

**Meeting Minutes**  
**ACT 264/SPSC Meeting**  
**05.27.2016**

**ATTENDING:** Cheryle Bilodeau, Charlie Biss, Ron Bos-Lun, Betsy Cain, Linda Cruise, Kathy Holsopple, Tiffany Hubbard, Alice Maynard, Doug Norford, John Pierce, Cinn Smith, Matt Wolf, & Karen Woolsey.

<u>Agenda Items</u>	<u>Discussion Points</u>	<u>Decisions/Actions</u>
<b>Joint ACT264 &amp; SPSC Meeting (9:45-12:15)</b>		
❖ Updates/Minutes Approval	<ul style="list-style-type: none"> <li>April meeting minutes do not seem to have been distributed to group by Carolynn, so approval could not occur.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Linda will email April and May minutes to everyone for review.</li> </ul>
❖ Future Agenda Items	<ul style="list-style-type: none"> <li>For July Meeting – Cheryle is willing to talk more about the ETI and Turn the Curve work.</li> <li>The group would like Roy Gerstenberger from DAIL to join the meeting to discuss dual-diagnosed children.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Cheryle is unable to attend June’s meeting. She could invite Carol Maloney to come and talk more about the initiative in her place.</li> </ul>
❖ Membership Recruitment Status & Ideas	<ul style="list-style-type: none"> <li>Cinn will be switching from Advocate to Parent role when Alice Maynard comes onto the Act 264 Board. Jeetan will not be continuing with his role on SPSC.</li> <li>Both Cinn and Kathy need to be reappointed by June 30<sup>th</sup> to SPSC.</li> <li>No one is sure what the status of Cindy Martell is.</li> <li>One Parent opening for Act 264 Board, after Alice joins.</li> <li>Kathy updated members on Pamela Hunt. She believes Pam thinks she has resigned.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Linda will update current membership list and redistribute to groups.</li> <li>➤ Kathy will get in touch with Cindy M. and Pamela Hunt to determine their status.</li> </ul>
❖ Cheryle Bilodeau – IFS Director	<ul style="list-style-type: none"> <li>Presented and reviewed a draft of "Crosswalk: Enhanced teaming Initiative &amp; Coordinated Services Planning" document, which outlines the differences and similarities between ETI and CSP. This is a weekly pilot program designed to help bridge services for families being served by both DCF Reach Up and CCO.</li> <li>Several members spoke about the common dilemma they have encountered, of many individuals/agencies involved with CSP unsure of who takes the lead for coordinating services for the client.</li> <li>There was also concern about challenges involving how to meet the requirements of essentially an unfunded mandate. The desire is to see more children go through the CSP process and cases are becoming more complex. Several agreed further consideration for increased lead-agency funding is necessary, to ensure agencies step up to serve children and families with mental health needs.</li> <li>A checklist was suggested for parent reps to follow when participating in the CSP.</li> <li><b>SAVE THE DATE:</b> Tuesday, Nov. 1 is the “LIT Extravaganza” at WSOC.</li> <li><b>FYI:</b> “IFS Appreciative Inquiry” half-day event will be held at WSOC on June 6<sup>th</sup>.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Group will provide feedback to IFS team, re: new document.</li> <li>➤ Cheryle will report back to the group on its progress.</li> <li>➤ Recommendation: Families need to know that their involvement with this initiative is voluntary.</li> </ul>

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❖ Charlie Biss – CAFU Director	<ul style="list-style-type: none"> <li>• The Quality position has been filled by Jessica Bernard, who comes to DMH from COTS and WCMHS, with a background in providing program services and eager to take on new challenges. Her start date will be June 13<sup>th</sup>. Because this position has been unfilled since last December, program reviews are currently backed up and will not be done by June.</li> <li>• With Jessica coming on board, DMH’s specific SPSC roles are still in flux (e.g., who will attend meetings, etc.). In the beginning, Jessica and Charlie will be coming. Linda will take minutes for SPSC portion only of this meeting and possibly attend the SPSC portion, but more likely Jessica will be the one attending. DMH staff will not be able to take notes for the Act 264 portion of this meeting.</li> <li>• Three DAs are waiting for designation reports.</li> <li>• <b>Legislature News:</b> <ul style="list-style-type: none"> <li>○ The DAs got an annualized 1.6% funding increase (which in essence is a 2% increase but it doesn’t start to Sept.).</li> <li>○ Kathy asked and voiced concern about the push for legalization of marijuana and how it could impact related mental-health issues.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ Kathy will seek an opportunity to testify to a legislative committee, re: push for legalization of marijuana’s impact on youth in relation to MH.</li> <li>➤ Charlie, Cinn, and Kathy will work out how Act 264 minutes will get recorded and uploaded to DMH.</li> </ul>
❖ Ron Bos-Lun – NAMI-VT conference discussion	<ul style="list-style-type: none"> <li>• On 5/17, Robert Whitaker was Keynote Speaker at the NAMI Vermont “Pathways to Wellness” Conference, at Lake Morey, with 300 in attendance. His topic was: “Rethinking Psychiatric Care: History, Science, and the Long-term Effects of Psychiatric Medications,” which focused on how grassroots efforts are not so much anti-meds as intent on finding complementary methods of treatment to help support those living with mental illness.</li> <li>• Sheriff Keith Clark spoke about police response to mental-health related incidents and his push for the use of minimal restraints, to keep situations from escalating.</li> <li>• Discussion centered on concern over society’s heavy reliance on psychotropic-drug treatment for mental-illness/addiction treatment and the pros and cons of how treatment could be shifted to non-medication treatments, complementarily or exclusively.</li> </ul>	
❖ Impromptu Agenda Items & Possible Future Agenda Items	<ul style="list-style-type: none"> <li>• If Sec. Cohen comes to June meeting, [in her absence] Cinn would like someone to suggest that the <b>family voice</b> piece be included from the get-go in new initiatives, CSP, etc., and that families/parents be viewed as partners in service-provision efforts.</li> <li>• Kathy discussed a trend from the last 5 years of there being a real drop off in family engagement being included from the get-go. Rather than being invited, the perception is family reps have to “knock on the door.” Often family reps are told agency players are not ready for their involvement yet. There is the sense that family voice is being less respected.</li> <li>• Matt suggested Drew/Emma get invited to a future meeting to talk about ways to incorporate RBA into the Act 264 survey that goes out annually to various LITs.</li> <li>• John suggested shortening the survey to make it more accessible to those who are both filling it out and the Board, who has to process the data.</li> <li>• Could Roy Gerstenberger &amp; Monica Hutt (DAIL) come and speak about the plethora of DS kids and families not receiving services?</li> </ul>	<ul style="list-style-type: none"> <li>➤ Cinn will commit to going back through old minutes to find items/questions for the Secretary.</li> <li>➤ Group would like to have Carol Maloney come and talk more about ETI and Turn the Curve.</li> <li>➤ Charlie requested that the Board spell out specifically what it needs re: RBA with any data being collected from annual survey.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Tiffany would like SPSC to figure out a way to resolve the situation when children get both DS and MH services. There are instances when DMH and Medicaid dollars are in direct conflict/competition for DS Waiver funds and prevent these children from receiving all of the services they are entitled to receive.</li> <li>• Members expressed interest in inviting Melissa Bailey to future meeting, to discuss the range of/breakdown of MH services in the educational system and how to strategize about resolving the lack of crisis MH emergency beds.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Cinn volunteered to revamp survey, but asked for someone to co-chair efforts</li> <li>➤ Linda will invite Roy G. and Monica H. to future meeting.</li> </ul>
<ul style="list-style-type: none"> <li>❖ Hannah Rose— VFFCMH—Resiliency &amp; Recovery Grant Coordinator</li> </ul>	<ul style="list-style-type: none"> <li>• Currently, in Year 2 of 3. Grant is intended to unite the three organizations (VFFCMH, VT Psychiatric Survivors, &amp; VT Recovery Network) in the SAMHSA mandate. Year 1 was to come up with strategic plan and information-gathering phase. The grant determines what needs have to be met. The grant is intended to create a statewide network of individuals &amp; families impacted by MH and/or addictions.</li> <li>• Goals: 1) Improve access to and enhance the quality of MH and addiction services; 2) expand availability of peer services; and 3) increase the number of voices for discussions about policy &amp; programs.</li> <li>• As part of a system-improvement grant, Hannah is creating an in-person training, based on ACEs, that deals with helping individuals overcome childhood trauma and develop/foster resiliency skills. The training will occur 4 times in September. Eventually, the goal is to develop it into an online training version.</li> <li>• Issues/Barriers Discovered: Transportation and Communication.</li> </ul>	<ul style="list-style-type: none"> <li>➤ VFFCMH will send out the survey again and do another evaluation of any new data received.</li> <li>➤ Gearing up for their upcoming “Resiliency &amp; Recovery Conference”—Sept. 12<sup>th</sup>, Capitol Plaza, Montpelier.</li> </ul>