

# Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health  
26 Terrace Street, Montpelier, Vermont 05609

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

FROM: Christopher Donnelly and Tyler Blouin

DATE: October 16, 2015

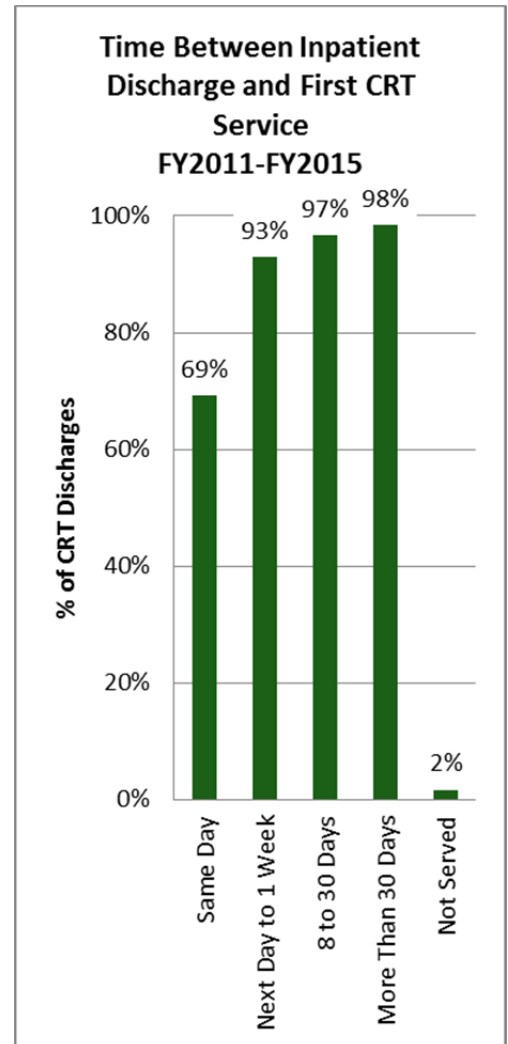
RE: Community Services to CRT Clients after Discharge from Inpatient Care

This report provides information on the number of days between discharge from psychiatric inpatient care and first receipt of Community Rehabilitation and Treatment (CRT) services.

We analyze information from two DMH databases. The Monthly Service Report (MSR) database provides data on the first service subsequent to inpatient discharge and the DMH CRT Inpatient Database provides data on the date of each hospital discharge. These two databases provide relevant information for the 2,242 discharges of 970 individuals during the study period. Some individuals had more than one hospitalization during the study period, with the number of discharges per person ranging from 1 (515 individuals) to 29 (1 individual).

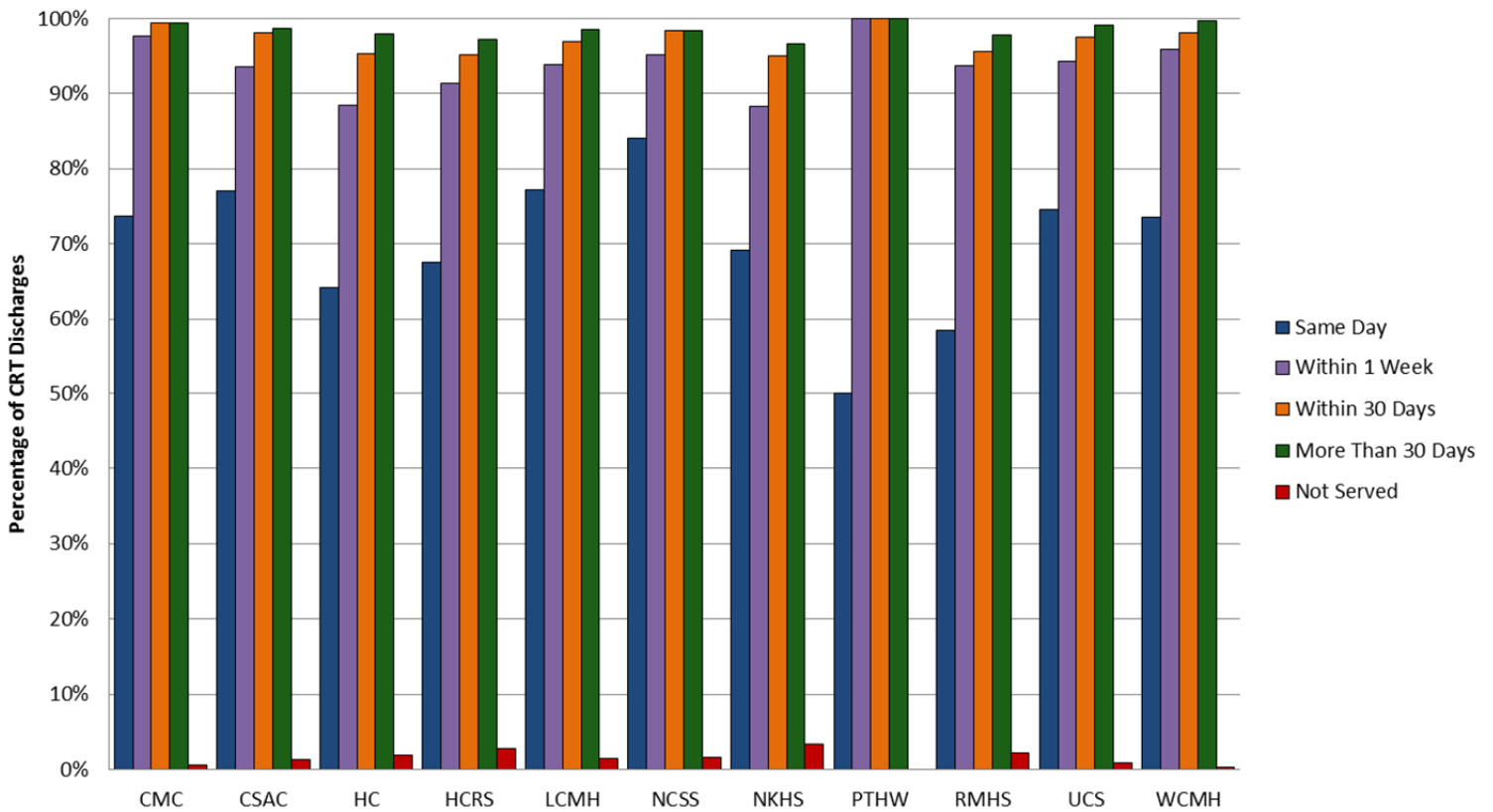
69% of all CRT discharges during the study period were followed by a CRT service during the same day. 93% received a service within one week, and 97% received a service within 30 days. 2% of discharges (37) were followed with no services.

DAs differed significantly in the amount of time between inpatient discharge and CRT services during the study period. Percentages of CRT clients served on day of discharge ranged from 50% (PTHW) to 84% (NCSS), improving to 88% (HC; NKHS) and 100% (PTHW) for service within a week of discharge. Percentages continued to improve when considering services rendered within a month of discharge, spanning from 95% of clients receiving services (HC; HCRS; NKHS) to 100% (PTHW). In total, 97% (HCRS; NKHS) to 100% (PTHW; WCMH) of discharged clients received CRT services at some point.



We look forward to your questions, comments, and requests for further analyses. We can be reached at [ahs.dmhip@vermont.gov](mailto:ahs.dmhip@vermont.gov).

## Time Between Inpatient Discharge and First CRT Service by DA, FY2011-FY2015



### Community MH Services After Inpatient Discharge

DA	Same Day		Within 1 Week		Within 30 Days		More Than 30 Days		Not Served		Total Discharges N
	N	%	N	%	N	%	N	%	N	%	
CMC	129	74%	171	98%	174	99%	174	99%	1	1%	175
CSAC	121	77%	147	94%	154	98%	155	99%	2	1%	157
HC	261	64%	360	88%	388	95%	399	98%	8	2%	407
HCRS	268	68%	363	91%	378	95%	386	97%	11	3%	397
LCMH	51	77%	62	94%	64	97%	65	98%	1	2%	66
NCSS	53	84%	60	95%	62	98%	62	98%	1	2%	63
NKHS	83	69%	106	88%	114	95%	116	97%	4	3%	120
PTHW	1	50%	2	100%	2	100%	2	100%	0	0%	2
RMHS	185	59%	296	94%	302	96%	309	98%	7	2%	316
UCS	91	75%	115	94%	119	98%	121	99%	1	1%	122
WCMH	307	74%	400	96%	409	98%	416	100%	1	0%	417
<b>Total</b>	<b>1550</b>	<b>69%</b>	<b>2082</b>	<b>93%</b>	<b>2166</b>	<b>97%</b>	<b>2205</b>	<b>98%</b>	<b>37</b>	<b>2%</b>	<b>2242</b>