

## Vermont Mental Health Performance Indicator Project

Agency of Human Services, Department of Mental Health  
26 Terrace Street, Montpelier, Vermont 05609

TO: Vermont Mental Health Performance Indicator Project  
Advisory Group and Interested Parties

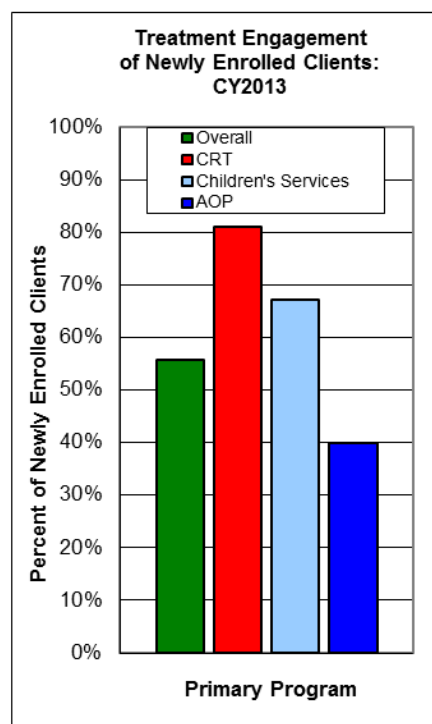
FROM: Emma Harrigan and Cindy Chornyak

DATE: June 27, 2014

RE: Treatment Engagement of Mental Health Clients: CY2013

This week's brief report provides information regarding the numbers of enrolled clients who received services from each of three community mental health programs: Child, Youth, and Family Services Programs, Adult Mental Health Outpatient (AOP) Programs, and Community Rehabilitation and Treatment (CRT) Programs for adults with serious mental illness, statewide, and for each of Vermont's ten Designated Agencies (DAs). Specifically, this report examines treatment engagement of newly enrolled clients, which is one of several outcomes measured for the annual Master Grant for DAs.

This analysis is based on calendar year (CY) 2013 Monthly Service Report (MSR) data submitted to Department of Mental Health (DMH) DAs. Treatment engagement is defined as clients enrolled during the calendar year who received two or more services within 30 days from their last Diagnosis and Evaluation Service, or from program start date (if no Diagnosis and Evaluation Services were received).

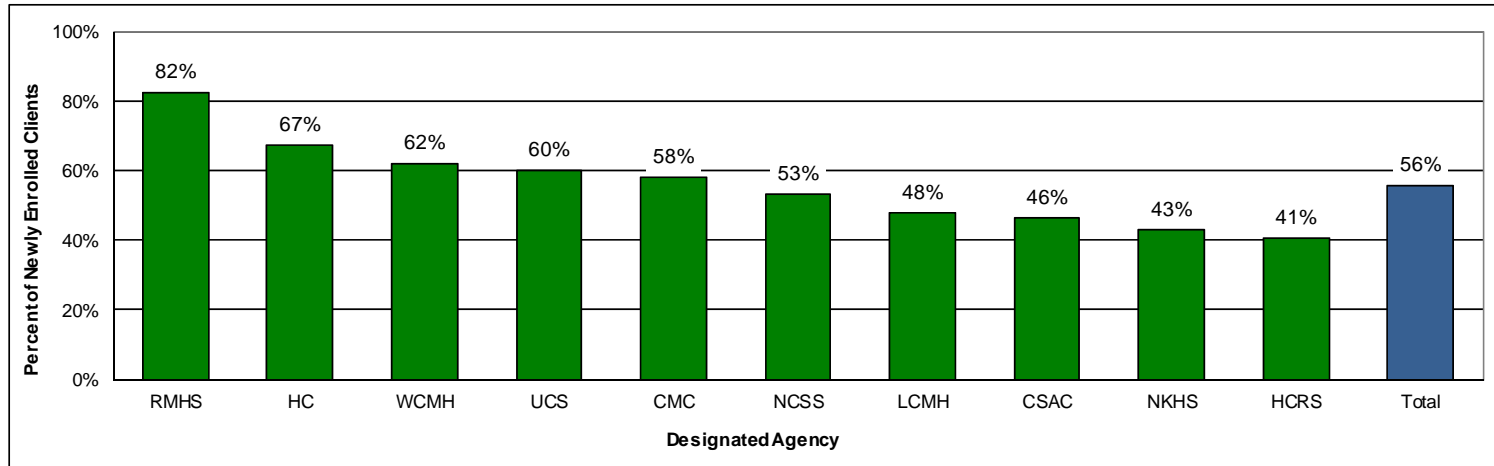


Statewide, 56% (4,283 out of 7,690) of newly enrolled clients in all three programs meet this definition of treatment engagement, with CRT clients having the most engagement (81%), followed by Child, Youth, and Family Services clients (67%), and AOP clients (40%). Amongst DAs, RMHS had the highest percentage of clients engaged (82%). Six of ten agencies had more than 50% of newly enrolled clients engaged: RMHS (82%), HC (67%), WCMH (62%), UCS (60%), CMC (58%), and NCSS (53%).

Within programs there was substantial variation across DAs in percent of newly enrolled clients engaged. For CRT programs, the percent of engagement ranged from a high of 100% at CSAC, CMC, and RMHS to a low of 50% at LCMH. For AOP programs, this range of percent of engagement ranged from a high of 80% at RMHS to a low of 16% at NKHS. For Child, Youth, and Family Services, the highest percentages of engagement were at HC and RMHS (81%), and the lowest percent of engagement was at CSAC (52%).

We look forward to your questions, comments, and interpretation of these findings. As always, we can be reached at [pip@state.vt.us](mailto:pip@state.vt.us).

## Mental Health Client Treatment Engagement at Designated Agencies During CY2013



Designated Agency/Region		Primary Program											
		Overall			CRT			AOP			Children's Services		
		Newly Enrolled Clients	Clients with Treatment Engagement #	%	Newly Enrolled Clients	Clients with Treatment Engagement #	%	Newly Enrolled Clients	Clients with Treatment Engagement #	%	Newly Enrolled Clients	Clients with Treatment Engagement #	%
RMHS	Rutland	646	532	82%	47	47	100%	91	73	80%	508	412	81%
HC	Chittenden	1,008	679	67%	38	29	76%	337	137	41%	633	513	81%
WCMH	Washington	1,026	637	62%	15	9	60%	496	243	49%	515	385	75%
UCS	Bennington	597	358	60%	12	9	75%	304	161	53%	281	188	67%
CMC	Orange	504	292	58%	1	1	100%	269	162	60%	234	129	55%
NCSS	Northwest	1,007	537	53%	20	19	95%	412	201	49%	575	317	55%
LCMH	Lamoille	220	105	48%	10	5	50%	67	14	21%	143	86	60%
CSAC	Addison	654	302	46%	9	9	100%	265	94	35%	380	199	52%
NKHS	Northeast	773	331	43%	16	14	88%	403	66	16%	354	251	71%
HCRS	Southeast	1,255	510	41%	26	15	58%	660	164	25%	569	331	58%
<b>Statewide</b>		<b>7,690</b>	<b>4,283</b>	<b>56%</b>	<b>194</b>	<b>157</b>	<b>81%</b>	<b>3,304</b>	<b>1315</b>	<b>40%</b>	<b>4,192</b>	<b>2,811</b>	<b>67%</b>

Analysis conducted by the Vermont Department of Mental Health Research & Statistics Unit.  
Analysis is based on CY2013 Monthly Service Report (MSR) data submitted to Department of Mental Health by designated community agencies for clients enrolled in the Adult Outpatient (AOP) Program; the Child, Youth, and Family Services Program; and the Community Rehabilitation and Treatment (CRT) Program in CY2013. Treatment Engagement is defined as the number of clients enrolled during the calendar year who received 2 or more services from the last Diagnosis and Evaluation Service or from the start of the program of service (if no D&E services were received). Diagnosis and Evaluation Services are not counted toward treatment engagement.