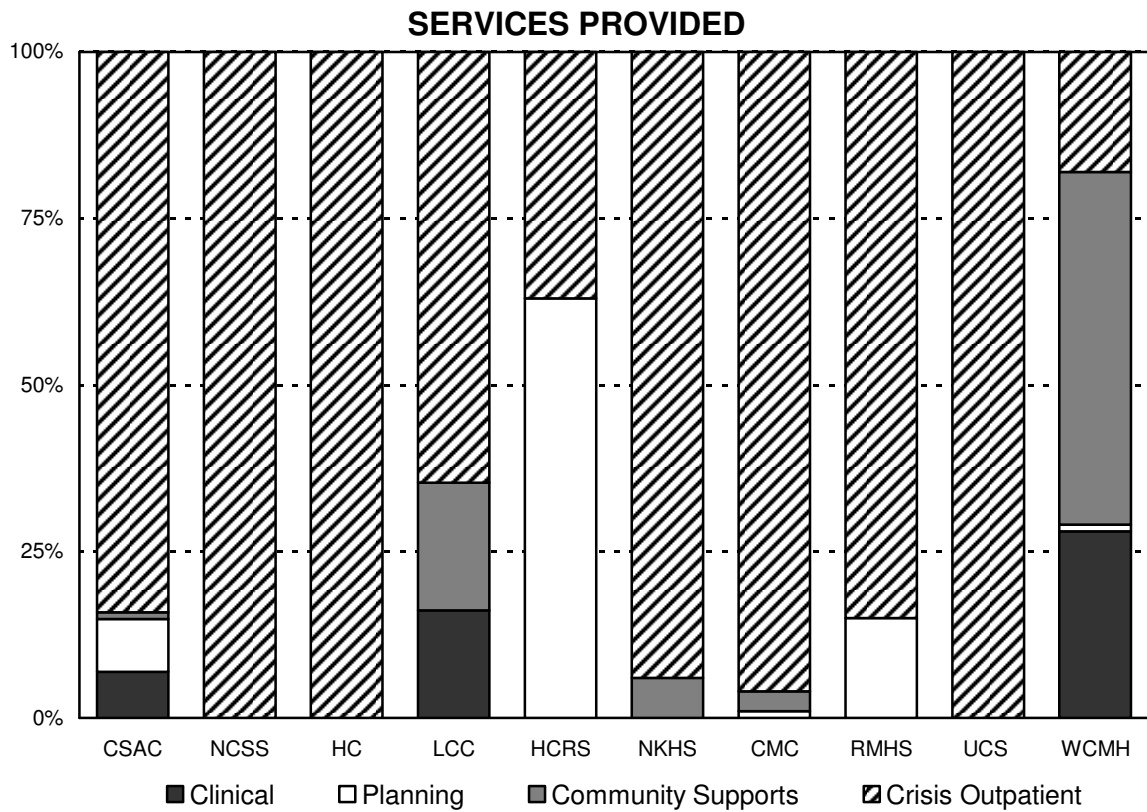




TABLE 2E-1  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**CLINICAL INTERVENTIONS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients Served	Clients Receiving Clinical Interventions		Number of Clinical Interventions	Services as Percent of all Emergency Non-Residential Services	Clinical Interventions Per Client
		Number	Percent			
OVERALL	5,876	142	2%	912	5%	6
<u>Community Service Providers</u>						
CSAC (Addison)	347	23	7%	68	7%	3
NCSS (Northwest)	649	0	0%	0	0%	
HC (Chittenden)	1,197	0	0%	0	0%	
LCC (Lamoille)	153	32	21%	43	16%	1
HCRS (Southeast)	890	0	0%	0	0%	
NKHS (Northeast)	516	0	0%	0	0%	
CMC (Orange)	264	1	0%	1	0%	1
RMHS (Rutland)	863	0	0%	0	0%	
UCS (Bennington)	488	0	0%	0	0%	
WCMH (Washington)	509	86	17%	800	28%	9

See notes 2, 3 and 10.

TABLE 2E-2  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**SERVICE PLANNING AND COORDINATION**

Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving <u>Planning &amp; Coordination Services</u>		Number of Planning & Coordination <u>Services</u>	Services as Percent of all Emergency <u>Non-Residential Services</u>	Planning & Coordination <u>Services Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,876	328	6%	2,428	14%	7
<u>Community Service Providers</u>						
CSAC (Addison)	347	53	15%	81	8%	2
NCSS (Northwest)	649	0	0%	0	0%	
HC (Chittenden)	1,197	0	0%	0	0%	
LCC (Lamoille)	153	0	0%	0	0%	
HCRS (Southeast)	890	66	7%	2,044	63%	31
NKHS (Northeast)	516	0	0%	0	0%	
CMC (Orange)	264	4	2%	5	1%	1
RMHS (Rutland)	863	196	23%	267	15%	1
UCS (Bennington)	488	0	0%	0	0%	
WCMH (Washington)	509	9	2%	31	1%	3

See notes 2, 3 and 12.

TABLE 2E-3  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**COMMUNITY SUPPORTS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving		Number of Community <u>Support Services</u>	Services as Percent of all Emergency <u>Non-Residential Services</u>	Community Support Services <u>Per Client</u>
		<u>Community Support Services</u>				
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,876	229	4%	1,661	10%	7
<u>Community Service Providers</u>						
CSAC (Addison)	347	6	2%	6	1%	1
NCSS (Northwest)	649	0	0%	0	0%	
HC (Chittenden)	1,197	0	0%	0	0%	
LCC (Lamoille)	153	26	17%	52	19%	2
HCRS (Southeast)	890	6	1%	10	0%	2
NKHS (Northeast)	516	2	0%	53	6%	26
CMC (Orange)	264	11	4%	14	3%	1
RMHS (Rutland)	863	0	0%	0	0%	
UCS (Bennington)	488	0	0%	0	0%	
WCMH (Washington)	509	178	35%	1,526	53%	9

See notes 2, 3 and 13.

TABLE 2E-4a  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**EMERGENCY/CRISIS ASSESSMENT, SUPPORT AND REFERRAL**  
Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	Clients Receiving <u>Emergency/Crisis Services</u>		Number of Emergency/Crisis <u>Services</u>	Services as Percent of all Emergency <u>Non-Residential Services</u>	Emergency/ Crisis Services <u>Per Client</u>
		<u>Number</u>	<u>Percent</u>			
OVERALL	5,876	5,485	93%	11,907	70%	2
<u>Community Service Providers</u>						
CSAC (Addison)	347	328	95%	857	85%	3
NCSS (Northwest)	649	649	100%	1,860	100%	3
HC (Chittenden)	1,197	1,197	100%	3,299	100%	3
LCC (Lamoille)	153	112	73%	172	64%	2
HCRS (Southeast)	890	850	96%	1,190	37%	1
NKHS (Northeast)	516	488	95%	889	94%	2
CMC (Orange)	264	259	98%	499	96%	2
RMHS (Rutland)	863	772	89%	1,526	85%	2
UCS (Bennington)	488	488	100%	1,100	100%	2
WCMH (Washington)	509	342	67%	515	18%	2

See notes 2, 3 and 15.



TABLE 2E-4b  
Vermont Agency of Human Services  
Department of Mental Health  
**EMERGENCY SERVICES**

**EMERGENCY/CRISIS BEDS**  
Community Service Providers  
Fiscal Year 2012

	Total Clients <u>Served</u>	<u>Clients Receiving Emergency/Crisis Beds</u>		Days of Emergency/Crisis <u>Beds</u>	Emergency/Crisis <u>Beds</u> Per Client
		<u>Number</u>	<u>Percent</u>		
OVERALL	5,876	261	4%	1,819	7
<u>Community Service Providers</u>					
CSAC (Addison)	347	0	0%	0	0%
NCSS (Northwest)	649	0	0%	0	0%
HC (Chittenden)	1,197	178	15%	951	29%
LCC (Lamoille)	153	0	0%	0	0%
HCRS (Southeast)	890	0	0%	0	0%
NKHS (Northeast)	516	63	12%	456	48%
CMC (Orange)	264	0	0%	0	0%
RMHS (Rutland)	863	0	0%	0	0%
UCS (Bennington)	488	0	0%	0	0%
WCMH (Washington)	509	20	4%	412	14%

See notes 2, 3 and 15.



# Part 3: Vermont State Hospital

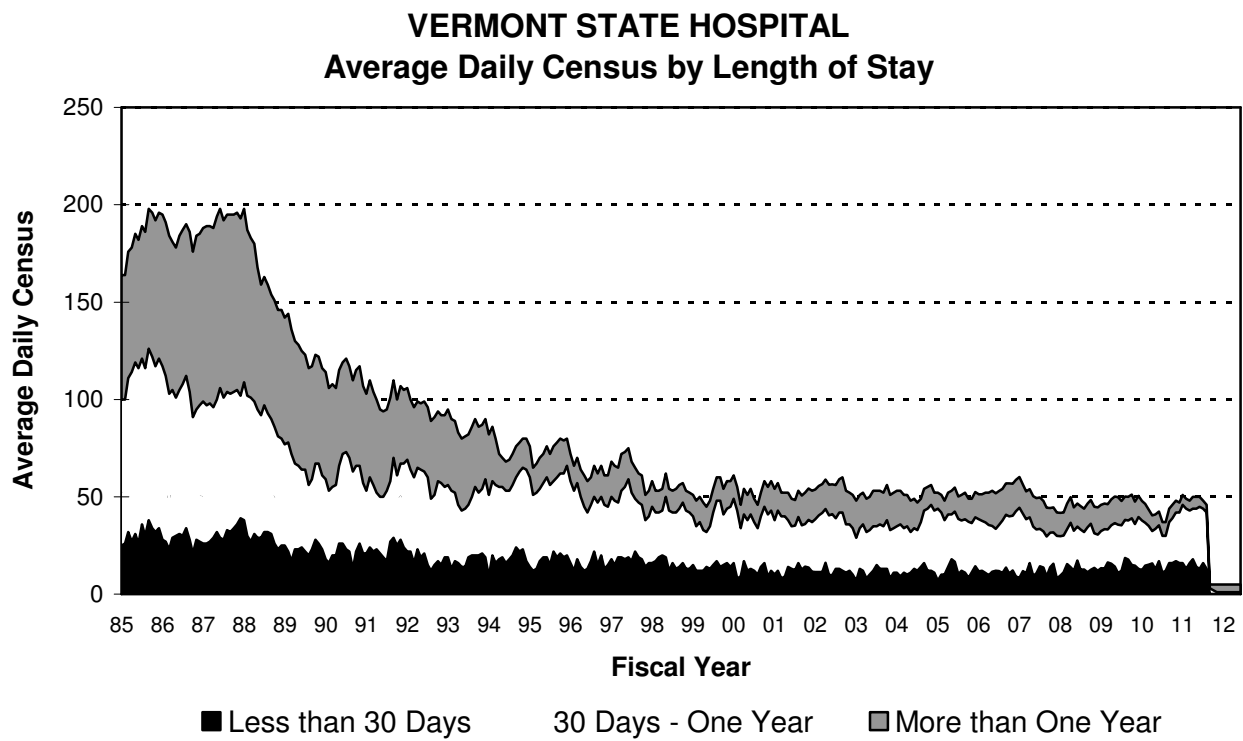




TABLE 3-1  
Vermont Agency of Human Services  
Department of Mental Health  
VERMONT STATE HOSPITAL  
**AVERAGE DAILY CENSUS**  
Overall and For Length of Stay Categories  
July 2002 through June 2012

	Days Since Admission						Days Since Admission				
	Overall	<30	30-89	90-365	366+		Overall	<30	30-89	90-365	366+
2012 June	5	0	0	1	4	2007 June	49	11	13	10	16
May	5	0	0	1	4	May	50	9	14	12	16
April	5	0	0	1	4	April	54	16	9	15	14
March	5	0	0	1	4	March	53	11	9	18	14
February	5	0	0	1	4	February	56	12	8	22	15
2012 January	5	0	0	1	4	2007 January	60	8	12	24	16
2011 December	5	0	0	1	4	2006 December	59	9	11	22	16
November	5	0	0	1	4	November	57	12	10	18	16
October	5	0	1	1	3	October	57	11	11	18	17
September	5	0	1	2	2	September	57	14	10	17	16
<b>August*</b>	45	13	13	16	4	August	54	11	13	14	16
2011 July	48	16	12	16	4	July 2006	53	12	11	13	17
2011 June	49	13	17	14	5	2006 June	52	12	8	13	18
May	49	14	17	13	6	May	53	12	11	13	18
April	50	18	14	12	6	April	52	10	14	12	17
March	48	16	10	18	5	March	52	11	12	14	15
February	49	13	15	16	5	February	51	12	11	14	14
2011 January	51	16	17	13	5	2006 January	51	12	11	16	13
2010 December	47	16	13	13	5	2005 December	52	14	8	17	13
November	48	17	16	9	6	November	49	11	8	18	12
October	45	16	13	9	7	October	49	8	11	18	12
September	44	16	11	10	7	September	52	11	10	17	13
August	36	12	9	8	7	August	51	12	11	15	13
July	37	11	11	8	7	July	50	10	14	15	11
2010 June	42	17	11	8	7	2005 June	55	17	14	12	12
May	41	13	13	7	7	May	53	18	9	14	12
April	41	16	9	8	8	April	52	14	8	19	11
March	44	15	9	10	9	March	49	10	8	20	10
February	46	15	9	13	10	February	50	10	12	20	9
2010 January	48	12	12	13	10	2005 January	51	7	15	22	8
2009 December	50	13	16	10	11	2004 December	52	11	11	21	9
November	47	15	15	6	11	November	56	12	15	19	10
October	51	15	18	6	12	October	55	12	17	15	11
September	50	18	13	7	12	September	55	16	14	13	11
August	50	19	8	12	12	August	49	14	11	12	12
July	48	12	13	10	12	July	47	12	11	10	14
2009 June	50	11	16	9	14	2004 June	49	13	12	9	15
May	50	14	16	6	14	May	48	11	11	10	16
April	49	16	13	7	13	April	51	10	10	15	16
March	46	16	9	8	13	March	51	11	9	14	17
February	46	13	11	9	13	February	52	9	13	14	17
2009 January	46	13	9	10	13	2004 January	53	11	11	13	18
2008 December	45	12	8	10	14	2003 December	52	11	11	12	18
November	45	14	7	10	14	November	51	8	13	12	18
October	48	12	12	12	12	October	55	13	13	12	18
September	46	11	11	12	12	September	51	13	11	11	17
August	44	13	9	10	12	August	52	13	12	11	17
July	45	13	13	8	12	July	53	15	11	9	18
2008 June	46	17	10	7	12	2003 June	52	12	10	13	18
May	45	12	11	9	12	May	50	10	8	15	17
April	50	14	12	11	13	April	49	8	11	13	17
March	46	16	9	9	13	March	53	12	9	15	16
February	42	11	9	10	12	February	50	13	8	13	17
2008 January	42	10	11	9	12	2003 January	47	7	9	13	19
2007 December	42	8	13	8	12	2002 December	51	10	9	15	17
November	45	16	9	7	13	November	53	12	9	15	16
October	44	14	8	10	13	October	52	11	10	15	17
September	44	9	10	11	15	September	59	12	14	16	18
August	48	14	7	11	15	August	59	13	12	17	17
2007 July	50	14	9	10	16	2002 July	57	13	7	19	17

\* The Vermont State Hospital closed on August 28, 2011 due to extensive damage from Tropical Storm Irene.

TABLE 3-2  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**MONTHLY UTILIZATION**  
Fiscal Year 2012

<u>Month</u>	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>
OVERALL	38	83	4,430	12.1
<u>Month</u>				
July	17	19	1,500	48.4
August	21	63	1,391	44.9
September	0	1	169	5.6
October	0	0	155	5.0
November	0	0	150	5.0
December	0	0	155	5.0
January	0	0	155	5.0
February	0	0	145	5.0
March	0	0	155	5.0
April	0	0	150	5.0
May	0	0	155	5.0
June	0	0	150	5.0

See note 19.

TABLE 3-3  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**CATCHMENT AREA AND UTILIZATION**  
Fiscal Year 2012

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	38	83	4,430	12.1	100%
<u>Catchment Area</u>					
CSAC (Addison)	3	7	206	0.6	5%
NCSS (Northwest)	1	3	101	0.3	2%
HC (Chittenden)	13	27	804	2.2	18%
LCC (Lamoille)	0	3	158	0.4	4%
HCRS (Southeast)	9	19	1,311	3.6	30%
NKHS (Northeast)	0	3	177	0.5	4%
CMC (Orange)	2	2	86	0.2	2%
RMHS (Rutland)	4	5	487	1.3	11%
UCS (Bennington)	1	5	564	1.5	13%
WCMH (Washington)	5	8	111	0.3	3%
Unknown	0	1	425	1.2	10%

See notes 2 and 19.

TABLE 3-4  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**AGE AND UTILIZATION**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	38	83	4,430	12.1	100%
<u>Age</u>					
13 - 19	1	3	130	0.4	3%
20 - 34	15	31	1,511	4.1	34%
35 - 49	14	26	1,572	4.3	35%
50 - 64	6	19	1,061	2.9	24%
65+	2	4	156	0.4	4%

See notes 4 and 19.



TABLE 3-5  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**GENDER AND UTILIZATION**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Discharges</u>	Total <u>Patient Days</u>	Average <u>Daily Census</u>	Percent of all <u>Patient Days</u>
OVERALL	38	83	4,430	12.1	100%
<u>Gender</u>					
Male	26	56	3,230	8.8	73%
Female	12	27	1,200	3.3	27%

See note 19.

TABLE 3-6  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**DIAGNOSIS AND UTILIZATION**  
Fiscal Year 2012

	<u>Admissions</u>		<u>Discharges</u>		<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	38		83		4,430	12.1	100%
<u>Diagnosis</u>	<u>Number</u>	<u>Percent</u>	<u>Number</u>	<u>Percent</u>			
Organic Brain Syndrome	3	8%	8	10%	228	0.6	5%
Schizophrenia & Other Psychoses	22	58%	58	70%	3,984	10.9	90%
Affective Disorders	15	39%	29	35%	680	1.9	15%
Anxiety Disorders	6	16%	14	17%	365	1.0	8%
Personality Disorders	5	13%	12	14%	1,026	2.8	23%
Adjustment Disorders	1	3%	1	1%	1	0.0	0%
Social Problems	2	5%	3	4%	20	0.1	0%
Substance Abuse	25	66%	46	55%	2,368	6.5	53%
Children's Disorders	2	5%	3	4%	13	0.0	0%
Other Psychological Disorders	0	0%	1	1%	59	0.2	1%
Mental Retardation	0	0%	0	0%	0	0.0	0%
Deferred	0	0%	0	0%	0	0.0	0%

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 19.

TABLE 3-7  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**LEGAL STATUS ON ADMISSION AND UTILIZATION**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	38	83	4,430	12.1	100%
<u>Legal Status on Admission</u>					
Voluntary	0	0	0	0.0	0%
Emergency	24	54	2,327	6.4	53%
Forensic	13	22	1,776	4.9	40%
Other	1	7	327	0.9	7%

See notes 19 and 20.

TABLE 3-8  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**TYPE OF ADMISSION AND UTILIZATION**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>	<u>Percent of all Patient Days</u>
OVERALL	38	83	4,430	12.1	100%
<u>Type of Admission</u>					
First Admission	21	37	1,659	4.5	37%
Readmission	17	46	2,771	7.6	63%

See notes 19 and 21.

TABLE 3-9  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**CATCHMENT AREA AND LEGAL STATUS OF PATIENTS ADMITTED**  
Fiscal Year 2012

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	38	0%	63%	34%	3%
<u>Catchment Area</u>					
CSAC (Addison)	3	0%	67%	0%	33%
NCSS (Northwest)	1	0%	100%	0%	0%
HC (Chittenden)	13	0%	38%	62%	0%
LCC (Lamoille)	0	0%	0%	0%	0%
HCRS (Southeast)	9	0%	78%	22%	0%
NKHS (Northeast)	0	0%	0%	0%	0%
CMC (Orange)	2	0%	50%	50%	0%
RMHS (Rutland)	4	0%	50%	50%	0%
UCS (Bennington)	1	0%	100%	0%	0%
WCMH (Washington)	5	0%	100%	0%	0%
Unknown	0	0%	0%	0%	0%

See notes 2, 19 and 20.

TABLE 3-10  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**AGE AND LEGAL STATUS OF PATIENTS ADMITTED**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	38	0%	63%	34%	3%
<u>Age</u>					
13 - 19	1	0%	100%	0%	0%
20 - 34	15	0%	47%	47%	7%
35 - 49	14	0%	71%	29%	0%
50 - 64	6	0%	67%	33%	0%
65+	2	0%	100%	0%	0%

See notes 4, 19, and 20.

TABLE 3-11  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**GENDER AND LEGAL STATUS OF PATIENTS ADMITTED**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	38	0%	63%	34%	3%
<u>Gender</u>					
Male	26	0%	65%	31%	4%
Female	12	0%	58%	42%	0%

See notes 19 and 20.

TABLE 3-12  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**DIAGNOSIS AND LEGAL STATUS OF PATIENTS ADMITTED**  
Fiscal Year 2012

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	38	0%	63%	34%	3%
<u>Diagnosis</u>					
Organic Brain Syndrome	3	0%	8%	8%	0%
Schizophrenia & Other Psychoses	22	0%	46%	77%	100%
Affective Disorders	15	0%	54%	15%	0%
Anxiety Disorders	6	0%	17%	15%	0%
Personality Disorders	5	0%	17%	8%	0%
Adjustment Disorders	1	0%	0%	8%	0%
Social Problems	2	0%	4%	8%	0%
Substance Abuse	25	0%	58%	77%	100%
Children's Disorders	2	0%	8%	0%	0%
Other Psychological Disorders	0	0%	0%	0%	0%
Mental Retardation	0	0%	0%	0%	0%
Deferred	0	-	-	-	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 20.



TABLE 3-13  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**TYPE OF ADMISSION AND LEGAL STATUS OF PATIENTS ADMITTED**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Legal Status</u>			
		<u>Voluntary</u>	<u>Emergency</u>	<u>Forensic</u>	<u>Other</u>
OVERALL	38	0%	63%	34%	3%
<u>Type of Admission</u>					
First Admission	21	0%	62%	33%	5%
Readmission	17	0%	65%	35%	0%

See notes 19, 20 and 21.

TABLE 3-14  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**CATCHMENT AREA AND DISCHARGE RATE OF PATIENTS ADMITTED**  
Fiscal Year 2012

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	38	29%	45%	68%	97%
<u>Catchment Area</u>					
CSAC (Addison)	3	0%	0%	67%	100%
NCSS (Northwest)	1	0%	0%	0%	100%
HC (Chittenden)	13	31%	46%	77%	100%
LCC (Lamoille)	0	.	.	.	.
HCRS (Southeast)	9	22%	44%	67%	89%
NKHS (Northeast)	0	.	.	.	.
CMC (Orange)	2	0%	0%	0%	100%
RMHS (Rutland)	4	25%	50%	50%	100%
UCS (Bennington)	1	0%	0%	100%	100%
WCMH (Washington)	5	80%	100%	100%	100%
Unknown	0	.	.	.	.

See notes 2, 19 and 22.

TABLE 3-15  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**AGE AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	38	29%	45%	68%	97%
<u>Age</u>					
13 - 19	1	100%	100%	100%	100%
20 - 34	15	40%	53%	80%	100%
35 - 49	14	14%	36%	71%	93%
50 - 64	6	33%	50%	50%	100%
65+	2	0%	0%	0%	100%

See notes 2, 19 and 22.

TABLE 3-16  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**GENDER AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	38	29%	45%	68%	97%
<u>Gender</u>					
Male	26	27%	42%	65%	96%
Female	12	33%	50%	75%	100%

See notes 19 and 22.

TABLE 3-17  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**DIAGNOSIS AND DISCHARGE RATE OF PATIENTS ADMITTED**  
Fiscal Year 2012

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	38	29%	45%	68%	97%
<u>Diagnosis</u>					
Organic Brain Syndrome	3	67%	67%	100%	100%
Schizophrenia & Other Psychoses	22	14%	36%	64%	95%
Affective Disorders	15	27%	47%	73%	100%
Anxiety Disorders	0	-	-	-	-
Personality Disorders	5	60%	80%	80%	80%
Adjustment Disorders	1	29%	45%	68%	97%
Social Problems	2	50%	100%	100%	100%
Substance Abuse	25	28%	44%	64%	96%
Children's Disorders	2	100%	100%	100%	100%
Other Psychological Disorders	0	-	-	-	-
Mental Retardation	6	83%	100%	100%	100%
Deferred	0	-	-	-	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7, 19 and 22.

TABLE 3-18  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**LEGAL STATUS AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	38	29%	45%	68%	97%
<u>Legal Status</u>					
Voluntary	0	.	.	.	.
Emergency	24	29%	50%	71%	96%
Forensic	13	31%	38%	62%	100%
Other	1	0%	0%	100%	100%

See notes 19, 20 and 22.

TABLE 3-19  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**TYPE OF ADMISSION AND DISCHARGE RATE OF PATIENTS ADMITTED**  
 Fiscal Year 2012

	<u>Admissions</u>	<u>Percent Discharged Within</u>			
		<u>1 Week</u>	<u>2 Weeks</u>	<u>1 Month</u>	<u>3 Months</u>
OVERALL	38	29%	45%	68%	97%
<u>Type of Admission</u>					
First Admisssion	21	38%	57%	71%	100%
Readmission	17	18%	29%	65%	94%

See notes 19, 21 and 22.

TABLE 3-20  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**CATCHMENT AREA AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
Fiscal Year 2012

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	5	1 year, 9 months	6 years
<u>Catchment Area</u>			
CSAC (Addison)	0	-	-
NCSS (Northwest)	0	-	-
HC (Chittenden)	0	-	-
LCC (Lamoille)	0	-	-
HCRS (Southeast)	2	1 year, 4 months	1 year, 4 months
NKHS (Northeast)	0	-	-
CMC (Orange)	0	-	-
RMHS (Rutland)	1	6 years, 3 months	6 years, 3 months
UCS (Bennington)	1	15 days	2 years, 6 months
WCMH (Washington)	0	-	-

See notes 2 and 23.



TABLE 3-21  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**AGE AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2012

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	5	1 year, 9 months	6 years
<u>Age</u>			
13 - 19	0	-	-
20 - 34	2	1 year, 8 months	1 year, 8 months
35 - 49	1	11 months	11 months
50 - 64	2	13 years	13 years
65+	0	-	-

See notes 4 and 23.

TABLE 3-22  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**GENDER AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2012

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	5	1 year, 9 months	6 years
<u>Gender</u>			
Male	4	1 year, 8 months	2 years, 7 months
Female	1	19 years, 9 months	19 years, 9 months

See note 23.

TABLE 3-23  
Vermont Agency of Human Services  
Department of Mental Health

VERMONT STATE HOSPITAL  
**DIAGNOSIS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
Fiscal Year 2012

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	5	1 year, 9 months	6 years
<u>Diagnosis</u>			
Organic Brain Syndrome	0	-	-
Schizophrenia & Other Psychoses	5	1 year, 9 months	6 years
Affective Disorders	0	-	-
Anxiety Disorders	0	-	-
Personality Disorders	2	1 year, 3 months	1 year, 3 months
Adjustment Disorders	0	-	-
Social Problems	0	-	-
Substance Abuse	3	1 year, 8 months	1 year, 5 months
Children's Disorders	0	-	-
Other Psychological Disorders	0	-	-
Mental Retardation	0	-	-
Deferred	0	-	-

As clients may have many diagnoses reported, diagnostic groups do not represent an unduplicated count of clients served.

See notes 7 and 23.

TABLE 3-24  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**LEGAL STATUS AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2012

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	5	1 year, 9 months	6 years
<u>Legal Status</u>			
Voluntary	0	-	-
Emergency	2	1 year, 3 months	1 year, 3 months
Forensic	3	6 years, 3 months	9 years, 3 months
Other	0	-	-

See notes 20 and 23.

TABLE 3-25  
 Vermont Agency of Human Services  
 Department of Mental Health

VERMONT STATE HOSPITAL  
**TYPE OF ADMISSION AND LENGTH OF STAY OF PATIENTS IN RESIDENCE AT END OF YEAR**  
 Fiscal Year 2012

	<u>Patients at end of Year</u>	<u>Median Length of Stay</u>	<u>Mean Length of Stay</u>
OVERALL	5	1 year, 9 months	6 years
<u>Type of Admission</u>			
First Admission	2	13 years	13 years
Readmission	3	1 year, 8 months	1 year, 5 months

See notes 21 and 23.



# Part 4: Historical Overview

**COMMUNITY PROGRAMS  
Clients Served Per Year**

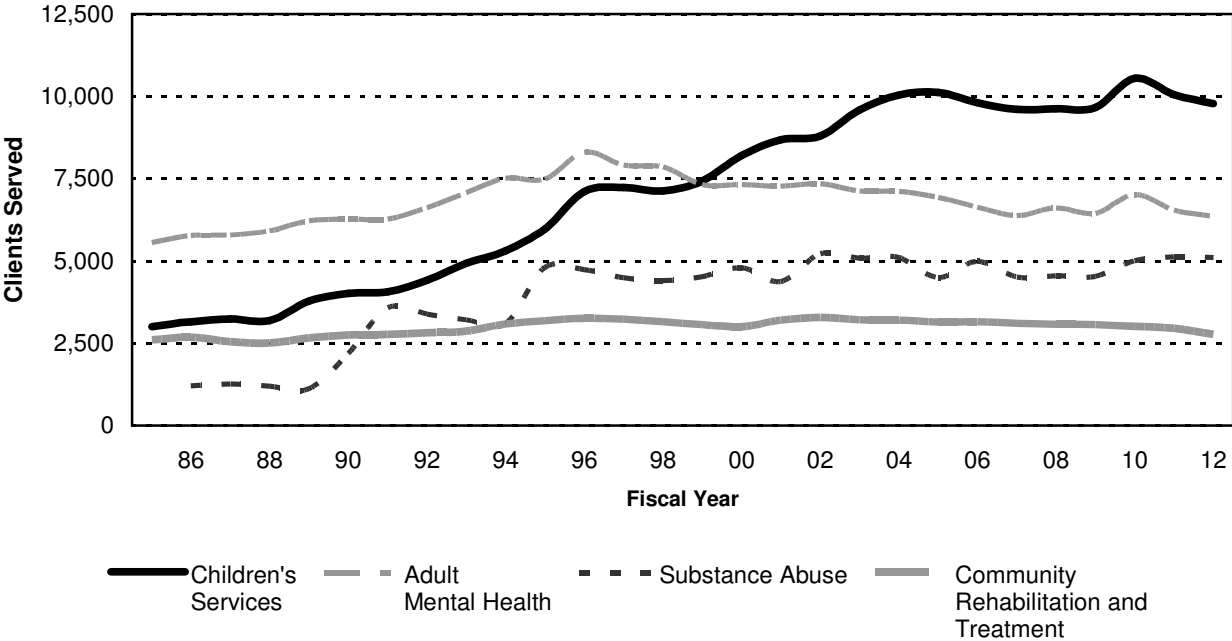






TABLE 4-1  
Vermont Agency of Human Services  
Department of Mental Health

**NUMBER OF CLIENTS SERVED: FY1986 - FY2012**  
by Clients' Primary Program Assignment

<u>Fiscal Year</u>	<u>Children's Services</u>	<u>Adult MH Outpatient</u>	<u>Community Rehabilitation</u>	<u>Substance Abuse</u>	<u>Unassigned</u>	<u>State Hospital</u>
1986	3,154	5,767	2,680	1,209	917	569
1987	3,241	5,792	2,544	1,269	948	548
1988	3,450	5,916	2,508	1,202	797	596
1989	3,734	6,224	2,660	1,128	687	523
1990	3,965	6,276	2,748	2,193	518	455
1991	4,066	6,271	2,773	3,580	484	407
1992	4,281	6,615	2,817	3,388	416	389
1993	4,703	7,071	2,867	3,219	428	311
1994	5,167	7,516	3,089	3,104	393	333
1995	5,971	7,480	3,183	4,807	437	323
1996	7,103	7,711	3,259	4,430	487	305
1997	7,230	7,907	3,232	4,490	577	294
1998	7,122	7,851	3,155	4,407	734	327
1999	7,424	7,317	3,073	4,518	1,314	246
2000	8,204	7,324	3,003	4,789	1,972	257
2001	8,670	7,189	3,259	4,357	2,136	244
2002	8,967	7,345	3,296	5,217	2,218	254
2003	9,749	7,130	3,210	5,087	2,360	234
2004	10,040	7,120	3,205	5,101	2,396	231
2005	10,122	6,936	3,145	4,495	2,898	218
2006	9,812	6,631	3,154	4,985	2,540	216
2007	9,609	6,384	3,109	4,515	1,887	231
2008	9,627	6,614	3,076	4,548	1,950	255
2009	9,665	6,448	3,073	4,536	2,270	246
2010	10,541	7,015	3,013	5,004	3,459	261
2011	10,048	6,541	2,952	5,125	4,321	254
2012	9,783	6,366	2,769	5,101	5,485	87

See notes 1, 2 and 3.

TABLE 4-2

Vermont Agency of Human Services  
Department of Mental Health

**CHILDREN'S SERVICES PROGRAMS****NUMBER OF CLIENTS SERVED: FY1986 - FY2012**

by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCC</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>NFI</u>	<u>Total</u>
1986	527	234	218	171	465	383	352	309	203	292	0	3,154
1987	516	231	245	145	544	342	327	308	201	328	54	3,241
1988	570	218	417	129	595	344	322	284	187	335	49	3,450
1989	645	259	433	143	628	399	309	325	218	315	60	3,734
1990	736	305	461	146	694	379	258	369	243	326	48	3,965
1991	739	297	470	131	773	455	275	323	252	299	52	4,066
1992	645	353	422	174	837	480	291	379	266	382	52	4,281
1993	680	381	465	207	975	484	256	478	248	473	56	4,703
1994	733	416	496	223	1,077	487	289	616	277	483	70	5,167
1995	805	517	653	166	1,162	681	346	672	297	566	106	5,971
1996	833	545	977	171	1,330	823	490	754	422	609	149	7,103
1997	684	520	1,033	203	1,435	867	525	694	476	570	223	7,230
1998	642	485	1,027	230	1,363	967	543	622	463	525	255	7,122
1999	746	547	1,220	169	1,303	1,005	521	696	514	564	139	7,424
2000	788	756	1,281	209	1,482	976	636	696	572	701	107	8,204
2001	810	788	1,577	188	1,216	964	944	711	565	715	192	8,670
2002	954	853	1,702	219	1,298	1,011	513	709	550	716	442	8,967
2003	859	924	1,621	546	1,573	1,045	583	847	556	767	428	9,749
2004	861	1,126	1,577	546	1,704	1,026	543	933	553	759	412	10,040
2005	870	1,164	1,989	421	1,617	1,054	466	951	456	716	418	10,122
2006	848	1,128	1,891	489	1,470	803	584	1,054	523	693	329	9,812
2007	909	1,161	2,029	430	1,285	806	575	961	563	769	121	9,609
2008	804	1,215	1,977	388	1,375	827	563	936	620	741	181	9,627
2009	691	1,243	1,951	359	1,455	947	542	915	573	764	225	9,665
2010	777	1,243	2,092	426	1,630	961	595	1,013	548	913	343	10,541
2011	805	1,131	1,813	361	1,645	877	611	1,025	464	930	386	10,048
2012	847	1,049	1,639	329	1,672	952	615	1,030	456	897	297	9,783

See notes 1, 2 and 3.

TABLE 4-3

Vermont Agency of Human Services  
 Department of Mental Health

**ADULT MENTAL HEALTH OUTPATIENT PROGRAMS**

**NUMBER OF CLIENTS SERVED: FY1986 - FY2012**

by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCC</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>Total</u>
1986	414	606	523	218	995	726	446	711	541	587	5,767
1987	487	556	522	211	1,176	699	444	761	359	577	5,792
1988	516	563	503	205	1,268	620	502	664	362	713	5,916
1989	541	689	457	225	1,267	689	510	657	479	710	6,224
1990	558	774	477	281	1,249	733	340	692	572	600	6,276
1991	582	731	526	204	1,318	747	346	732	554	531	6,271
1992	586	804	517	231	1,434	777	405	746	596	519	6,615
1993	582	793	1,173	259	1,420	692	339	711	511	591	7,071
1994	677	874	1,286	263	1,493	704	270	835	486	628	7,516
1995	679	879	1,245	175	1,577	776	202	806	530	611	7,480
1996	588	807	1,293	216	1,581	785	269	799	635	738	7,711
1997	623	818	1,337	288	1,579	667	282	782	778	753	7,907
1998	628	710	1,408	326	1,504	622	276	818	804	755	7,851
1999	739	679	1,047	281	1,134	752	273	923	681	808	7,317
2000	741	940	792	332	1,108	815	270	812	791	723	7,324
2001	800	948	700	326	679	813	291	958	878	796	7,189
2002	809	953	686	283	718	971	369	888	896	772	7,345
2003	782	967	653	308	894	841	477	760	866	582	7,130
2004	632	1,019	690	208	962	927	508	694	883	597	7,120
2005	569	1,037	723	117	879	997	415	814	763	622	6,936
2006	564	1,075	658	123	681	706	560	775	851	638	6,631
2007	631	1,090	547	146	694	687	520	642	803	624	6,384
2008	587	1,122	471	214	653	824	541	632	857	713	6,614
2009	460	1,104	522	242	662	1,000	556	261	840	801	6,448
2010	664	1,028	590	227	710	1,032	605	286	860	1,013	7,015
2011	687	864	516	32	767	978	640	236	864	957	6,541
2012	755	646	489	55	749	1,025	642	247	809	949	6,366

See notes 1, 2 and 3.

TABLE 4-4  
Vermont Agency of Human Services  
Department of Mental Health

**COMMUNITY REHABILITATION AND TREATMENT PROGRAMS**

**NUMBER OF CLIENTS SERVED: FY1986 - FY2012**

by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCC</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>Total</u>
1986	113	168	387	148	396	316	75	412	139	526	2,680
1987	110	162	403	147	321	287	72	415	103	524	2,544
1988	122	157	397	160	327	304	78	302	94	567	2,508
1989	115	170	457	169	364	331	82	301	99	572	2,660
1990	119	168	509	181	358	333	77	277	118	608	2,748
1991	110	164	499	139	362	414	81	294	135	575	2,773
1992	122	166	519	145	367	419	83	281	168	547	2,817
1993	123	164	550	146	341	446	79	268	215	535	2,867
1994	132	196	587	141	357	481	84	275	214	622	3,089
1995	136	226	617	139	339	492	109	294	232	599	3,183
1996	146	210	623	133	402	455	122	316	225	627	3,259
1997	149	217	629	129	376	455	120	319	197	641	3,232
1998	154	243	635	130	344	434	116	313	190	596	3,155
1999	172	233	647	138	395	397	124	317	187	463	3,073
2000	170	203	659	146	390	373	116	324	189	433	3,003
2001	165	228	669	159	434	417	172	335	202	478	3,259
2002	166	244	648	156	428	442	182	349	192	489	3,296
2003	166	241	653	147	411	424	178	324	187	479	3,210
2004	173	250	671	138	429	411	169	310	192	462	3,205
2005	175	225	672	145	412	403	169	308	184	452	3,145
2006	174	228	669	143	414	400	187	310	183	446	3,154
2007	184	240	660	142	385	376	188	302	189	443	3,109
2008	177	232	692	133	382	358	199	291	178	434	3,076
2009	187	233	685	138	384	357	192	284	184	429	3,073
2010	189	236	677	141	375	319	187	292	165	432	3,013
2011	188	230	687	143	387	288	173	282	158	416	2,952
2012	187	234	655	140	400	254	169	274	156	300	2,769

See notes 1, 2 and 3.

TABLE 4-5

Vermont Agency of Human Services  
Department of Mental Health

**SUBSTANCE ABUSE PROGRAMS****NUMBER OF CLIENTS SERVED: FY1986 - FY2012**

by Designated Agency

<u>Fiscal Year</u>	<u>CSAC</u>	<u>NCSS</u>	<u>HC</u>	<u>LCC</u>	<u>HCRS</u>	<u>NKHS</u>	<u>CMC</u>	<u>RMHS</u>	<u>UCS</u>	<u>WCMH</u>	<u>Total</u>
1986	85	27	36	111	297	215	73	45	193	127	1,209
1987	104	41	47	138	342	164	63	59	172	139	1,269
1988	81	35	16	93	409	140	90	83	111	144	1,202
1989	77	52	24	99	315	91	129	97	133	111	1,128
1990	73	57	28	0	401	100	106	922	376	130	2,193
1991	212	107	474	101	886	17	347	574	403	459	3,580
1992	224	77	368	90	804	2	361	712	408	342	3,388
1993	300	55	427	125	778	2	376	638	355	163	3,219
1994	297	50	354	143	787	1	372	715	367	18	3,104
1995	286	56	1,926	88	811	1	484	804	344	7	4,807
1996	228	41	1,911	86	683	1	413	705	355	7	4,430
1997	224	41	1,718	105	636	405	346	569	437	9	4,490
1998	217	66	1,523	82	671	467	417	542	416	6	4,407
1999	170	96	1,468	87	562	451	678	659	345	2	4,518
2000	190	102	1,476	94	577	536	725	677	410	2	4,789
2001	208	36	1,522	131	440	581	431	555	453	0	4,357
2002	189	23	1,675	26	487	684	1,051	580	501	1	5,217
2003	182	19	1,731	12	478	587	990	599	489	0	5,087
2004	176	13	1,723	3	521	633	891	685	456	0	5,101
2005	180	5	1,872	0	410	766	282	615	365	0	4,495
2006	219	0	2,116	0	428	723	431	645	423	0	4,985
2007	258	0	1,591	0	566	639	455	611	395	0	4,515
2008	189	0	1,561	0	626	632	515	629	396	0	4,548
2009	129	9	1,619	0	637	586	546	677	333	0	4,536
2010	196	35	1,967	0	692	631	462	607	414	0	5,004
2011	161	49	2,396	0	541	637	417	557	367	0	5,125
2012	195	45	2,397	0	526	545	390	602	401	0	5,101

See notes 1, 2 and 3.



## **Part 5: Notes**





## OVERVIEW

### 1. The Scope of This Report

The Vermont Department of Mental Health (DMH) is responsible for a variety of publicly funded outpatient, inpatient, residential and support services provided to children and adults who have an emotional disturbance, mental illness, and/or substance abuse disorder. DMH contracts with one designated agency (DA) in each geographic region of the state to be responsible for ensuring needed services are available through local planning, support coordination and outcomes monitoring within their region. A specialized service agency (SSA) is a separate entity also contracted by DMH that provides community services to a specific population. This report describes clients served and services provided during FY2012 by the Vermont State Hospital, ten designated agencies, and one specialized service agency for mental health services. Specialized Service Agencies that provide services under contract with the Division of Alcohol and Drug Abuse Program (ADAP) are not included in this report. On intake, most clients are assigned to one of these programs within the agency (primary program assignment) although the services they receive may be provided by more than one program in that agency (program of service).

The Department of Mental Health is responsible for the Vermont State Hospital and mental health programs at Vermont's designated agencies, including Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, and Emergency Services Programs. Many community mental health designated agencies also provide substance abuse services under contract with the State's Division of Alcohol and Drug Abuse Programs (ADAP) in the Department of Health.

Prior to the arrival of Tropical Storm Irene in August 2011, the Vermont State Hospital (Previously known as the "Vermont State Asylum for the Insane") had been a state-operated psychiatric hospital located in Waterbury, Vermont. The Vermont State Hospital (VSH) had served Vermont Residents with serious mental illness since the 1890s. In the wake of Tropical Storm Irene, VSH ceased to exist as a center of treatment of both a short-term and a long-term basis. During its last years, VSH served patients on both a short-term and a long-term basis. Short-term patients included adults who were experiencing an acute psychotic episode and criminal defendants referred to the hospital for psychiatric evaluation of sanity and/or competency to stand trial. Longer-term patients included those with a chronic mental illness who continued to be too actively psychotic to be integrated into the community and patients whose mental disorders and physical handicaps required a higher or more specialized level of care than is available in the community. Inpatient behavioral health care continues to be provided by four regional hospitals in Vermont and the Brattleboro Retreat; data on clients served by these facilities are not included in this report.

Children's Services Programs provide services to children and families who are undergoing emotional or psychological distress or are having problems adjusting to changing life situations. These programs primarily provide outpatient services (clinical, service planning, community supports, crisis and respite services), although several agencies also provide residential services for children and adolescents who have a severe emotional disturbance.

Adult Mental Health Outpatient Programs serve individuals 18 years of age and over who do not have prolonged serious disabilities but who are experiencing emotional, behavioral, or adjustment problems severe enough to warrant professional attention. Services offered include clinical, service planning and community support services and some crisis services.

Community Rehabilitation and Treatment (CRT) Programs serve adults with severe and persistent mental illness. In addition to regular clinical services, CRT Programs provide day treatment services, service planning, community supports, supported employment and a variety of housing services to clients who have a major mental illness.

Emergency Services Programs serve individuals who are experiencing an acute mental health crisis. Emergency services include diagnostic and psychotherapeutic services such as evaluation of the client and the circumstances leading to the crisis, crisis counseling, screening for hospitalization, referral and follow-up. These services are provided on a 24-hour a day, 7-day-per-week basis with both telephone and face-to-face services available as needed.

The Division of Alcohol and Drug Abuse Programs (ADAP) is responsible for providing services to people with alcohol and/or drug abuse problems and their families in a community setting through community mental health centers and other providers. This report describes substance abuse services provided by designated agencies including individual and group treatment, diagnosis and evaluation, and intensive outpatient services. Seven of the ten regional designated agencies provide substance abuse programs. In the WCMH catchment area, substance abuse services are provided by Central Vermont Substance Abuse Services. In the LCC catchment area, substance abuse services are provided by Copley Hospital. In the NCSS catchment area, substance abuse

services are provided by Champlain Drug and Alcohol Services. Substance Abuse Programs provide services to adults and children. During FY2012, 12% of substance abuse service recipients were under 20 years of age.

## **2. Community Provider Agencies**

Community-based services are provided to individuals throughout the state through contracts with nonprofit community provider agencies. The community provider agencies are designated by DMH at differing levels: designated agencies (DAs) and specialized service agencies (SSAs). The agencies and the areas they serve are described below.

### Designated Agencies

DMH funds community mental health services provided by designated agencies (DAs). Each DA serves a specific region or catchment area. Mental health service catchment areas broadly align with counties with the exceptions noted below. Together these mental health areas cover the entire state. Populations for these catchment areas are based on National Census figures obtained from the Vermont Department of Health.

The Counseling Service of Addison County (CSAC) serves all of Addison County except the towns of Granville and Hancock.

Northwestern Counseling and Support Services (NCSS) serves Franklin County and Grand Isle County.

The HowardCenter (HC) serves Chittenden County.

Lamoille Community Connections (LCC) serves Lamoille County. For Children's Services, Lamoille also serves the towns of Craftsbury, Greensboro, Hardwick, and Stannard from the Northeast Kingdom, and Woodbury from Washington County.

Health Care and Rehabilitation Services of Southeastern Vermont (HCRS) serves all of Windham County and Windsor County except the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge.

Northeast Kingdom Human Services (NKHS) serves Caledonia, Essex and Orleans Counties except the towns of Craftsbury, Greensboro, Hardwick, and Stannard for Children's Services.

The Clara Martin Center (CMC) serves recipients in Orange County (except the towns of Orange, Williamstown, and Washington, which are served by WCMH), the towns of Granville and Hancock in Addison County, and the towns of Bethel, Rochester, Royalton, Sharon and Stockbridge in Windsor County.

Rutland Mental Health Services (RMHS) serves Rutland County.

United Counseling Services (UCS) serves Bennington County.

Washington County Mental Health Services (WCMH) serves Washington County as well as the towns of Orange, Williamstown, and Washington from Orange County, with the exception of Woodbury for Children's Services.

### Specialized Service Agencies

DMH contracts with one SSA that provides community mental health services to a specific population.

The Northeastern Family Institute (NFI) in Williston provides intensive residential treatment for children and adolescents from all parts of Vermont who are experiencing a severe emotional disturbance.

## **3. Clients Served**

This report is based on a complete enumeration of clients served by Children's Services Programs, Adult Mental Health Outpatient Programs, Community Rehabilitation and Treatment Programs, Emergency Service Programs, and Substance Abuse Programs, and by the Vermont State Hospital. Although clients may receive services from more than one of these community-based programs, each client has a primary program assignment within the agency providing the services. Clients involved in other programs such as Retired Senior Volunteers Programs (RSVP), Head Start Programs, and Countermeasures Regarding Alcohol Safety on the Highway (CRASH)

Programs are included only if they were also served by one of the programs listed above. It should be noted that the clients and services reported for NFI include only those who receive DMH-funded services.

Tables that describe clients categorize them according to their primary program assignment rather than the program(s) by which they were served. Because of this, the numbers of clients served within each community service provider agency and VSH represent an unduplicated count of individual clients. Clients served by more than one program at a provider agency are counted only once. Individuals who were served by more than one provider agency, however, are counted more than once, as are individuals served by a provider agency and VSH. Table entries with the symbol "-" indicate either "no data reported" or "not applicable." Due to rounding, table entries with 0% indicate percentages that are less than 0.5%.

Clients who had not been assigned to a specific program as of the end of the fiscal year are reported as "unassigned" in the tables based on primary program assignment.

Tables that describe services provided by programs at community provider agencies categorize clients according to the program by which services were provided. Because of this, clients who received services from more than one program are counted more than once in tables which describe the services provided. Thus, the client totals in the tables that describe services do not equal the client totals in the tables that describe demographics. Table entries with the symbol "-" indicate either "no data reported" or "not applicable." Due to rounding, table entries with 0% indicate percentages that are less than 0.5%.

It should be kept in mind that many DAs do not register or record mental health services to every individual who might be seen in the course of client treatment. Collaterals, such as parents, children, or spouses of registered clients, for instance, frequently receive services coincident to services to the primary client. Family therapy is especially likely to involve individuals who do not become registered clients so that the number of clients reported would be substantially fewer than the actual total number of individuals seen.

The rates of clients served per 1,000 population in Table 1-2 are presented as a comparable standardized measure of the proportion of the residents of specified geographical regions who are served by specified programs. This utilization rate is computed according to the formula:

$$R = \frac{1,000C}{P}$$

where R is the rate of clients served per 1,000 population, C is the number of clients served, and P is the age-specific population of the geographic area in question. Children's Services utilization rates are based on the catchment area population of residents under 18 years of age. CRT, Adult Mental Health Outpatient, Substance Abuse and VSH service utilization rates are based on adult population counts. Total population counts are used to calculate utilization rates for unassigned clients. Note that in earlier versions of this report (prior to FY2001) all program utilization rates were based on total population figures. Counts for the catchment area populations were based on National Census figures (July 1, 2010) obtained from the Vermont Department of Health.

### Vermont Population of Service Areas

Provider / Catchment Area		Child <18	Adult 18 +	Total
Statewide		129,233	496,508	625,741
CSAC	Addison	7,391	28,809	36,200
NCSS	Franklin/Grand Isle	13,224	41,492	54,716
HC	Chittenden	31,313	125,232	156,545
LCC	Lamoille	6,781	19,008	25,789
HCRS	Southeast	18,512	74,491	93,003
NKHS	Northeast	12,637	50,978	63,615
CMC	Orange	6,577	25,660	32,237
RMHS	Rutland	11,882	49,760	61,642
UCS	Bennington	7,603	29,522	37,125
WCMH	Washington	13,313	51,556	64,869

#### 4. Age

The age of clients was calculated from their date of birth and is current as of December 31, 2011, the midpoint of the period covered by this report.

#### 5. Income

Income is based on clients' or their families' report of gross annual household income. The income reported should include all sources of income including Supplemental Security Income (SSI) benefits, welfare payments, unemployment compensation, alimony and child support payments, in addition to income earned from employment or investment. All income from all members of a residential/economic unit should be included. If a client lives with unrelated others with whom he or she does not pool financial resources, income of the other resident(s) should not be counted toward the client's income.

#### 6. Responsibility for Fee

Responsibility for fee is reported for five categories: Medicaid, Medicare, other insurance, state agency contract, and uninsured. Providers can report up to three payers for each client. Therefore, the categories are not mutually exclusive and clients may be counted in more than one category. "Medicaid" includes all clients who are covered by Medicaid, including people on the Medicaid Waiver. "Medicare" includes all clients who are covered by Medicare. "Other Insurance" includes all clients with other third-party insurance excluding Medicaid and Medicare. This category includes private insurance, service contracts, Veterans Administration, Civilian Health and Medical Program of the Uniformed Services (CHAMPUS), and worker's compensation. "State Agency Contracts" includes clients whose services are partly funded by DMH, ADAP, DCF and Vocational Rehabilitation contracts. Finally, the "Uninsured/unknown" category is the residual category for clients who are not reported in any of the other categories noted above.

Medical insurance does not necessarily cover mental health services and, even when these services are covered, the reimbursement may be substantially less than the cost of the services. Because of this, insured clients should be considered partly self-paying clients as well.

Information on responsibility for fee presented here is current as of the end of the report period (06/30/2012). Since insurance coverage is subject to change, the insurance coverage reported here may not have been in effect for the entire year of the report.

## 7. Diagnosis

Diagnostic categories included in this report are based on the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders*, Fourth Edition (DSM IV). Clients may receive more than one diagnosis. These clients will be reported under more than one diagnostic group. For this reason, the total number of diagnoses will exceed the total number of clients served. Specific diagnoses have been grouped into diagnostic categories according to the following specifications:

### Organic Brain Syndromes:

Senile and Presenile Dementias (290.1x, 290.20, 290.21, 290.30, 290.4x, 290.00);  
Some Organic Brain Syndromes (293.00, 293.81, 293.82, 293.83, 294.00, 294.10, 294.00, 294.10, 294.80, 310.10);  
Psychoactive Substance-Induced Organic Mental Disorders (291.00, 291.10, 291.2x, 291.30, 291.40, 291.80, 292.00, 292.11, 292.12, 292.81, 292.82, 292.83, 292.84, 292.89, 292.90).

### Schizophrenic and Other Psychotic Disorders:

Schizophrenic Disorders (295, 1x, 295.2x, 295.3x, 295.9x, 295.6x);  
Paranoid Disorders (297.10, 297.30, 297.90, 298.30);  
Autism (299.0x, 299.8x, 299.9x);  
Psychotic Disorders not Classified Elsewhere (295.40, 295.70, 298.80, 298.90).

### Affective Disorders:

Major Affective Disorders (296.2x, 296.3x, 296.4x, 296.5x, 296.6x);  
Other Specific Affective Disorders (300.40, 301.13, 311.00);  
Atypical Affective Disorders (296.70, 296.82).

### Anxiety Disorders:

Phobic Disorders (300.21, 300.22, 300.23, 300.29);  
Anxiety Neuroses (300.01, 300.02, 300.30);  
Post Traumatic Stress Disorder (300.00, 308.30, 309.81, 309.89).

### Personality Disorders:

Personality Disorders (301.00, 301.20, 301.22, 301.40, 301.50, 301.60, 301.70, 301.81, 301.82, 301.83, 301.84, 301.90);  
Factitious Disorders (300.16, 300.19, 301.51).

### Adjustment Disorders:

Adjustment Disorders (309.00, 309.23, 309.24, 309.28, 309.30, 309.40, 309.82, 309.83, 309.90).

### Social Problems:

Conditions Not Attributable to a Mental Disorder that are a Focus of Attention or Treatment (15.81, 61.10, 61.20, 61.80, 62.20, 62.30, 62.82, 62.88, 62.89, 65.20, 71.01, 71.02).

### Substance Abuse:

Substance Use Disorders (303.9x, 304.0x, 304.1x, 304.3x, 304.4x, 304.6x, 304.7x, 304.8x, 304.9x, 305.0x-305.7x, 305.9x).

### Childhood Non-Psychotic Disorders:

Attention Deficit Disorder (314.00, 314.01, 314.80);  
Conduct Disorder (312.00, 312.20, 312.90, 313.81);  
Anxiety Disorders of Childhood or Adolescence (309.21, 313.00, 313.21).

### Other Psychological Disorders:

Gender Identity Disorders (302.5x, 302.60, 302.85);  
Paraphilias (302.10, 302.20, 302.30, 302.40, 302.81-302.84, 302.90);  
Psychosexual Dysfunctions (302.70-302.76, 306.51);  
Other Psychosexual Disorders (302.00, 302.89);  
Psychological Factors Affecting Physical Conditions (316.00);  
Disorders of Impulse Control (312.31-312.35, 312.39).

### Mental Retardation/Developmental Disorders:

Mental Retardation (317.0x, 318.0x-318.2x, 319.0x);  
Specific Developmental Disorders (315.00, 315.10, 315.31, 315.39, 315.50, 315.90).

## **8. Problems**

Part of the intake process for each client is a problem checklist. The problem areas are not mutually exclusive, as an individual may have more than one type of problem. Since this assessment is conducted only at intake, the problems may not be current for long-term clients. Problems apparent at intake may have been resolved and/or new problems may have arisen. Also, clients admitted prior to FY2002 were not assessed with reference to Mood, Criminal, Victim and Runaway. This information is not collected for clients treated at the Vermont State Hospital.

## **9. Length of Stay**

Information on clients' length of stay is based on admission dates reported by community provider agencies and VSH. These dates represent the most recent admission for the clients, not the date of their first admission. For this reason, these figures may substantially understate the total length of time clients had been in treatment.

Community provider agencies vary in their standard operating procedures with regard to discharging and readmitting clients. Some agencies routinely discharge clients after specified periods of inactivity. Other programs rarely discharge long-term clients with severe and persistent disorders.

## **TYPES OF SERVICE**

### **10. Clinical Interventions**

#### Individual, Family and Group Therapy

Individual, Family and Group Therapy refers to all psychotherapeutic and substance abuse services. Individual Therapy is a method of treatment that uses the interaction between a therapist and the individual to facilitate emotional or psychological change, to alleviate distress, and change substance use. Family Therapy is a method of treatment that uses the interaction between a therapist and the individual together with family members to facilitate emotional or psychological change and to alleviate distress. Group Therapy is a method of treatment that uses the interaction between a therapist and the individual together with peers to facilitate emotional or psychological change and to alleviate distress.

Psychotherapeutic services described in this report refer to services received by clients. A group therapy session in which one clinician meets with five clients, for instance, is counted as five services. Individual therapy sessions involving couples or families may involve multiple services as well. Individual and family therapy sessions tend to last about one hour. Group therapy sessions average about 1 1/2 hours statewide. Individual, family and group therapy services are reported for nonresidential programs only.

#### Medication and Medical Support and Consultation Services

Medication and Medical Support and Consultation Services include evaluating the need for, prescribing and monitoring medication, and providing medical observation, support and consultation for an individual's health care. These services include evaluation of the need for psychoactive medication, the prescription by a qualified clinician, therapist, psychiatrist or nurse practitioner of psychoactive drugs intended to mitigate or prevent symptoms of mental illness and the monitoring and assessment of patient reaction to prescribed drugs. Medication and Medical Support and Consultation Services are reported for nonresidential programs only.

#### Clinical Assessment

Clinical Assessment refers to psychiatric, psychological, psychosocial, substance abuse, and/or developmental assessment sessions and the preparation of individualized plans, including the administration and interpretation of psychometric tests and the preparation of reports. Clinical Assessment services average about 1 hour and 20 minutes in duration and are reported for outpatient programs only when they are recorded as a separate service.

#### Assessment Bed

Assessment Bed provides an intensive time-limited (maximum 60 days) stable setting to formulate a diagnosis; evaluates an individual's and family's strengths and needs; and begins service planning and coordination, therapy, community supports, and medication services as necessary. This is for children's services only and is an exception

to most assessments that are done in a child's home, school or community. A breakdown of these services by provider is not given in Part 2A as there is only one Children's Services Program that provides assessment bed services. During FY2012, NFI provided assessment bed services to 10 young clients.

## **11. Day Services**

The Day Services reported in this book include community-based Day Services and Partial Hospitalization. Note that Children's Services do not provide day services.

Day Services are group recovery activities in a milieu that promotes wellness, empowerment, a sense of community, personal responsibility, self-esteem and hope. These activities are consumer-centered. This service provides socialization, daily skills development and crisis support, and promotes self-advocacy. The primary providers of Day Services are Community Rehabilitation and Treatment Programs and Substance Abuse Programs.

Partial Hospitalization is an intensive (4-16 hours/day), time-limited (maximum 21 days) service provided as an alternative to inpatient care to prevent or shorten psychiatric hospitalization and promote recovery. Partial Hospitalization services are provided to individuals who would otherwise meet inpatient criteria, and medical personnel (nurse, physician) are accessible to provide services during hours of operation. Treatment modalities include diagnosis and evaluation; service planning and coordination; community supports; individual, group and family therapy; medication services and psycho-educational skill development for managing symptoms.

## **12. Service Planning and Coordination**

Service Planning and Coordination fall under the broad category of Case Management. Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports that are planned and coordinated may be formal (provided by the human services system) or informal (available through the strengths and resources of the family or community). Services and supports include discharge planning, advocacy, and monitoring the well being of individuals (and their families) and supporting them to make their own decisions.

## **13. Community Supports**

Community Supports fall under the broad category of Case Management. Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote recovery. These supports may include assistance in daily living, supportive counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. All of these activities may also be provided in a group setting. Community supports may further include family education, consultation and training services that provide family members, significant others, home providers and foster families with the knowledge, skills, and understanding necessary to promote positive change.

## **14. Employment Services**

Employment Services assist transition-age youth and adults in setting and achieving career and work goals. These services have four components. Employment assessment involves evaluation of the individual's work skills, identification of the individual's preferences and interests, and the development of personal work goals. Employer and job development helps clients gain employment by developing and supporting employers. Activities for employer development include identification, creation or enhancement of job opportunities, education, consulting, and assisting co-workers and managers in supporting and interacting with individuals. Job training assists an individual to begin work, learn the job, and gain social inclusion at work. Ongoing support to maintain employment involves activities needed to sustain paid work by the individual. These supports and services may be given both on and off the job site, and may involve long-term and/or intermittent follow-up.

Part 1 reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs, the primary provider of these services, is given in Part 2C.

## **15. Crisis Services**

Crisis Services are time-limited, intensive supports provided for individuals and families who are currently experiencing, or may be expected to experience, a psychological, behavioral, or emotional crisis. Services may also be provided to the individual's or family's immediate support system. These services are available 24 hours a day, 7 days a week. Crisis Services consist of two component parts: (1) Emergency/Crisis Assessment, Support and Referral, and (2) Emergency Beds.

### Emergency/Crisis Assessment, Support and Referral

Emergency/Crisis Assessment, Support and Referral is a nonresidential service which includes initial information gathering, triage, training and early intervention, supportive counseling, consultation, referral and crisis planning. In addition, supports include: outreach and stabilization, clinical diagnosis and evaluation, treatment and direct support, and integration/discharge planning back to the person's home or alternative setting. Assessment may also include screening for inpatient psychiatric admission.

### Emergency/Crisis Beds

Emergency Beds offer emergency, short-term, 24-hour residential supports in a setting other than the person's home. Part 1 reports provision of these services by program of service. A further breakdown by community provider for Community Rehabilitation and Treatment Programs is given in Part 2C.

## **16. Housing and Home Supports**

Housing and Home Supports provide services, supports and supervision to individuals in and around their residences up to 24 hours a day.

Residential services (by the day) are provided in a variety of settings. Staffed Living services are residential living arrangements for one or two people, staffed full-time by providers. Group Treatment/Living services are group living arrangements for three or more people. Licensed Home Providers/Foster Families are individualized shared-living arrangements for children, offered within Home Providers/Foster Families homes that are licensed. Unlicensed Home Providers/Foster Families are individualized shared-living arrangements for children and adults, offered within Home Providers/Foster Families homes. Both licensed and unlicensed home providers/foster families are contracted workers and are not considered staff in their role as contracted provider. All of the above services consist of residential days. Residential services in these settings frequently include planning and coordination together with other therapeutic, educational and supportive services as part of the overall residential service package.

Supervised/Assisted Living services (by the hour) are regularly scheduled or intermittent supports provided to an individual who lives in his or her home or that of a family member. These services are not provided by Children's Services Programs.

Residential facilities in the community for community mental health clients but not funded by the Department of Mental Health are not included in this report. These facilities include community care homes, nursing homes, boarding houses, and a number of other residential settings. Residential substance abuse treatment provided by designated agencies is also excluded from this report.

Institutional services are days in residence at the Vermont State Hospital. The day on which patients were admitted to this institution is included, while the day patients were discharged is excluded for purposes of determining length of stay. Residential services provided at the Brattleboro Retreat are not included in this report.

## **17. Respite Services**

Respite services assist family members to help support specific individuals with disabilities. Respite services (by the hour or by the day/overnight) are provided on a short-term basis because of the absence, or need for relief, of those persons normally providing care to individuals who cannot be left unsupervised. Respite services are provided by Children's Services. Respite service data may be incomplete as arrangements and reporting vary from agency to agency.



## **18. Condition on Termination**

Clinical staff are asked to rate as "improved," "unchanged," or "worse" the condition of each client whose case is closed. These ratings represent the professional opinion of the clinicians. Condition on termination is not reported by the Vermont State Hospital.

Discharge rates reported for designated agency clients may underestimate the actual rates. This occurs because it was not possible to identify clients who were discharged during a quarter in which they received services and their condition on termination had not yet been rated.

Clients who died while they were on the rolls of the community program or institutions are counted as discharged clients and are included in the discharge rate.

## **VERMONT STATE HOSPITAL**

## **19. Admissions and Discharges**

Admissions to and discharges from the Vermont State Hospital include both first admissions and readmissions. Individuals with more than one admission or discharge during the year have been counted more than once in these totals.

For purposes of calculating total patient days and overall daily census, the day each patient is admitted to the hospital is counted as a full day in residence, while the day each patient is discharged is not counted as a day in residence.

## **20. Legal Status**

Patients are admitted to the Vermont State Hospital in one of several legal statuses. These have been grouped into four categories for purposes of this report: voluntary, emergency, forensic, and other. Emergency, forensic, and other admissions are all involuntary admissions to the Vermont State Hospital.

Voluntary admissions include conditional voluntary admissions and regular voluntary admissions. In order to qualify as a conditional voluntary admission, the patient must have enough insight and capacity to make a responsible application. He or she must be mentally ill and in need of hospitalization. He or she must want to be admitted to the hospital as a voluntary patient; no third party may sign the patient in. Conditional voluntary patients must sign a consent form for admission stating that they understand their treatment will involve inpatient status, that they desire to be admitted to the hospital, and that they consent to admission voluntarily, without any coercion or duress. There is no special time limit on this type of admission. When the treatment team feels the patient is well enough to leave the hospital, he or she may be placed on a pre-placement visit, conditionally released, or discharged.

Regular voluntary admissions are similar to conditional voluntary admissions except that the patient must be discharged immediately when he or she gives notice.

Emergency admission includes admissions for emergency examination and admissions under a warrant for immediate examination. Admissions for emergency examination occur upon written application by an interested party accompanied by a certificate signed by a licensed physician who is not the applicant. The application sets forth the facts and circumstances which constitute the need for an emergency examination and which show that the person is in need of treatment. After being examined by a VSH psychiatrist and found to be in need of hospitalization, the application for involuntary treatment is filed with the Waterbury Circuit Court. A hearing date is then set. (Patients are sometimes administratively discharged or conditionally released prior to the hearing date.)

Admissions under a warrant for immediate examination occur in emergency circumstances in which a certification by a physician is not available without serious and unreasonable delay and when personal observation of the conduct of a person constitutes reasonable grounds to believe that the person is in need of treatment and that he or she presents an immediate risk of serious injury to self or others. A law enforcement officer or mental health professional may make an application, not accompanied by a physician's certificate, to any district or superior court judge for a warrant for an immediate examination. If the judge is satisfied that a physician's certificate is not available without serious and unreasonable delay and that probable cause exists to believe that the person is in need of an immediate examination, the judge may order the person to submit to an immediate examination at the

Vermont State Hospital. Upon admission, he or she shall be immediately examined by a licensed physician. If the physician certifies that the person is in need of treatment, the person shall be held for an emergency examination (discussed above). If not certified, the person must be discharged immediately.

Forensic admissions include admissions for court-ordered observation, other forensic admissions before hospitalization hearings, and commitments following competency and hospitalization hearings. Admissions for observation occur when a district court sends a criminal defendant to the Vermont State Hospital for psychiatric evaluation. An outside forensic psychiatrist sees the patient to determine if he or she was insane at the time of the alleged offense, had the mental state required for the offense charged, or is competent to stand trial for the alleged offense. These orders vary from 15 to 60 days. These patients cannot leave the hospital or be released from the hospital without an order from the court. Once the examination has been completed and the evaluation is received by the court, a hearing date is set for final disposition.

Other forensic includes patients admitted after completion of observation outside of the State Hospital. The patient was found not competent and insane, and the court ordered the person to be hospitalized pending hearing.

A commitment following a competency and hospitalization hearing is a civil commitment following an observation order and a hearing on the question of competency to stand trial and sanity at the time of the offense. In most cases it means that a person has been found not competent to stand trial and in need of hospitalization. All relaxation of restrictions must be approved by the head of the hospital. Some patients have to be returned to court before being released to the community, and in these cases all requests for relaxation of restrictions must be approved by the head of the hospital and the Commissioner. Prior to discharge, clear-cut aftercare plans must be approved by the head of the hospital, and the state's attorney requires a 10-day written notice prior to any release.

Other types of legal status include revocation of conditional release, revocation of orders of non-hospitalization, involuntary court commitment for 90 days, and transfers under interstate compact. A revocation of conditional release occurs when the head of the hospital revokes a conditional discharge before that discharge becomes absolute because the patient failed to comply with the conditions of the discharge. A revocation of orders of non-hospitalization occurs when a judge revokes an order of non-hospitalization because the patient failed to comply with the conditions of the order. An involuntary court commitment for 90 days applies to a patient who has been committed by the court after having been found mentally ill and in need of treatment. This is a civil commitment for a period not to exceed ninety days. If, prior to the expiration of the court commitment, the treatment team feels the patient is not ready to leave the hospital, they may apply for continued treatment. If the patient is well enough to leave the hospital, he or she may be discharged at the expiration of the court commitment order. Transfers under interstate compact usually occur when the patient is a former Vermont State Hospital patient (this is not a necessary condition, however) and is in an institution in another state. When both states' Departments of Mental Health agree that it would be in the best interest of the patient to return him or her to this hospital, the patient is transferred on a "transfer under the interstate compact." The patient must be committed to the hospital in the other state since voluntary patients cannot be transferred under this compact.

## **21. Type of Admission**

Patients reported as first admissions to the Vermont State Hospital have had no previous admissions to that institution. Patients reported as readmissions have previously been admitted to the hospital, although those admissions may not have occurred during the report period. The reader should keep in mind that the length of stay of first admissions includes all of the time these patients have spent in the Vermont State Hospital while the length of stay of readmissions includes only the current admission, which may be only a fraction of their total time in the hospital.

## **22. Discharge Rate**

The discharge rate for clients admitted to the Vermont State Hospital during FY2012 (Tables 3-14 through 3-19) is based on the number of days between each patient's admission to the hospital and his or her discharge. Patients discharged six or fewer days after their admission are reported as discharged within 1 week, patients discharged 13 or fewer days after their admission are counted as discharged within 2 weeks, etc. It should be kept in mind that these discharge rates are cumulative, not mutually exclusive. Patients counted as being discharged within one week of their admission are also counted as being discharged within two weeks of their admission, etc.

### **23. Length of Stay**

Two measures of the length of stay of patients in residence at the Vermont State Hospital at the end of the fiscal year are presented in Tables 3-20 through 3-25. The arithmetic mean is derived by adding the length of time between each patient's most recent admission and the last day of the fiscal year (June 30, 2012) and dividing the grand total by the number of patients in residence at the end of the year. The median length of stay is the time between the most recent admission and the end of the year for the patient who had been at the hospital as long as half of the patients in residence. The median is the fiftieth percentile.

At any given time, many patients will have been in the hospital relatively short periods of time while a few patients will have been in the hospital for very long periods of time. Because of this, the distribution of lengths of stay is skewed to the right. In this situation the mean is always greater than the median. The arithmetic mean presents a more accurate picture of the total utilization of the Vermont State Hospital by all patients in the various categories reported, while the median presents a more accurate picture of the length of stay of individuals in the categories.