

# **DATA**

**for**

## **Vermont Workgroup on Psychotropic Medications for Children and Adolescents**

**Originally Prepared for Presentation on  
January 5, 2009**

**VT Mental Health Research & Statistics Unit**

**Revised to include tabular presentation of findings with all graphs.  
Revised to separate individuals with a diagnosis of Autism  
from “Schizophrenia and Related Psychoses”.**

# **October 29 Meeting**

## **25 Questions**

**Including**

**7 Data Questions**

# Data Questions

Children's Ages?

Children's Diagnoses?

Variation within Vermont?

Prescribers?

Medication with & without Therapy?

Change over time?

Data Sources?

# Data Sources

# Data Sources

**Medicaid Paid Claims**

**CMHC Service Report Data**

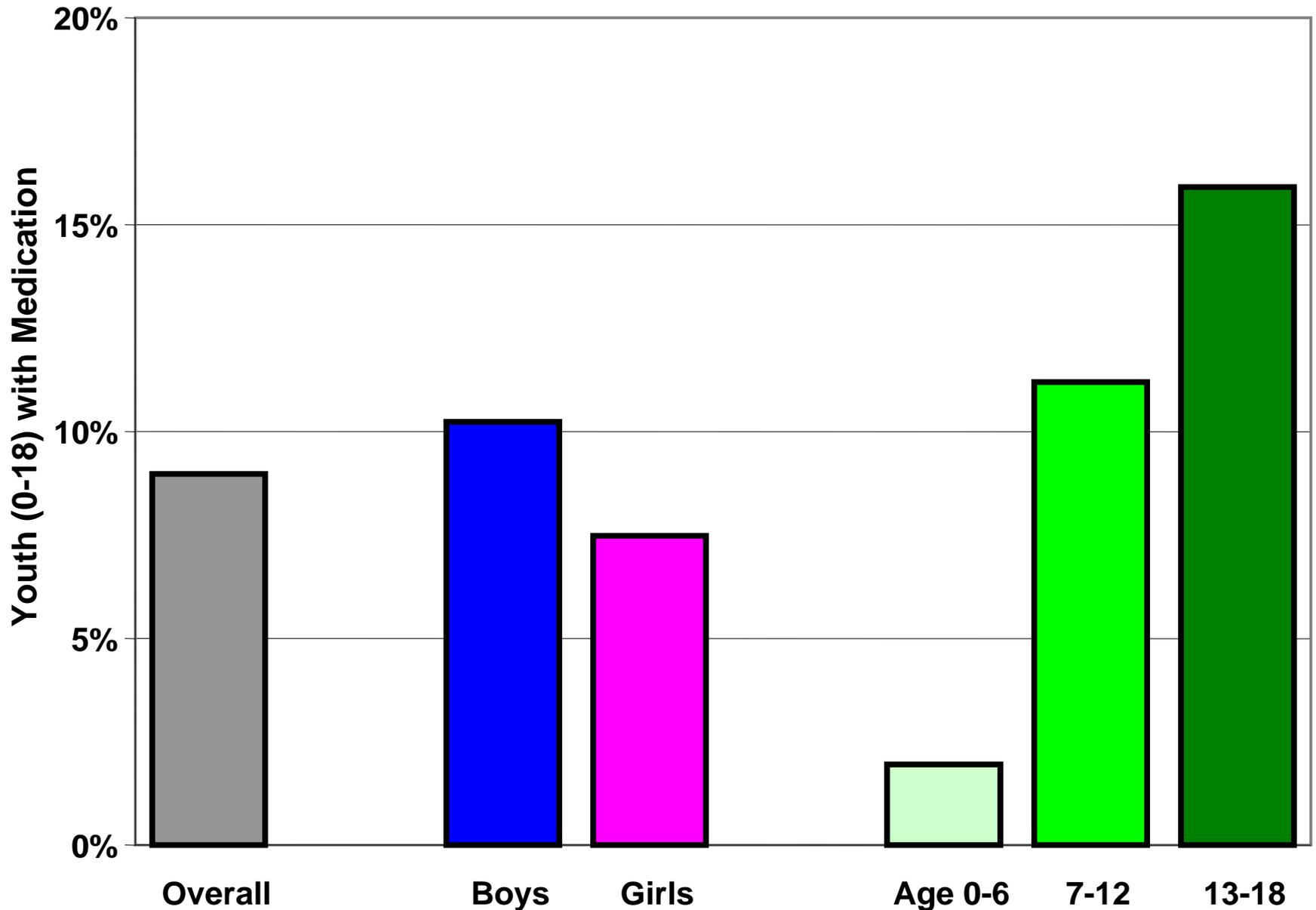
*Private Insurers*

*VITL*

**Other (DCF...)**

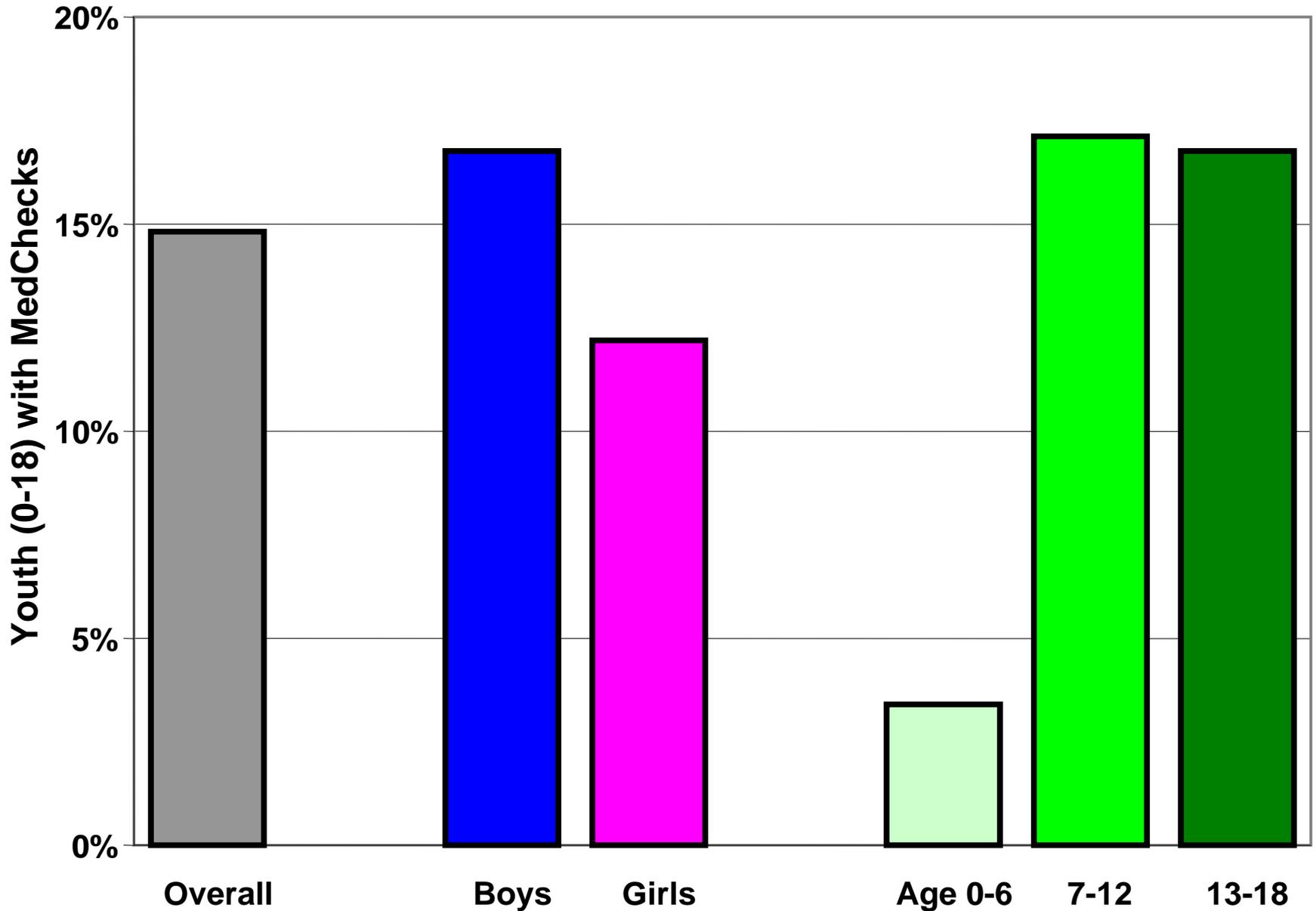
# **Medicaid Meds by Age & Gender**

# Medicaid Meds, CY2007



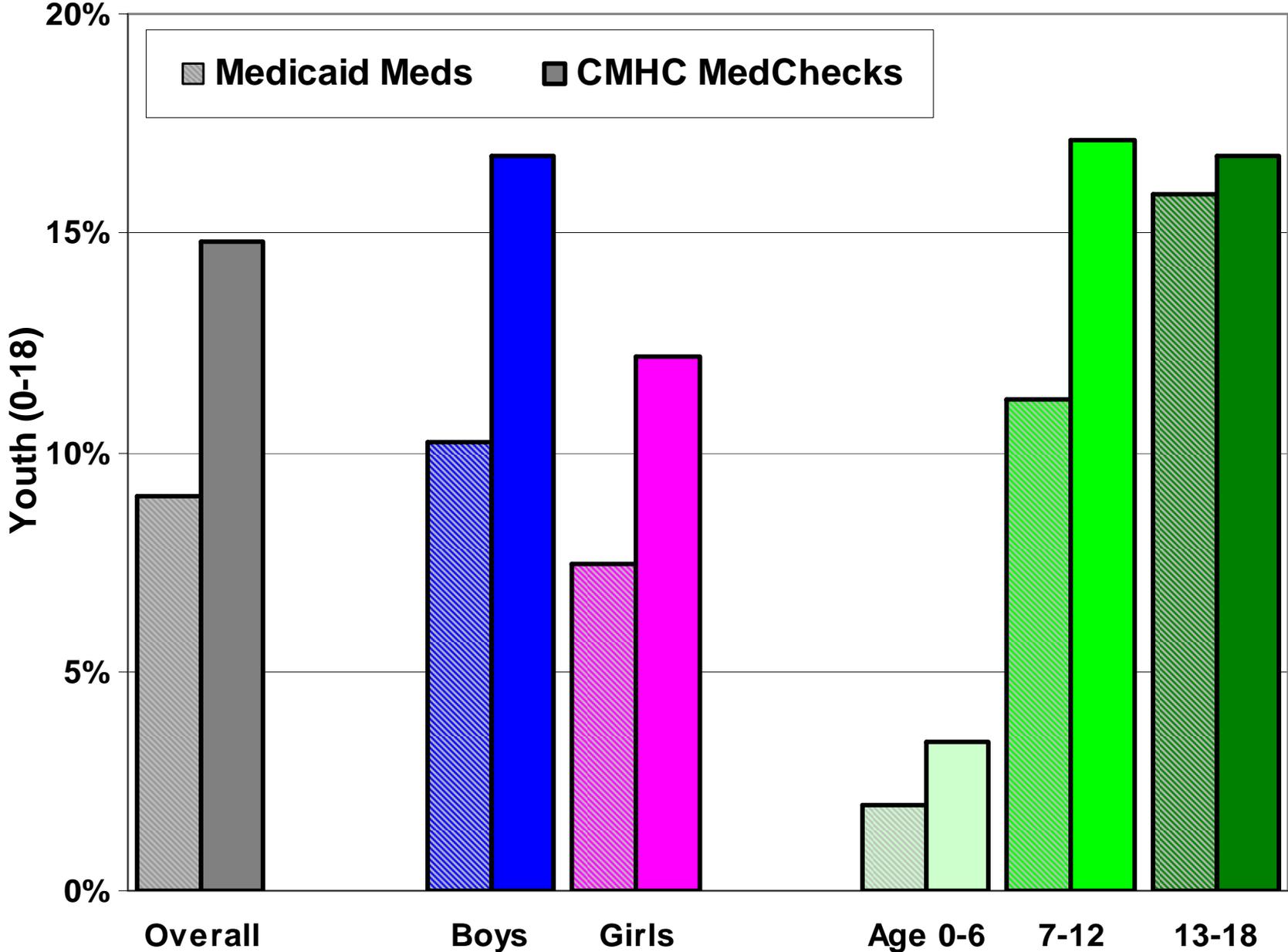
# **CMHC MedChecks by Age & Gender**

# CMHC MedChecks, CY2007



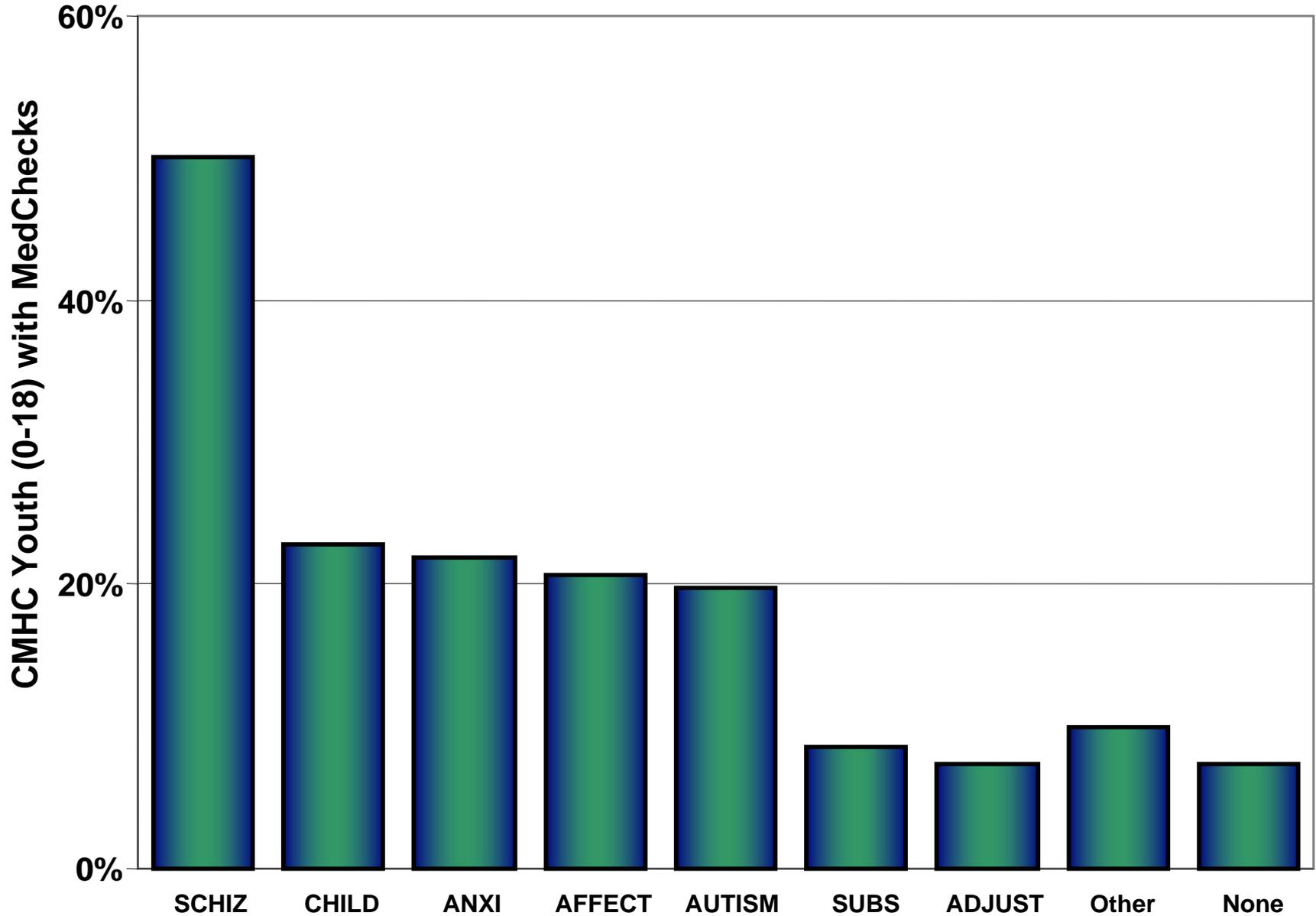
# **Medicaid Meds & CMHC MedChecks**

# Medicaid Meds & CMHC MedChecks, CY2007



# **CMHC MedChecks by Diagnosis**

# MedChecks by Diagnosis, CY2007\*

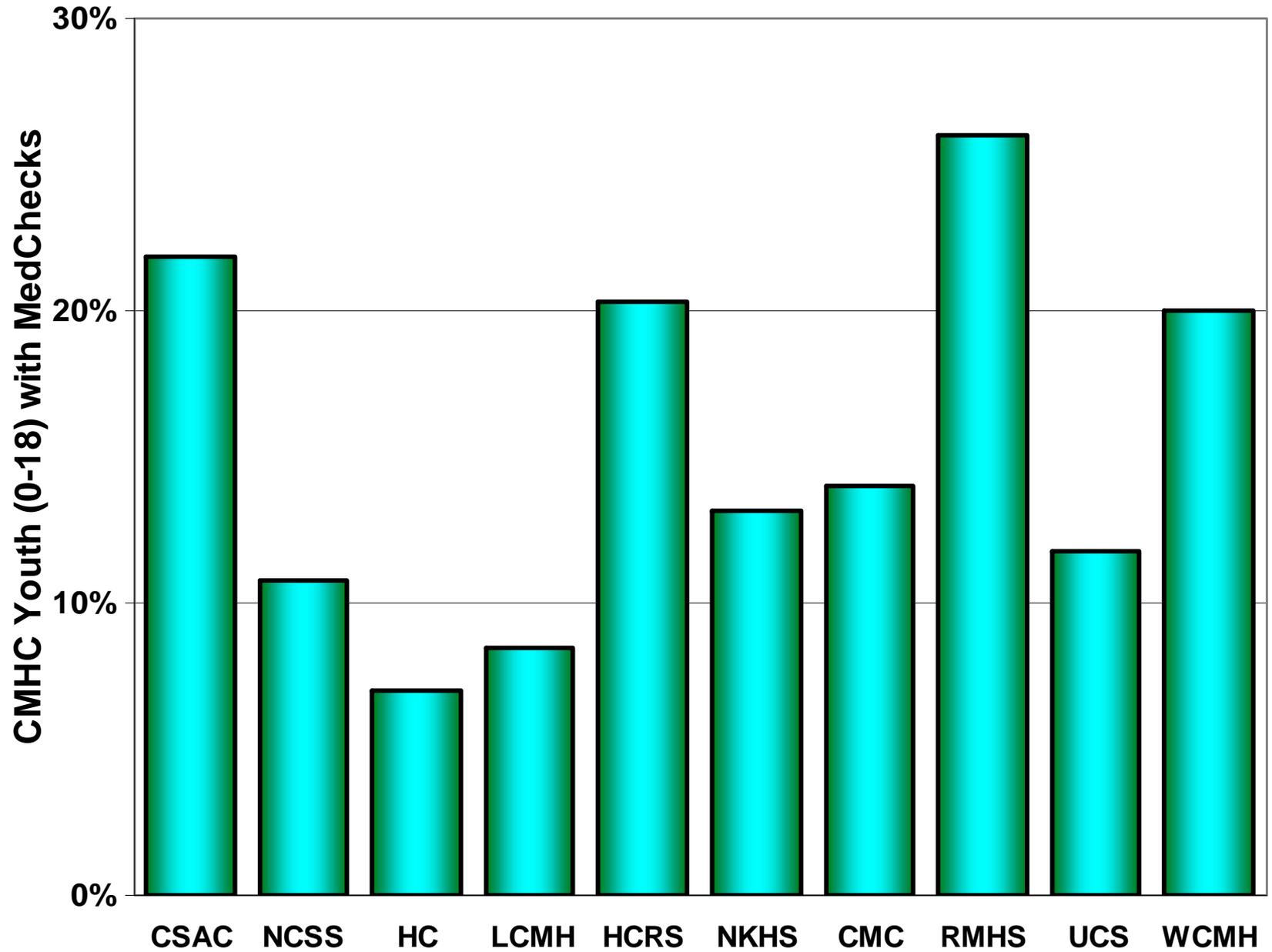


\*Analysis revised on February 18, 2009

to separate Autism from the Schizophrenia and other Psychoses Diagnosis Group.

# **CMHC MedChecks by Region**

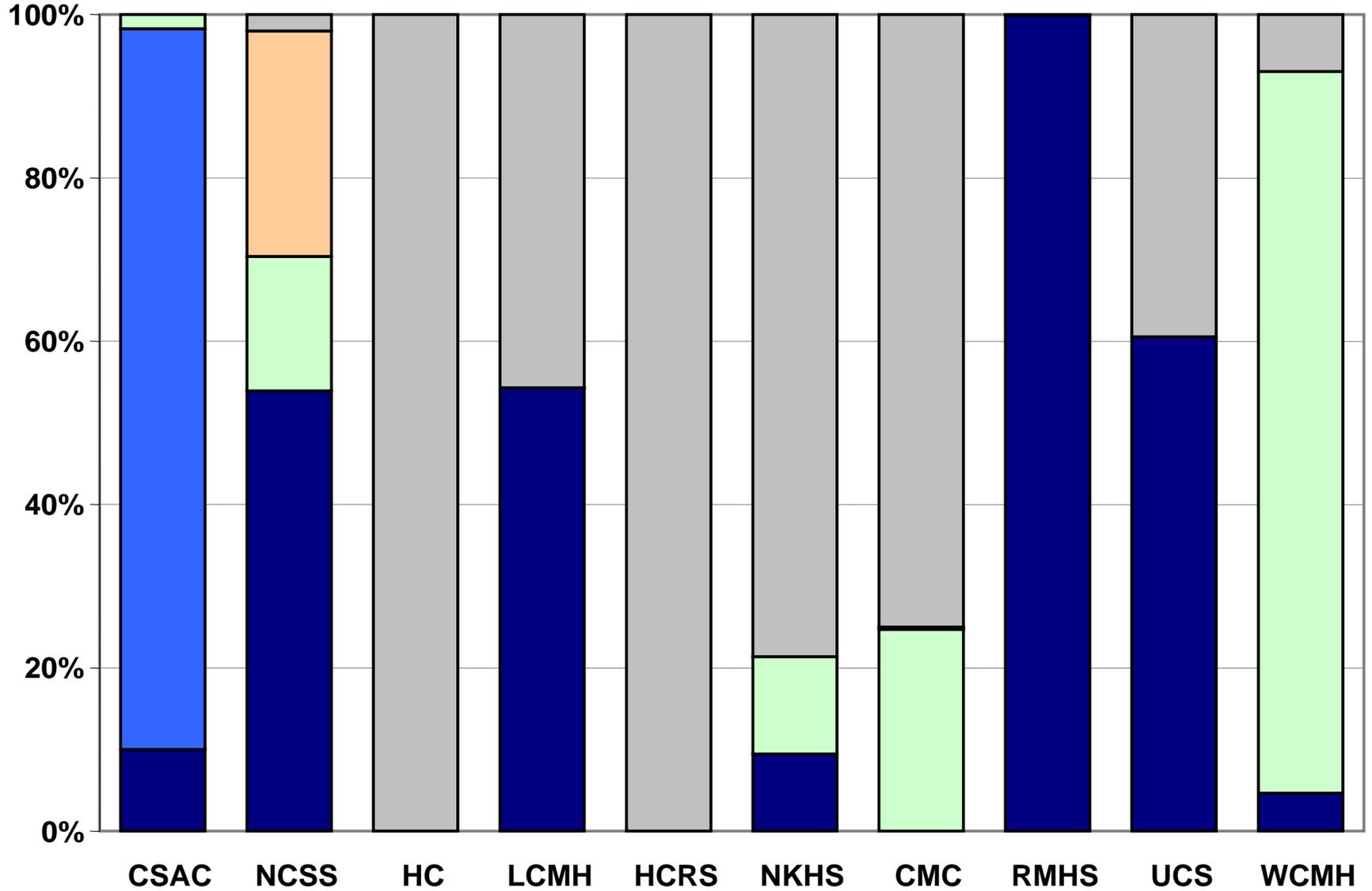
# CMHC MedChecks by Region, CY2007



# **CMHC MedCheck Providers**

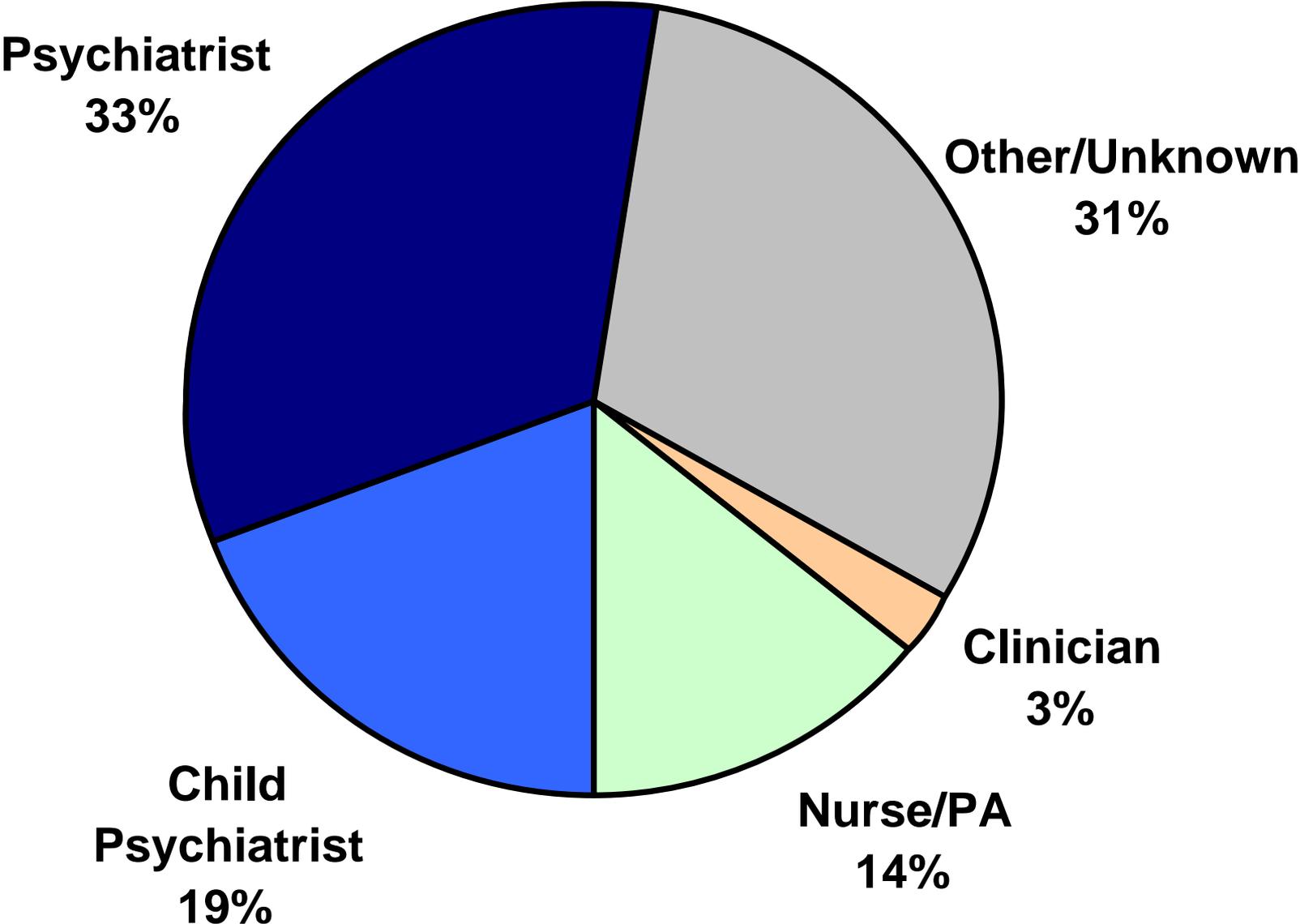
**(Includes Children's Programs Medchecks)**

# CMHC Medcheck Providers, FY2006



**■ Psychiatrist** **■ Child Psychiatrist** **■ Nurse/PA** **■ Clinician** **■ Other/Unkn**

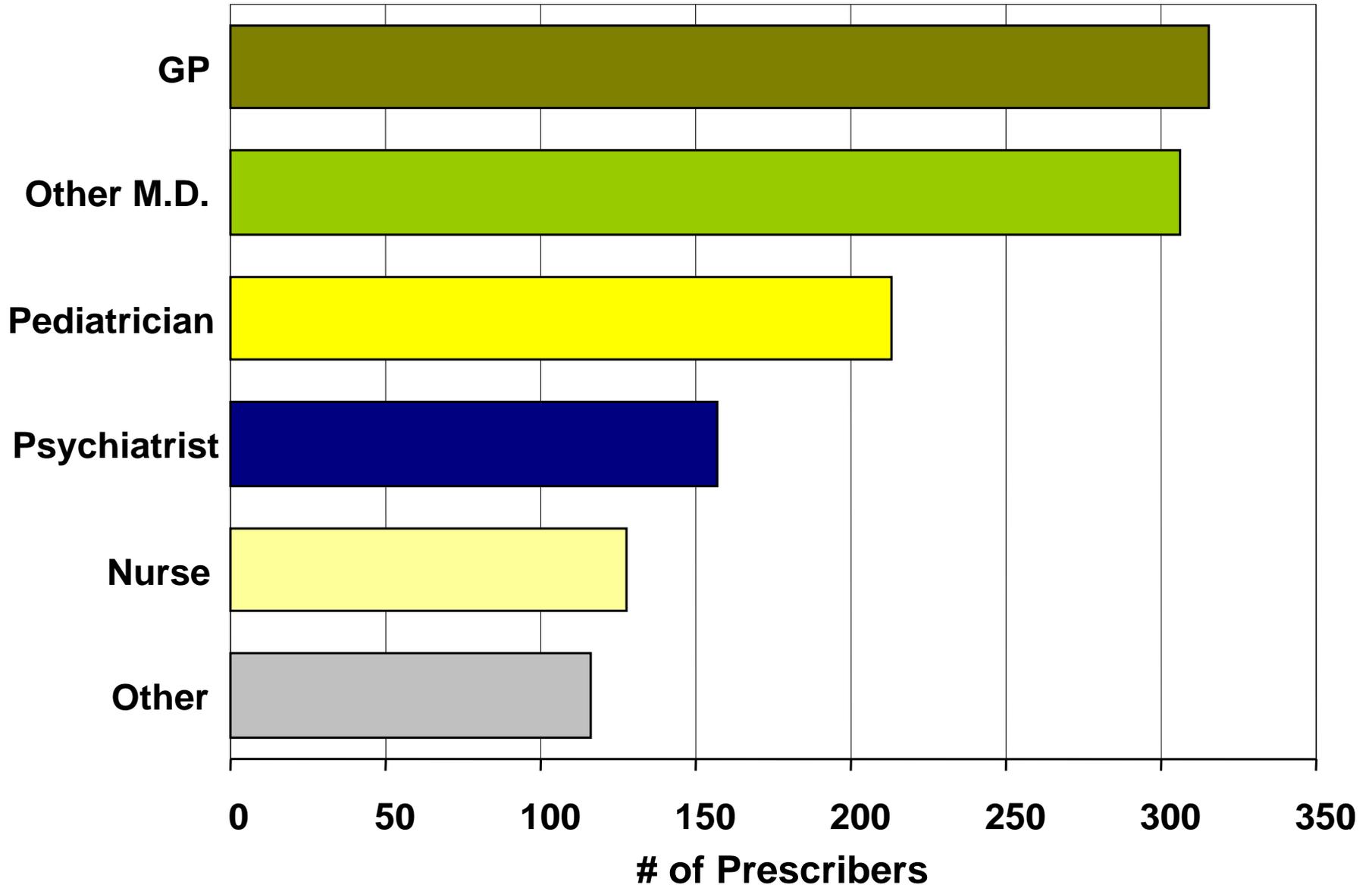
# CMHC Medcheck Providers, FY2006



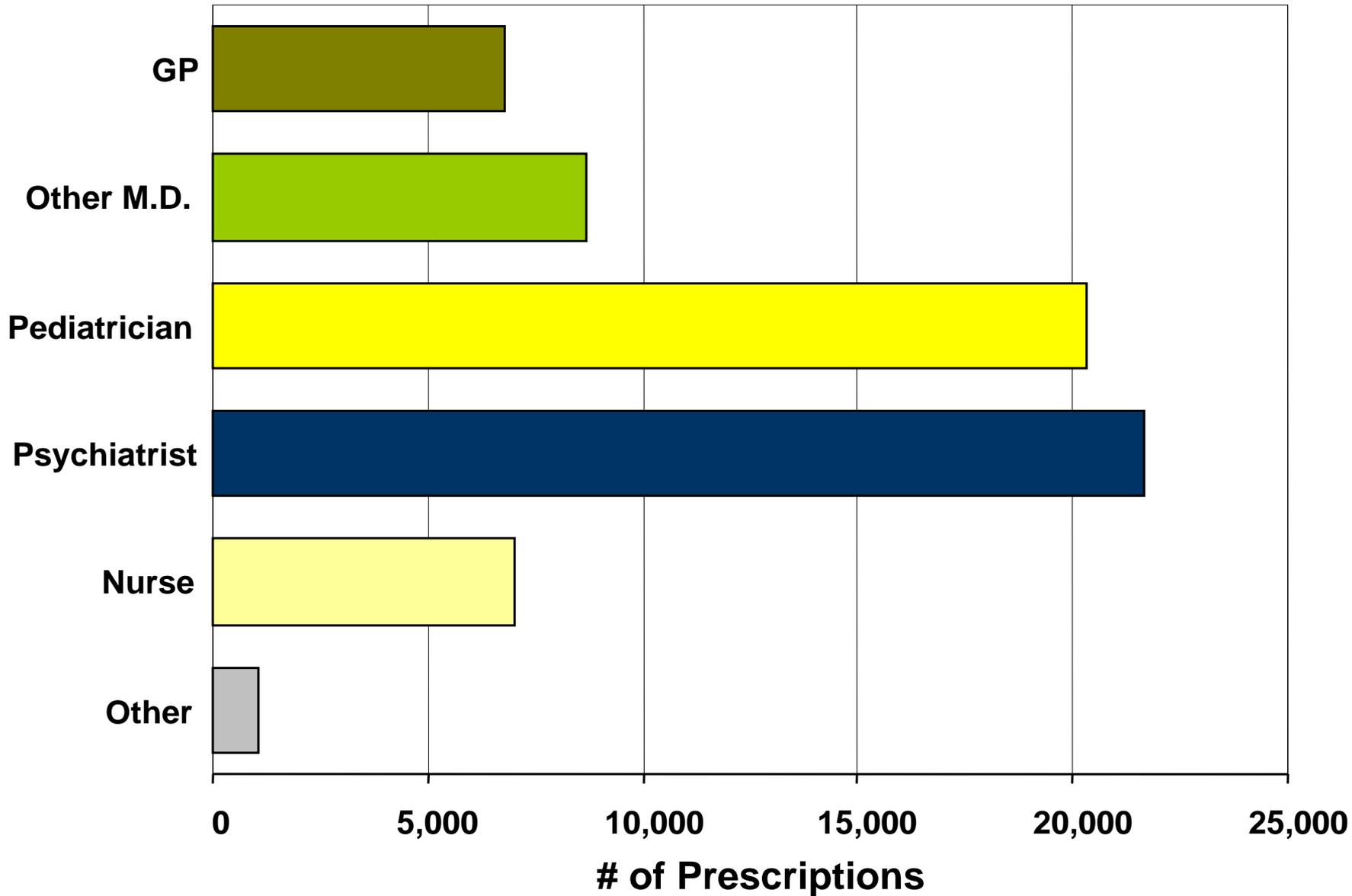
# **Medicaid Med Prescribers**

**[Includes Youth (Age 18 and Under) Prescriptions]**

# Medicaid Prescribers, CY2007

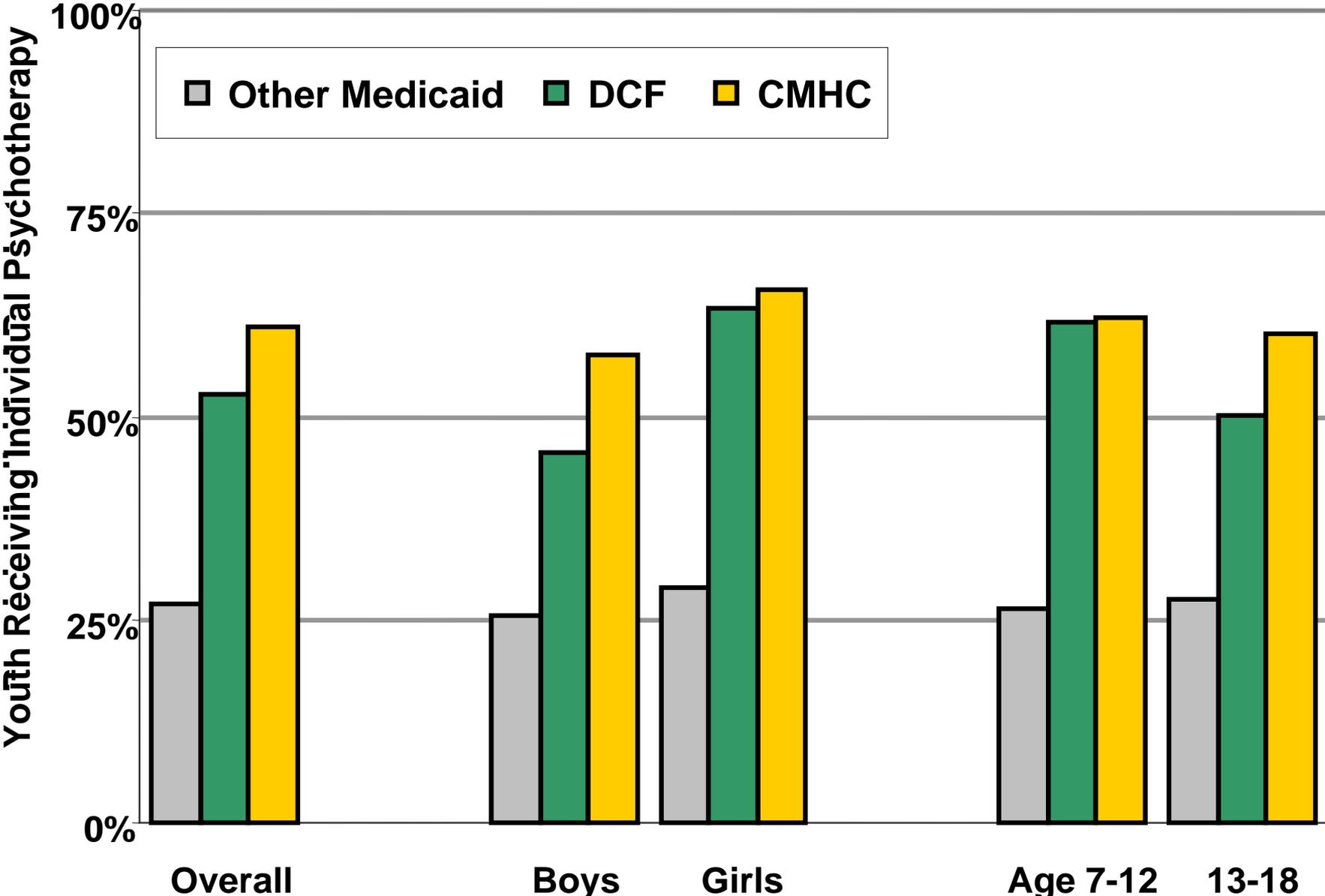


# Medicaid Prescriptions, CY2007



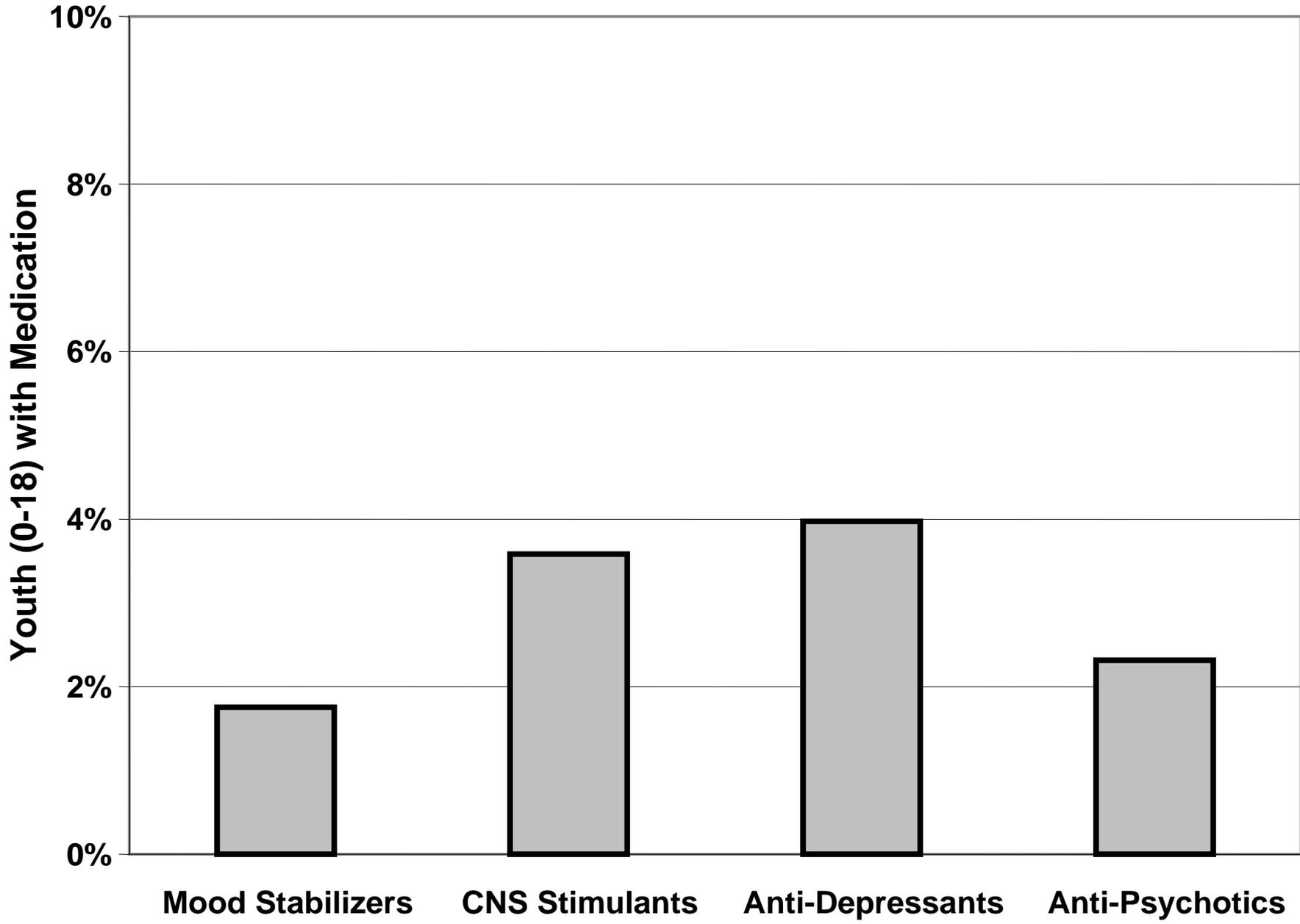
# **Medication and Psychotherapy**

# Medicaid Meds and Therapy, FY2008

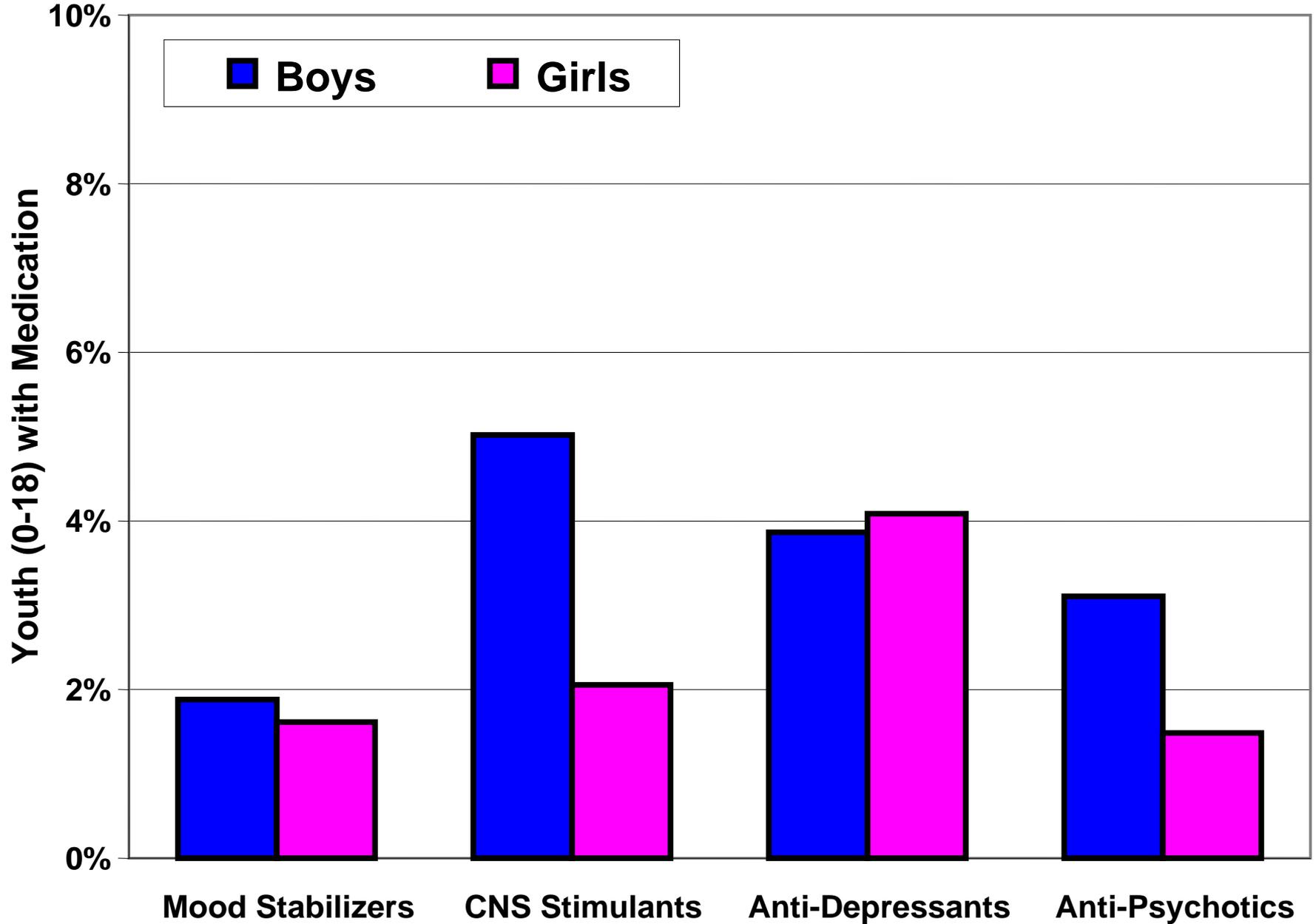


# Type of Medication

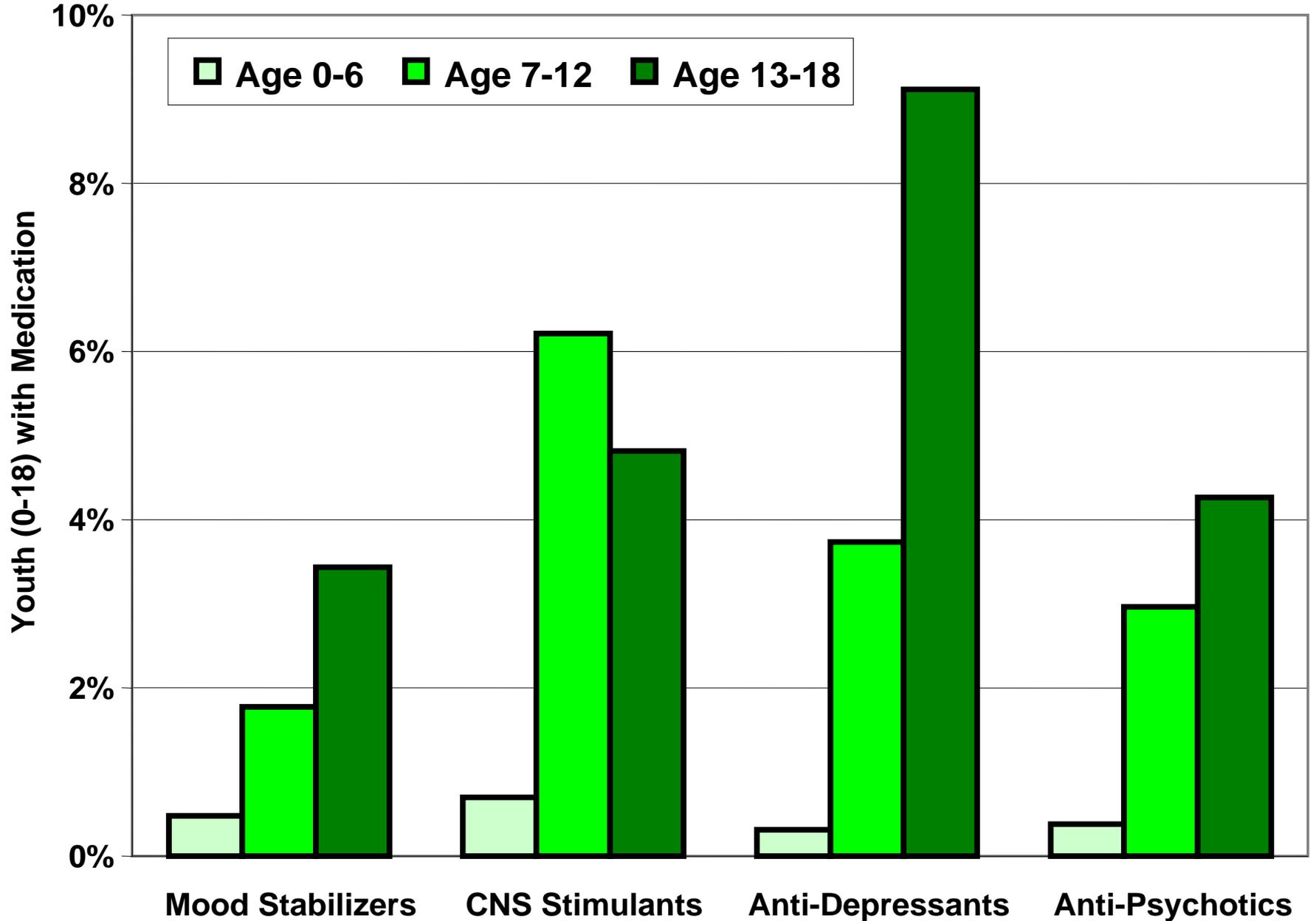
# Medicaid Medication Type, CY2007



# Medication Type by Gender, CY2007

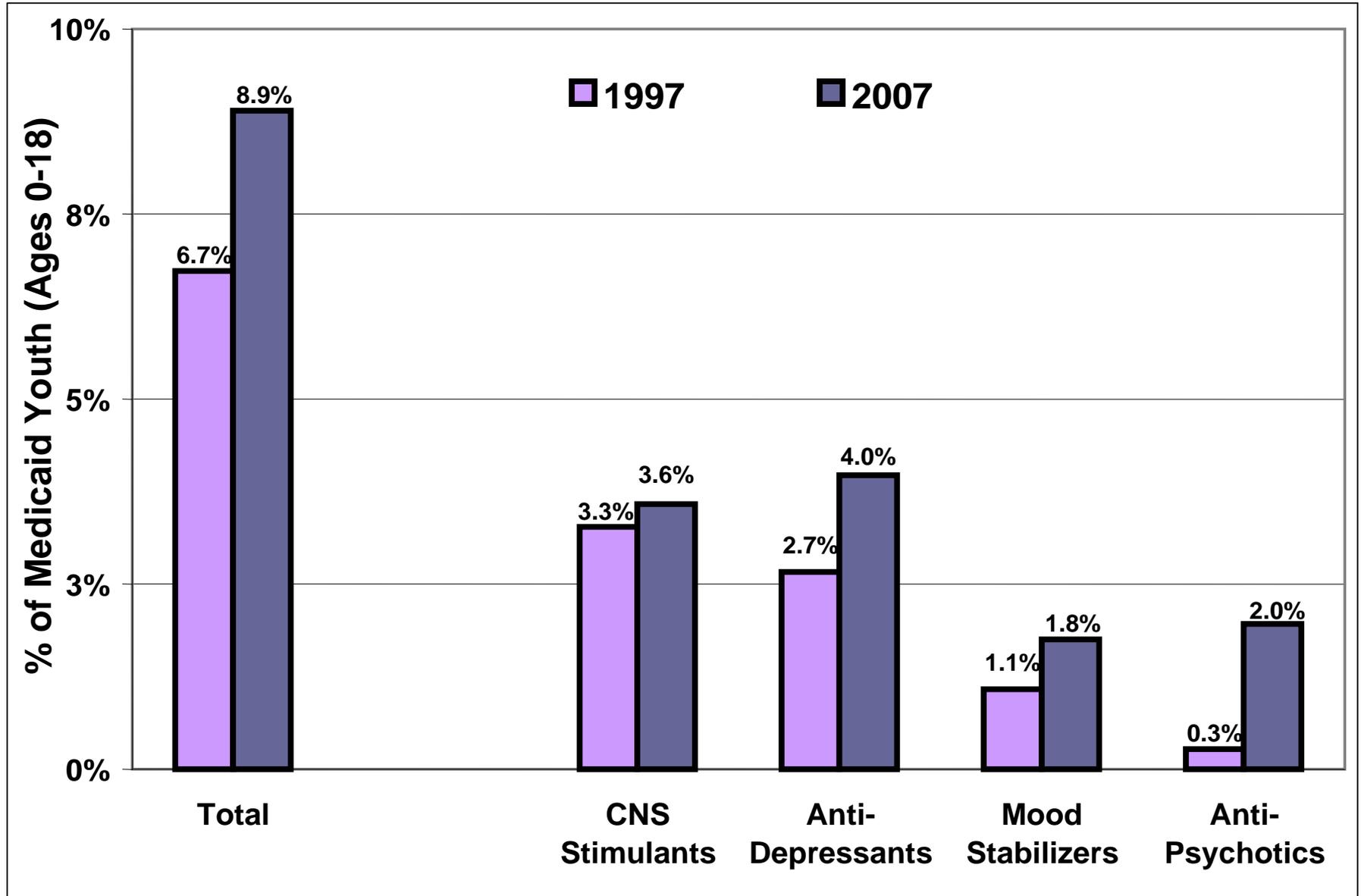


# Medication Type by Age, CY2007

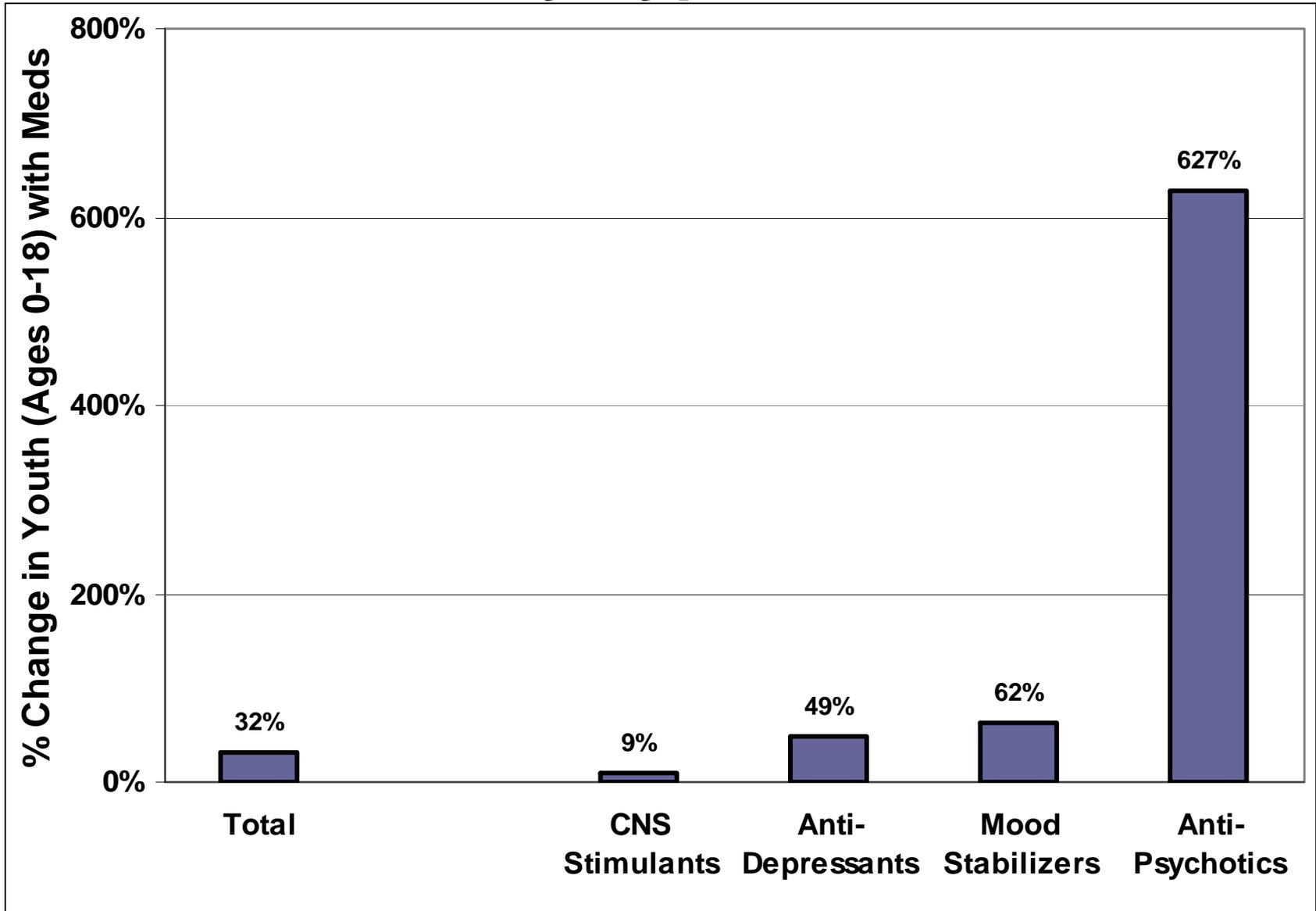


# **Change Over Time**

# Medicaid Enrolled Youth with Meds by Type



# Rate of Change in Use of Medication Over Time by Type: 1997 - 2007



# Next Questions?

Multi-state comparisons?

Cost?

Brand name vs. generic?

Other data sets?

Other questions?

# **ONLINE**

**<http://>**

**[healthvermont.gov/](http://healthvermont.gov/)**

**[mh/boards/](http://healthvermont.gov/mh/boards/)**

**[MedicationsWorkgroup.aspx](http://healthvermont.gov/mh/boards/MedicationsWorkgroup.aspx)**

Medications Workgroup - Windows Internet Explorer

http://healthvermont.gov/mh/boards/MedicationsWorkgroup.aspx

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Medications Workgroup

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**Mental Health Services**

**Workgroup on Psychotropic Medications for Children and Adolescents**

In early 2008 the leadership of the Department of Mental Health (DMH) and a team from the VT Department of Health's (VDH) Health Statistics unit began a review of the use of psychotropic medications for children and adolescents in Vermont.

[View a list of current members of Psychotropic Medications Workgroup](#)

**Meeting Agendas and Notes**

The workgroup's next meeting will be on Monday, January 5, 2009 from 12:00 – 2:00pm, Skylight Conference Room, Waterbury State Office Complex.

- October 29, 2008 notes & reference questions

**Background**

- Description of Psychotropic Medications Workgroup
- Medication Information form is an example of possible questions when discussing medications with a physician.
- Tough Choices for Tough Children - New York Times (November 20, 2008)
- Use of Antipsychotics in Children Criticized - New York Times (November 19, 2008)
- Report of the Working Group on Psychotropic Medications for Children and Adolescents: Psychopharmacological, Psychosocial, and Combined

**MENTAL HEALTH TOPICS**

- Do You Need Help Right Now?
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- Fact Sheets
- Research & Publications
- DMH Upcming Meetings
- Forms
- Training
- Legislation & Rules

Start Performance Indicator Pr... Medications Workgro... My Computer 10:50 AM



## VT Mental Health Research and Statistics Unit

### Data Analysis:

Barbara Carroll

Walter Ochs

### Slideshow:

Walter Ochs

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**USE  
THE  
DATA**

